

Nna-ukwu kacha elu Ching Hai

Igodo nke nkwalite mmụta ọsọsọ

Akwụkwọ iji ma atụ n'efu

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Inweta akwụkwọ iji ma atụ n'efu: **Igodo nke nkwalite mmụta ọsọsọ**
(n'asụsụ karịrị iri isii)

<http://www.Godsdirectcontact.org/sample/> (U.S.A.)

<http://www.direkter-kontakt-mit-gott.org/download/index.htm> (Austria)

<http://sb.godsdirectcontact.net/> (Formosa)

Ntakiri ozi

N'ikwu maka Chukwu, ma o bu mmuo kachasi elu, Nna-ukwu kuziiri anyi ka anyi were uzọ okwu di mma nke n'enweghi nkwa ma o bu nwanyi, ka e wee gbanari arumaru uka ma Chukwu o bu nwanyi ka o bu nwoke.

$Q + Q = Q$ (di ka na Gozie)

$Ya + Ya = Ya$ (di ka na ihe siri ike)

Nke ya + Nke ya = Nke ya (di ka na ezigbo)

Omuumaatu: Mgbe Chukwu choro, o ga-eme ka ihe mee otu o ga di ya mma. Di ka onye na-emeputa oru aka eserese ma burukwa onye nkuzi ihe gbasara mmuo, Nna-ukwu kacha elu Ching Hai huru igosiputa mma ime mmuo n'anya. O bu maka nke a ka o ji akpo Vietnam di ka "Au Lac" na Taiwan ka "Formosa". Au Lac bu aha ochie nke Vietnam nke putara "anuri". Ma aha Formosa, nke putara "mma", na-egosi nke oma mma nke agwaetiti na ndi mmadu ya. Nna-ukwu chere n'inwere aha ndi a ga-eweta nkpalite mmuo na ihu oma n'ala ma ndi bi na ya.

Esoghị m na Bụdịsm ma ọ bụ Katōlism. Eso m na Eziokwu ma na-ekwuputakwa eziokwu. I nwere ike kpọọ ya ọgbakọ Buda, Katōliki, Tao ma ọ bụ ihe masịrị gị. A nabatara ha niile !”

Nna-ukwu kacha elu Ching Hai

Site n'inweta udo, anyị ga-enweta ihe ndị ọzọ. Ojuju afọ niile, njuputa niile nke ọchịchọ ụwa na elu igwe na-esi n'ala eze nke Chukwu- nghota nke ime nke nkwekọrita ebebe anyị, nke amamihe ebebe anyị, na nke ike anyị kachasi. O buru na anyị enwetaghị ihe ndị a, anyị agaghị enweta afọ ojuju, otu ọ soro anyị nwee ego ma ọ bụ ikike, ma ọ bụ onodu dī elu nke anyị nwere.

Nna-ukwu kacha elu Ching Hai

“Nkuzi anyị bụ na ihe ọ bụla i ga-eme n'ụwa a, mee ya, were obi gị niile mee ya. Buru onye mara ihe ma na-atugharịkwa uche ụbọchị ọ bụla. I ga-enweta nghota kariya, amamihe kariya, udo kariya, ka i wee gbaara onwe gị odibo ma gbaara ụwa odibo. Echefula na i nwere Chukwu n'ime obi gị.

Nna-ukwu kacha elu Ching Hai

Okwu Mmalite

N'ogbo, ụdị mmadụ enwela ndị ọbia puru iche nke isi ihe ha jiri bja bu ikpalite mmuọ nke mmadụ. Jesos Kraist bu otu onye n'ime ndi ọbia a, makwa Shakyamuni Buda na Mohammed. Mmadu ato a bu ndi anyi mara amara, ma enwekwara otutu ndi ozo anyi n'amaghi aha ha, ufodu kuziri nkuzi n'ihu oha, ma o di mmadu ole na ole mara ha, ufodu bukwa ndi amaghi. Ndi mmadu a ka eji aha di iche iche wee mara, n'oge di iche iche, n'ala di iche iche. Ha ka a na-akpo Nna-ukwu, Avatar, Onye oke mmuta, Onye Nzoputa, Mezaya, Nne di aso, Onyi ozi, Onye okachamara, Onye di ndu di aso na ihe ndi yiri ha. Ha biara ka ha nye anyi ihe akporo Mmuta di elu, Nzoputa, Nghota, Ntohapu ma o bu Mkpalite. Okwu akporo ha nwere ike di iche iche ma na nghota ha niile putara otu ihe.

Ndi ọbia ndi si n'otu uzọ di aso, nwere otu nnukwu mmuọ, idi ocha ime mmuọ, na ike ikpalite mmadu di ka otu ndi aso sitere n'oge ochie, nonyere anyi tata, na-agbanyeghi o bu mkpuru mmadu ole na ole maara na ha nonyeere anyi. Otu onye n'ime ha bu Nna-ukwu kacha elu Ching Hai.

Nna-ukwu Ching Hai bu onye atughi anya na o ga-abu onye amara amara ka onye di ndu di aso. O bu nwanyi, ma otutu ndi uka Buda na ndi ozo kwere n'ihe akuko iho na nwanyi enweghi ike ibu Buda. O bu onye nke agburu Eshia, ma n'otutu ndi ndida chere na onye nzoputa ha ga-adi ka ha. Na-agbanyeghi ufodu anyi, ndi sitere na mba uwa gbara gburugburu, na otu okpukpere chi di iche iche, ndi nke matarala Ya, na ndi na-eso nkuzi Ya, maara Ya ma onye o bu. Ka i nwee mara nke a, i ga e ji ohara nke mkpughe echiche na ezigbo obi. O ga-enwerekwa oge gi na uche gi, wezuga ihe ndi ozo.

Ndi mmadu na-ewere oge ha niile na-achu ihe ha ga-eri na-echekwebakwa ihe onwunwe. Anyi na-aru oru maka ime ndu

anyi, na ndi anyi huru n'anya ka o di mma, otu o nwere ike i di. Mgbe oge kwere, anyi na-enyefe echiche anyi n'ihe di ka ndorondoro ochichi, egwuregwu, ihe onyonyo ma o bu asiri di ohuru. Anyi bu ndi nwetara ahumihe nke ikike ihunanya nke si n'ime mmeorita ndi Nso, maara na enwere ihe ka na ndu kariya ihe ndi a. Anyi na-eche na o bu ihe nwute na Ozi Oma abughi ihe amaara ebe niile. Aziza igba mbọ nke ndu a bu ino nwayo n'ime anyi, na-eche. Anyi maara na elu igwe no n'akuku anyi. Gbaghara anyi ma anyi mehie site na ngosi oke mmasi na kwuo ihe ga-emejo ihe gbasara echiche gi. O siri ike ma anyi noro nwayo, n'ihu ihe anyi hurula, na ima ihe anyi ma.

Anyi bu ndi na-eche na anyi bu ndi otu Nna-ukwu kacha elu Ching Hai na ndi na-eme uzọ Ya (uzọ Quan Yin) na-enye gi akwukwo mmalite a na nchekwube na o ga-enyere gi aka ikpuketa nso na ahumihe onwe gi nke njuputa di nso, ma o si na Nna-ukwu anyi ma o bu onye ozo.

Nna-ukwu Ching Hai na-akuzi uru ime ntughari uche, ichighari obi na-ekpere. O kowara na anyi ga-achoputa ime mmuo di Nso nke anyi, ma o buru n'anyi chorọ i nwe ezi anuri n'ụwa a. O kwuru na ikwalite mmuta abughi maka naani ndi otu na ndi anoghi nso, inweta ya bu naani ndi puru na mmeorita ha na ndi ozo. Oru ya bu ikpolite mmuo di Nso nke di anyi n'ime, ma anyi na-ebikwa ndu anyi. O si: o di otu a. Anyi niile maara eziokwu. Naani na anyi chefuru ya. Yabu, mgbe ufodu otu onye ga-abia chetara anyi ebumnuche nke ndu anyi, ihe kpatara anyi ga-eji chota eziokwu, ihe anyi ga-eji na-eme ntughari uche, na ihe kpatara anyi ga-eji kwenye na Chukwu ma o bu Buda ma o bu onye anyi chere na o bu ya nwekariri ikike n'elu ụwa. O sighi onye o bula sowe ya. O na-enye naani nkwalite mmuta nke ya dika omumaatu, ka ndi ozo wee rie uru ntoghapu kacha nke onwe.

Akwukwo a bu mmalite na nkuzi nke Nna-ukwu kacha elu Ching Hai. Biko mara na nkuzi, ntakiri echiche, na okwu nke

Nna-ukwu Ching Hai nke dị n'ime ebe a bụ ihe o kwuru; edepụtara, edeghariri, mgbe ụfọdu atughariri site n'asusu ozo wee dezie ya maka mbiputa. Anyi ga-akwagide ka i gee ma o bu lele igwe okwu nke odiyo ma o bu vidio. I ga-enweta kariya ahumihe bara uba nke onwe ya n'isi ndi a kariya n'okwu edere ede. N'ezie a, ahumihe nke zuru oke bu ma ihu Ya n'onwe gi.

Maka ụfọdu, Nna-ukwu Ching Hai bu Nne ha, maka ụfọdu o bu Nna ha, ma ụfọdu o bu onye ha huru n'anya nke ukwu. Obulagodu, o bu ezi enyi nke i nwere ike inwe n'ua a. O bjara ka onye anyi, o bughu ka o were. O naghị ana ego o bula maka nkuzi ya, enyemaka ma o bu nnabata ya. Naani ihe o nwere ike i nara gi bu ahuhu gi, ihe mwute gi na ihe mgbu gi. Naani ma o buru na i chorọ nke a!

“Nna-ukwu bụ onye ji igodo i ga-eji buru Nna-ukwu...ka onyere gi aka ighota na i bukwa Nna-ukwu na gi na Chukwu bu otu. Sosọ nke a nke a bu oke nke Nna-ukwu.

Nna-ukwu kacha elu Ching Hai

“Uzo anyi abughi okpukpere chi. Anaghi m atogha mmadu na nzuko Katoliki ma o bu Buda ma o bu “ism” o bu. Naani inye gi uzo i ga-esi mata onwe gi, mata ebe i si bia, chetakwa oru ijiri maka ya bia n’ uwa a, choputa ihe nzuzo nke elu uwa, ghotu ihe ejiri nwee nnukwu ahuhu, ma hu ihe na-eche anyi ma anyi nwuo.

Nna-ukwu kacha elu Ching Hai

“Anyi kewapuru na Chukwu maka n’anyi enweghi ohere. O buru na mmadu na-agwa gi okwu ma igwe okwu a na-aku, na i na-esi nri ma o bu gi na ndi ozo na-akpari uka, ya bu na onweghi onye ga-enweta gi. Otu ihe a na-eme na Chukwu. O na-akpo anyi ubochi o bu ma anyi enweghi oge maka ya ma na-agbarapu ya.

Nna-ukwu kacha elu Ching Hai

Ntakiri akuko nkowa maka Nna-ukwu kacha elu Ching Hai

A muru Nna-ukwu Ching Hai n'ezinulo zuru oke na Aulac, ada onye a maara nke oma na-eme ihe gbasara igwo oria n'ejighi ogwu. A zuru ya n'uzo katoliki ma mutakwa nto ala nzuko Buda n'aka nnukwu nne ya. Di ka obere nwa o gosiri mmasi na Filosofi na nkuzi uzo okpukpere chi, ya na agwa obi ebere n'adighi adi n'ebe ihe niile di ndu di.

Oge o di afu iri na asato, Nna-ukwu Ching Hai gara mba England ka o guo akwuko, wee gakwa France na Germany, ebe o ruru oru na otu Red Cross wee luo onye oka mmuta sayensi Germany. Ka o gara afu abuo olulu di na nwunye di mma, site na nkwardo nke di ya, o hapuru olulu di na nwunye wee chuba oke mmuta, yabu mejuputa echiche nke o nwere site na nwata ya. N'oge a, o na-agu otutu omume ntughari uche na ozuzu ime mmuo n'okpuru ndi nkuzi na nna-ukwu nke no ya nso. O bjara ghota na onweghi uru o bua a na-enweta otu onye igba mgbo ka onyere aka n'ahuhu mmadu, wee choputa na uzo kachasi mma inyere ndi mmadu aka bu ime ka mmadu nwee nghota zuru oke n'onwe ya. Site na iji nke a ka ebun n'obi ya, o gara otutu obodo di iche iche, na-achio uzo kachasi mma maka ikwalite mmuta.

N'otutu afu enwere nlele, nwale, na nsogbu Nna-ukwu Ching Hai mechara hu uzo Quan Yin na nzipu ozi di Nso na Himalayas. Ka oge omume irusi oru ike gara, n'oge o lakpuru na Himalayas, o nwetara oke mmuta zuru oke.

N'afu gara mgbe o nwetachara oke mmuta, Nna-ukwu Ching Hai biri ndu nwayo, n'adighi achio ka ahuta ya maka ihe o

na-eme dị ka nwanyị na-arurụ Chukwu bi n'ogige nzukọ Buda. Ọ bụ mmadụ ihere, o dobere akụ a wee ruo mgbe ndị mmadụ chọbara nkuzi na nnabata ya. Ọ bụ site n'ikwusi ike na aririọ na mbọ ndị na-eso ụzọ ya ndị izizi na Formosa na USA, ka Nna-ukwu Ching Hai bịa kuzie na mba ụwa niile, ma nabata ọtụtụ iri n'ụzọ puku ndị ji ezi obi achọ ihe nke mmụọ.

Taa ọtụtụ ndị na-achọ eziokwu si mba dị iche iche na ụzọ okpukpere chi niile na-abiakwute ya maka amamihe dị elu. Maka ndị choro n'eziokwu imuta na imekwa ụzọ ikwalite mmụta ọsọsọ nke ya onwe ya kwuputara na ọ bụ ya kacha-uzọ Quan Yin, Nna-ukwu Ching Hai kwetara inye nnabata na ntuziaka nke mmụọ.

*Ụwa juputara na nsogbu.
 Naanị na m juputara na gị!
 Ọ buru na etinyere gị n'ime ụwa,
 A ga-ewepu nsogbu niile.
 Ma, ka ụwa juputara na nsogbu,
 Enweghị ebe m chọtara maka gị!*

*A gara m ile anwu niile, ọnwá na kpakpandọ
 Dị n'elu ụwa,
 Naanị ka m zuru otu anya i lere mara mma.
 Oh Nna-ukwu nke ihie n'enweghị njedebe!
 Nwee amara wusa obere ihie n'ime nnukwu aguụ dị n'obi m.*

*Ndị nwere mmasị ihe ụwa na-aga n' abali ịgu egwu na ite egwu,
 N'okpuru ihie nke ụwa na abụ nke ụwa.
 Naanị m na-anọ n'ọnọdu ịnọ na nrọ ehihe,
 Na-efeghari n'ihie na ọmarịcha egwu dị n'ime.*

*Kemgbe m matara ebube gị Oh Chineke,
 Ọ nweghị ihe m ga-ahụ n'anya n'ụwa.
 Makuo m n'ime amara ihunanya gị.*

Ebebe!

Amen

Sitere na "Silent tears" nchikọta abụ nke Nna-ukwu kacha elu Ching Hai.

Ihe omimi nke ụwa ọzọ

Okwu nke Nna-kwu kacha elu Ching Hai

June 26, 1992 (DVD#260)

Mba ụwa jikoro ọnu, New York

Nnọọ na ndị mba ụwa jikoro ọnu. Ma biko kpekọta ekpere ọnu nwantiti oge n'okwukwe nke gi, na anyị nwere afọ ojuju n'ihe anyị nwere, ihe enyere anyị na ihe anyị choro, anyị na-echekwube na ndị enweghị oke zuuru ha ga-enweta otu e siri nye anyị; ndị na-eze ndụ n'ụwa, ndị na-ata ahụhụ n'ihia agha, ndị agha, ndị isi gọọmenti ya na ndị isi mba ụwa jikoro ọnu ga-enwe ike mezue ihe ha choro ma birikwa n'otu n'udo.

Anyị kwenyere na ihe anyị yoro, na a ga-enye anyị ya maka na e kwuru ya na Akwukwo Nso. Daalụ!

I ma n'isi okwu taa bu "ngafe ụwa a" maka na-amaghị m na achoro m ikwu okwu banyere ụwa a ọzọ. Nke a bu ihe unu maara. Ma agafe ụwa a, anyị nwere ihe ndị ọzọ. Ehere m na unu niile bjara ebe a ga-enwe mmasi ka unu mara. O bughị ihe ndị otu anyị kwuru maka ọlụ ebube ma o bu ihe di egwu anyị enweghị ike ikwenye. O bu ihe di n'usoro sayensi, di usoro ntughari echiche na dikwa mkpa.

Anyị anula n'uzo okpukpere chi di iche iche maka Akwukwo Nso na ederede ụka, e kwuru na e nwere elu igwe asaa,

enwere mmụọ dị iche iche. Enwere ala eze Chukwu dị n'ime, enwere ekere eke nke Buda, wdg. Ihe a bụ ụfọdụ ihe ekwere na nkwa ma agafee ụwa a. Ma ọ bughị ọtụtụ ga-enwe ụzọ ohere inweta ihe a ekwere na nkwa n'ederede ụka, ọ bughị ọtụtụ. Agaghị m asị na onweghi, mana ọ bughị ọtụtụ. N'itunyere n'ọnụọgụ nke ụwa, ndị nwere ụzọ i nweta ohere nke ala eze Chukwu n'ime ma ọ bụ ihe anyị kporo, "ihe dị ma agafe ụwa" dị ole na ole.

Na ọ buru na ino n'Amerika, enwere ike i nwee ohere igu ọtụtụ akwukwo nke kowara ihe di ma agafe ụwa anyi. Na ụfọdụ ihe nkiri egwuregwu ndi mba Amerika na-eme abuchaghi akuko n'emeghi eme. Enwekwara ụfọdụ ihe nkiri egwuregwu ndi mba Japan mere na abuchaghi ihe na-emeghi eme. Maka na ndi a nwere ike ha aguola ụfọdụ akwukwo edere maka ndi gafegoro ụwa a ma ọ bụ na ha onwe ha enwela nyobenye anya n'ala eze nke Chukwu.

Yabu, kedu ihe di n'ime ala eze nke Chukwu? O ginji kpatara anyi ji enwe mmekpa ahụ maka ala eze nke Chukwu, ọ buru na anyi enwela oru zuru oke n'ụwa ma anyi nwere oru, anyi nwere ulo echebere nke oma, anyi nwere mmeko enyi juputara n'ihunanya, wdg? Kpomkwem, maka na anyi enwela ihe ndi a niile, anyi kwesiri inwe mmetuta maka ala eze nke Chukwu.

O na-ada ka uzo okpukpere chi nke ukwu ma anyi si ala eze nke Chukwu. N'ezie o bu maka ụfọdụ okwa mmuo di elu. Ndi mgbe ochie na-asị na o bu elu igwe, ma na n'usoro okwu sayensi, anyi nwere ike si na o di iche okwa nghota di elu, ngalaba amamihe di elu. Nke a ka anyi nwere ike inweta ụzọ ya, ma anyi mara ụzọ.

Yabu, ugbu a n'Amerika anyi anula maka nruputa oheru, na mmadu enwela igwe eji etinye mmadu na Samadhi. Nke a ometula gi? O di n'Amerika, a na-ere ya. Nari anọ ma o bu nari asaa, o dabara n'okwa i chorọ. A kporo- nke a bu maka ndi ume ngwu n'achoghi itughari uche, naani ihe ha chorọ bu ibanye na Samadhi. Ugbu a o buru na-imaghi agaghi m egbu oge maka nke a. Ha si na nke a bu igwe ga-eme ka i zuru ike, agwa gbasara echiche gi, onodu, onodu izu ike, i wee nweta okwa amamihe di elu. Nke a kwesiri inye gi nghota di elu, amamihe di elu na ime gi idi oke mma wdg.

Igwe a na-eji ụfọdụ egwu aghọrọ aghọ, egwu dị ụtara n'iro, yabu na i ga-eji eriri igwe nti, ma ha ga-etinye ọkụ, eleghị anya mpekere ọkụ nke ga-akpali gi, i wee hụ ihe ụfọdụ ga-acha ka amụma. Yabu i ga-eji nkechi anya, eriri igwe nti na ihe eji ekechi anya, naanị ihe ndị a ka i ga-eji maka Samadhi. Nke a dị mma, na ego dollar narị anọ- ọ dị ọnụ ala. Ma na Samadhi nke anyị ka dị ọnụ ala, ọ gaghi eri ego ọ bụla, ma buru ebebe, ebebe. I gaghi eji batiri ma ọ bụ ọkụ eletriki etinye ya ọkụ, kwunye, kwuputa; ma ọ bụ ikekwe igwe a emebie, ọ dighi mkpa ije fanye ya.

Ugbu a, ọbụlagodu n'ihie na egwu ejiri aka mee na-eme ka mmadụ nwee ezumike na mara ihe - o kwesiri inye ha nke a, ma agụọla m na akwụkwọ mgbasa ozi ihe o kwesiri ime. Emebeghi m ya n'onwe m. Nke a mere ọ jiri dị ọkụ ma rekwa ọtụtụ a nuru m. Ihe ndị a aka mere nwere ike itinye anyị na mmụọ izu ike na gbanwanye amamihe anyị, ya na i nwere ike iche otu nke ezigbo ya ga-enyere anyị aka n'amamihe anyị? Nke ezigbo adighi nso n'ụwa a, ma mmadụ ọ bụla nwere ike inweta ya ma anyị chọọ mmetụta ya. Nke a bụ egwu elu igwe dị n'ime na ụda elu igwe dị n'ime. Na ndabere n'otu egwu a si dị, nke ihie ma ọ bụ egwu dị n'ime anyị nwere ike kwaa onwe anyị gafe ụwa, banye n'okwa nghọta miri emi.

A na m ama amụma na ọ dị ka iwu nke Fiziks. I choro ka iziga ụfọdụ rọketi n'ime, gafe ike ọdụdọ, i ga-enwe ọtụtụ ikike ikwa ya n'azụ, ya na mgbe o fere ọsọ ọsọ ọ na-achaputa ihie. Yabu, a na m ama amụma na mgbe anyị gara ọsọ ọsọ n'ime ebe dị anya, anyị ga-achaputakwa ihie, ya na anyị ga-anụ ụda ya.

Uda a bụ ụdị nke ikike ọma jijiji na-akwanye anyị n'ime ọkwa dị elu, ma ọ na-eme nke a n'emeghi mkpọtụ ọ bụla, na-enweghi nsogbu na anaghi ego ya na na-enyeghi mgbakasi ahụ "onye na-ahụ ihe a". Nke a bụ ụzọ esi abanye n'ime ebe dị anya. Na kedu ihe gafere ụwa bụ ihe ka ụwa anyị mma? Ihe niile anyị nwere ike iche na nke enweghi ike iche. Ozigbo anyị hū tara ihe a, anyị ga-ama. Onweghi onye ọzọ ga-agwa anyị n'ezie. Ma na anyị kwesiri igbalisi ike na nke a, na anyị kwesiri inwe eziokwu n'ezie, ewepu

ya o nweghi onye ozo nwere ike i mere anyi ya. Otu o dighi onye ga-anochi gi na oru n'ulo oru UN na anarakwa ugwo oru maka nke a. Otu o dighi onye ozo ga-enyere anyi aka rie nri ma anyi enweta ojuju afọ. Ya mere na uzo bu inwe ahumihe a. Anyi nwere ike gee onye maara nti ka o gwa anyi, ma anyi agaghi enwe ahumihe site na nke a. Anyi nwere ike huta ihe otu oge, ugboro ugboro ma o bu ufodu ubochi n'ihie ikike onye nke ahụ hatarala Chukwu. Were mee n'anyi nwere ike ihu ihie ma o bu nu uda, na nkiti n'etinyeghi mbo anyi, ma otutu mgbe, o naghị anote aka. Yabu, n'anyi ga-eji aka anyi hu ma mee ya.

Agafee uwa anyi, enwere otutu uwa di iche iche. Anyi nwere ike nye omumaatu, dika nke di elu were ntakiri ihe karja anyi. Nke anyi na-akpo uwa nke kpakpando n'uzo ijizi okwu nke ala bekee. N'uwa nke kpakpando, ha nwere okwa otu nari ma karja di iche iche. Okwa o bu la bu uwa noro onwe ya. Nke na-egosi ka nghota anyi ha. Dika anyi si aba na mahadum, wee na-aga okwa o bu la ka anyi na-aga na mahadum, o na-egosi nghota anyi karja, maka udi nkuzi mahadum na wee jiri nwayo ruo oge anyi guchara.

N'uwa nke kpakpando, anyi ga-ahu otutu udi ihe akporo oru ebube, ma anyi nwere ike nwee onwunwa si n'oru ebube ya na anyi nwere ike nwee oru ebube nke anyi. Anyi ga-agwonwu onye orja, anyi nwere ike hu ufodu ihe ndi ozo enweghi ike ihu. Anyi nwere obulagodu uzo ikike oru ebube isii. Anyi ga-ahu karja oke di adi, anyi ga-anu karja njedebe nke oghere. Ogologo ya abughi ihe o bu la n'ebe anyi no. Ya ka anyi na-akpo anyi na nti elu igwe. Wee mee ka anyi na-ahu echiche ndi mmadu, n'ihe o bu n'uche, mgbe ufodu anyi ga-ahu, wdg. Nke a bu ikike anyi n'enweta ma anyi nwee ohere n'okwa nke mbu nke ala eze Chukwu. N'ime okwa nke mbu a, ekwuola m na anyi nwere otutu okwa di iche iche nke na-enye anyi otutu ihe karja ka asusu ga-akowa. Dika omumaatu, anabatasia gi, anyi ga-atughari uche ma o buru na okwa anyi no na nke mbu, ya bu na anyi nwere ike otutu ihe. Anyi e wee meghee akaraka ederede nke anyi enweghi na mbu. Ya na anyi ga-ama otutu ihe ndi mmadu ozo amaghi n'otutu ihe ga na-abjara anyi di ka

onyinye si n'elu igwe, mgbe ụfọdụ n'ụdị ego, mgbe ụfọdụ n'aka ọrụ anyị na mgbe ụfọdụ ihe ndị ọzọ. Anyị ewee malite debe abụ ma ọ bụ ikekwa se eserese, ya na anyị nwere ike ime ihe ụfọdụ nke anyị anaghị enwe ike ime na mbụ na anyị echeghị n'anyị ga-emenwu. Nke a bụ ọkwa nke mbụ. Na anyị ga-edenwu abụ na akwụkwọ n'uzọ mara mma. Na anyị nwere ike buru onye abughị ọkacha mma na-ide ihe na mbụ, ma anyị ga-edenwu ihe ugbu a, dika omumaatu. Nke a bụ uru di mkpa anyi ga-enweta ma anyi noro n'okwa ime mmuo nke mbu.

N'ezie ihe ndi a abughị onyinye Chukwu. Ihe ndi a di n'elu igwe n'ime anyi, naani na anyi akpolitela ha, ha adi ndu. Anyi ewee were ha meputa ihe. Yabu, nke a bu ụfọdụ ozi maka ọkwa nke mbu.

Ugbu a, mgbe anyi gara n'okwa di elu, mgbe ahụ anyi ahụ otutu ihe ndi ọzọ, na anyi mezue otutu ihe ndi ọzọ. N'ezie, agaghị m agwa gi ihe niile maka oge. Ya na, ọ dighi mkpa ige maka ihe mara mma maka achicha na ihe mmicha di uto ma gi erighi ya. Ya mere, a na m eme ka inwee agu ntakeiri, ma i choo iri ihe ndi a, nke a bu ihe ọzọ. Anyi ga-enye ezigbo nri ma emecha. Ee ! Anaghị ama ama i choo iri ihe ndi a.

Ugbu a, ọ buru na anyi gafee ntakiri n'okwa a banye n'okwa nke abuo, nke anyi kporo "nke abuo", maka ime okwu ka ọ di mfe. Okwa nke abuo - anyi ga-enwe otutu ike karia na nke mbu, tinyekwa ọrụ ebube. Ma ihe kachasi di mkpa anyi ga-enweta n'okwa nke abuo bu, ikwuwaputa okwu, na ike nrurita uka. Na o nweghi onye nwere ike imeri onye nke nwetara okwa nke abuo maka na ọ nwere ike di iche nke ikwuwaputa okwu, ya na ogugu isi nke no n'isi ikike ya.

Otu ndi echiche ha apughi iche na ndi IQ ha di kwuru oto agaghị adako maka na IQ ya emegheela ruo onodu di nnukwu. Ma ọ bughị naani uburu nke a na-ahụ anya bu ihe emeghariri karia, ọ bu ikike nke mmuo zoro ezo. O bu ikike elu igwe, amamihe nke di n'ime anyi. Ugbu a ọ malite mmeghe. Na India, ndi mmadu nakpo okwa a 'Budi' nke putara okwa nke mmuo icheputa ezi

echiche. Na mgbe i nwetara ‘Budi’ i ga-abụ Buda. Ebe ahụ ka okwu Buda siri bịa-‘Budi’ na Buda. Ugbu a, Buda bụ kpomkwem naanị nke a. O gwubeghị. Agaghị m ekwuputara gị naanị Buda, e nwere ihe ọzọ karịa nke a.

Yabụ, ọtụtụ ndị mmadụ na-akpọ onye mmụta dị elu Buda. O bụrụ na ọ maghị karịa ọkwa nke abụọ, ọ ga na-akpa nganga gbasara ya. Ee, na-eche na ọ bụ Buda dị ndụ na ndị na-eso ụzọ ya ga na-eme ngala akpọ ya Buda. Ma na ezie naanị ihe ọ nwere bụ ọkwa nke abụọ nke mere ka ọ na-ahụ ihe gafere, nke na-eme ugbu a na nke ga-eme n’ihu nke onye ọ bụla ọ chọrọ ihu, na nke ọ nwere ikwuputa okwu zuru oke, ya na ọ bụbeghị njedebe nke ala eze nke Chukwu.

O kwesighị ka mmadụ na-akpa nganga maka ike ọ nwere iguputa ihe gafere, nke ga-eme ugbua na nke ga-eme n’ihu maka na nke a bụ ndepụta akashic, ka ị si mara na njizi ụzọ okwu nke ala bekee. Unu niile ndị nke na-eme yoga ma ọ bụ ụdị ntughari uche ga-aghota ndepụta akashic, nke bụ ụdị ọba akwukwo nke enwere n’akukụ ụzọ na UN, nke asụsụ dị iche iche n’ime ya. I ga-ahụ Arabic, Russia, Chinese, Bekee, French, German, ihe niile dị n’ọba akwukwo dị n’akukụ ụzọ, ụdị asụsụ dị iche iche. O bụrụ na ị nwere ike iguputa asụsụ niile a, ‘i ga-amata ihe na-eme n’ime mba ahụ. Yabụ, ị ka onye nke nwere ike inweta ọkwa nke abụọ, ọ ga-aghota, ọ ga-akwanwu ụdị mmadụ nke ọma, otu i si ahụ akukọ ndụ gị.

E nwere ọtụtụ ihe ị ga-enweta n’okwa ime mmụọ nke abụọ. Ma mgbe mmadụ rutere n’okwa nke abụọ, nke a dị iche, ị bụrụla Buda ị ndụ, maka imeghere Budi, ọgugu isi. Anyị amatala ọtụtụ ihe, ọtụtụ ihe anyị agaghị akpọnwu. Na nke akporo ọrụ ebube ọ bụla ga-amalite na-eme anyị, ma anyị chọrọ ya ma anyị achoghị ya, maka ọgugu isi anyị meghere wee mara ka ọ ga na-esi emetuta isi igwo ọria nke ukwu, idozi nke ọma ka ndụ anyị were ị larii ma dika mma. Na ọgugu isi anyị ma ọ bụ budi emegheela ka o were nwee ike nweta ozi ọ bụla nke ị mkpa n’oge gafere na nke ga-eme oge ahụ ka o were dozie na ka o were megharia ma ọ bụ mejuputa ihe anyị emetaghị nke ọma n’oge gara aga. Yabụ ka ọ were dozie mmehie ma na-eme ndụ anyị ka ọ dị mma.

Dịka omụmaatụ, ọ bụrụ na anyị nwere agbataobi nke anyị mejoro ma anyị amaghi ama, ma ugbu a anyị amatala. O di mfe! O bụrụ na anyị amaghi, na agbataobi ahụ akwunyeghi anyị ma na-achọ ime ihe n'azụ anyị ka o wee meruo anyị ahụ maka nghotahie ma ọ bụ ihe anyị mere agbataobi ahụ di njo. Ma ugbu a anyị amatala ihe kpatara nke a. Yabụ, ọ di mfe. Anyị nwere ike jekwuru agbataobi a ma ọ bụ kpoo ya n'igwe eji ekwu okwu, ma ọ bụ anyị akpoo oriri, kpoo onye agbataobi ahụ n'ime, were mezie nghotaghie ahụ.

Otu ihe ahụ mgbe anyị rutere n'okwa nke icheputa ezi echiche, anyị agaghi eji aka anyị, echere m nwayo, ghotā ihe niile ndi a na jiri nwayo dozie ihe niile ahụ ma ọ bụ kpotu isi ikike, ga-enyere anyị aka idozi ihe ndi a, ka o nwere mee ka ndu anyị di mma, dozie uzọ ndu anyị ka ọ di mma. Yabụ, anyị ebelata otutu ihe mberede, otutu onodu na-achoghi na onodu n'adighi nma n'ime ndu anyị. Ee ! Ee! Ya mere, mgbe anyị rutere n'okwa nke abuo, nke a adila iche.

Ya mere, ihe m kowara unu di sayentifik na nwekwaa usoro na onweghi uru iche na onye bu yogi ma ọ bụ onye na-atughari uche bu mmadu na-ahụ ihe zoro ezo ma ọ bụ ET - puru iche di n'ụwa. E nwere ndi bi n'ụwa di ka anyi, ndi togoro maka na ha ma ka ha ga-esi eme ya.

N'Amerika, anyi na-asị na ihe niile dabara etu esi eme ya, yabụ na anyi ga-amu ihe niile, ọ kwa ya? Anyi ga-amu ihe niile. Ya bu na udi a bu nke gafere sayensi nke uwa a, nke anyi nwere ike imukwa. O na-ada ihe di iche, ma mgbe ha na-ari n'okwa, mgbe ahụ ka ọ na-adi mfe. O di mfe kara i ga ulo akwukwo di elu jiri Ajuju na nsogbu matimatiks siri ike.

N'ime okwa nke abuo, enwekwara otutu okwa di iche iche. Ma aga m eme ya ka ọ di obere maka na-agaghi m akowa n'uju ihe niile zoro ezo nke elu igwe. Nke ọ bula i ga-ama ihe niile ndi a ma i soro Nna-ukwu nke mere ngaghari. Yabụ, ọ bughị ihe zoro ezo ma otoro ogologo, ma ọ bụrụ na anyi ga-akwusi n'okwa ọ bula, nke nwere otutu okwa, obere okwa ma anyi ga-enyocha ihe niile- ọ na-

ewe ogologo oge. Yabụ mgbe ụfọdụ Nna-ukwu ga-eduru gi nwa obere oge jee otu ọkwa wee banye ọzọ, ọsọsọ- Zack! Zack! Zack! Maka na ọ buru na onweghi ihe iji oru nna-ukwu eme. O ga-enye gi isi mgbu. Ya mere, ọ ga-edu gi jee ma loghachi ulo, maka n'oge ahụ kwa, ọ ga-eri gi ogologo oge. Mgbe ụfọdụ ọ ga-eri oge ndu niile. Ma oke mmụta di elu, anyi na-enweta ya ozigbo.

Ma na nke a ka na-amalite, di ka idebanye aha. ubochi mbu idenyere aha n'ime mahadum, i ga-abu ozigbo nwata akwukwo mahadum ahụ. Ma nke a enweghi ihe o nwere ime gbasara Ph.D. Mgbe ọ gachara afọ isii, afọ anọ ma ọ bu afọ iri na abuo, mgbe ahụ ka i ga-aputa jide nzere. Ma i ga-abu nwata akwukwo mahadum ozigbo, ma ọ buru ezigbo mahadum, ma ọ buru na-idebenye aha gi, na i chorọ n'eziokwu i bu nwata akwukwo mahadum. Yabu, n'akuku abuo a ga-arukota onu.

Di ka, ọ buru n'anyi chorọ igafe uwa, dika omumaatu, ka asi no maka egwuregwu, maka anyi enweghi ebe ọzọ anyi ga-aga na New York, anyi amarala ihe niile gbasara Manhattan, Long Beach, akuku oshimiri 'mpempe' na akuku oshimiri niile.(ochi). Ugbu a, ka ewere na anyi chorọ ije na nke ET, ka anyi huta ihe na-aga. O di mma? O nweghikwa? Ebe anyi na-akwu otutu ego eje Miami, Florida, ka anyi saa ahụ n'oshimiri, gin kpatara na anyi agaghi, oge ụfọdụ gaa uwa di iche gafere uwa, ka anyi hu ihe ndi agbataobi uwa ndi ọzọ si diri na ka ndi ebe ahụ si noro? Echeghi m na o nwere ihe di iche banyere nke a. Mba? O bu naani ntakiri iga njem na njem uche, njem ime mmuo kama njem a na-ahụ anya. O di uzọ njem abuo. Yabu, ọ di n'usoro echiche na mfe nghota.

Ugbu a, anyi no n'okwa nke abuo. Kedu ihe ọzọ, m ga-agwa gi? Yabu otu ahụ ka anyi si aga n'ụwa a, ma na anyi nwere nghota maka uwa ndi ọzọ n'otu oge. Maka na anyi na-eme njem.

Di ka na i bu nwa mba Amerika ma ọ bu nwa mba ọzọ n'ụwa, ma na i na-aga njem site otu mba banye mba ọzọ, naani ka i mara ihe mba agbataobi di ka ya. A na m eche na otutu n'ime ndi mba jikoro onu abughi nwa amaala Amerika. Mba? Ee. Yabu na ugbu a, i matala otu ihe ahụ. Anyi nwere ike iga njem banye n'ụwa

ozo ma o bu okwa ndu ozo ka anyi nwee nghota. Maka ohere di n'etiti buru nnukwu ibu na anyi agaghi eje ya n'ukwu, anyi agaghi eji roketi, anyi agaghikwa eji obulagodu UFO.

Ufodu uwa toro ogologo kariya ihe UFO ga-efe. UFO ! Ihe amaghi ihe o bu. Ihe na-efe efe, Ee! Ugbu a, anyi nwere onodu omumu n'ime anyi nke na-efe ososo kariya ihe UFO ga-efe. Nke a bu mkpuru obi anyi. Anyi na-akpo ya mmuo mgbe ufodu. Na anyi ga-ejinwu ya efe, na ejighi mmanu ugbo ala, na-ejighi onye uwe ojii ma o bu mgbochi okporo uzo ma o bu ihe o bu. Na i kwesighi ka o nye gi nsogbu n'otu ubochi na ndi Arab anaghi eresi anyi mmanu oku maka na ozuru oke n'onwe ya, (ochi). O dighi mgbe o bu ala o ga-emebi, sooso mgbe anyi choror imebi usoro iwu elu uwa, imebi nkwekorita nke elu igwe na uwa, nke di mfe izere. Anyi ga-agwa gi otu i ga-esi eme ma o buru n'uche gi di ya.

Dika omumaatu, a ga m ano obere oge, o di mma? Abughi m onye ozi oma. Enyela onwe gi nsogbu, anaghi m edu gi eje uka. Naani dika omumaatu.

E nwere iwu di n'elu uwa nke anyi kwesiri ima di ka mgbe anyi na-anya ugbo ala, anyi ga-ama iwu e ji anya n'uzo. Oku na-acha obara obara, ikwusi, oku na-acha ndu ndu, anyi agaba. Nyara gaa aka ekpe, aka nri wdg. Okporo uzo, kedu oke oso. Yabu, enwere ufodu iwu di mfe n'ime elu uwa a, n'ime elu uwa nke i na-ahu anya. Agafee uwa, gafere elu uwa nke i na-ahu anya, enweghi iwu, enweghi iwu chaachaa. Anyi bu ndi nwere onwe, nwa amaala nwere onwe, ma anyi ga-agafere nke a ka anyi wee nwere onwe. Na ka anyi ka bi n'ime uwa, n'anu ahụ, anyi ga-agba mbo hu na anyi na-ebi n'ime iwu, ka anyi ghara ibanye na nsogbu. Mgbe ahụ ugbo ala anyi agaghi emebi ka anyi wee nwee ike ife ososo, elu kariya, n'enweghi nsogbu.

Ya bu, iwu ndi a bu ihe ederela n'ime Akwukwo Nso, nke uka gi ndi na-eso Kraist, na n'ime Akwukwo Nso nke uka Buda ma o bu Akwukwo Nso uka Hindu. Ndi nke dikariri mfe dika, n'anyi emerughi agbataobi anyi ahụ, anyi egbula ochu, gi egbula ochu, emela mpu gafe mmeko enyi ihunanya na ezula ohi wdg; erila ihe

na-egbu egbu, nke tinyere ogwu nke tata. O nwere ike buru na Buda maara, na senchuri nke iri abuo, anyi ga-emeputa kokeenu na ndi ozo niile nke mere o ji si mba n'ogwu. Ogwu nke a tinyere udi igwu chacha o bula na ihe o bula na-eme ka obi anyi jikoo onu na ihe uto nke anu ahụ ma chefuon njem ime mmuo.

O buru na anyi choroo ife oso, elu na enweghi ihe egwu o bula, nke a bu iwu nke ahụ di ka iwu nke Fiziks. Mgbe rocketi choroo ife, oka mmuta sayensi ga-elele iwu ufodu. O gwula, o di mma? Ya bu kedu otu ozo anyi ga-esi kpachapu anya maka na anyi choroo ife elu kariya nke a, fe(fee) elu kariya nke rocketi, osooso kariya UFO. Ma enwere otutu ufodu nkowa n'uju e nwere ike ikowa, ma uche gi di ya, ma na nke a ga-abu oge nnabata. Ugbu a, anyi achoghi ime ka ike gwu gi site na-iji usoro iwu nke i ga na-asi, "A maara m ya tupu ugbu a, A maara m ya tupu ugbu a. A na m agu ya na Akwukwo Nso iwu iri, o kwa ya? Iwu iri'.

N'ezie, otutu n'ime anyi na-agu iwu ndi a ma anyi enweghi mmasi miri emi na ya, ma o bu na anyi enweghi nghota miri emi. Ma o bu nwee ike anyi choroo ighota, otu anyi si eme, ma o bughị kpomkwem otu echerere. Ya mere, o naghị emeru anyi ahụ mgbe ufodu ichetere anyi, ma o bu gee ntakiri nghota miri emi nke ahụ, ozo. Dika omumaatu n'ime Akwukwo Nso, akwukwo agba ochie, ibe akwukwo nke mbu, Chukwu siru, e mere m umu anumanu niile ka o buru enyi gi na ka o nyere gi aka, na ka i na-achi ya. Ma o sikwa na o mere nri niile maka umu anumanu, nke o bula n'udi di iche. Ma o sighi anyi ka anyi rie ha. Mba! Na o si, e mere m nri niile, ahijia niile di n'ubi na mkpuru osisi di n'osisi nke na-atoo uto ma imetu ya ire na atokwa uto n'anya. Ihe ndi a ga-abu nri gi. Ma otutu ndi mmadu anaghi ege nti na nke a. Ya na otutu ndi na-eso uzo Akwukwo Nso ka na-eri anu ahụ n'aghotaghi n'eziokwu ihe Chukwu bu n'obi.

Na o buru n'anyị banye n'ime nchoputa sayensi miri emi na anyi ga-ama na anyi abughi maka iri anu ahụ. Ahu anyi, mgbiru afọ anyi, afọ anyi, eze anyi, ihe niile di n'udi sayensi maka nri onye anaghi eri anu. Ka m sikwa, ihe otutu mmadu ji adakarị n'oria, aka

nka ọsọsọ, enwe ike ọgwụgwọ, na-akpu akpu mgbe ha bu ndi amuru ka ha na-amuke amuke) na echeputa ezi echiche. Na ha ejedebezie ime nchapu ntakiri ntakiri ubochi o bula, na ka ha na-aka nka ha na-ajowanye njo. O bu maka na anyi na-emebi “ugbo ala” anyi, “ihe anyi ji efe efe”, “UFO” anyi. Yabu, o buru na-ichoro ka “ugbo ala” baara gi uru obere ogologo oge n’adighi mmekpa ahụ, anyi ga-eleta ya anya n’uzo di mma.

Ugbu a, dika omumaatu, anyi nwere ugbo ala. Unu niile na-anya ugbo ala. Ugbu a, o buru na-itinye ya mmanu ugbo adighi mma, kedu ka o ga-esi mee? Kedu ihe ga-eme? O ga-anya ikekwa ogologo ole na ole wee kwusi. Na igaghị ata ugbo ala a uta. O bu mmehie nke anyi mere, anyi amaghị ma tinye mmanu ugbo ala na-ekwesighi idi ebe ahụ. Ma o buru na mmanu ugbo ala anyi nwere mmiri n’ime ya, o kwa ya, o nwere ike nyaa ntakiri, ma o nwee nsogbu. Ma o bu na mmanu anyi adila inyi nke ukwu na anyi ehichaghị ya, o ga-anya ntakiri ma na anyi ga-enwe nsogbu. Na mgbe ufodu o na-agbawa naani maka na anyi eleghi ugbo ala anyi anya n’uzo di mma.

Di ka otu a, ka ahụ anyi si di ka ugbo ala nke eji efe site ebe a ruo ebebe, ruo okwa di elu nke amamihe sayensi. Ma mgbe ufodu anyi na-emebi ya ma anyi adighi ejikwa ya maka oru nke kwesiri ya. Dika omumaatu, ugbo ala anyi kwesiri inya anyi gaa otutu ogologo uzo wee bute anyi n’ulo oru, na nke enyi anyi na mpaghara mara mma di iche iche. Ma na anyi anaghị elezi ya anya, anyi na-etinye mmanu ugbo ala adighi mma, ma o bu anyi adighi elekota mmanu ahụ, anyi anaghị elekota akpati mmiri, ihe niile. Na o naghizi agba oso oso. Onaghị agbatezi aka. Na mgbe ahụ anyi a na-agba naani n’ime ogige ahijia akuru ulo anyi, n’okirikiri azu ulo anyi. Nke a di mma kwa. Ma o bu na anyi na-ala n’iyi ebumnuche anyi jiri zuta ugbo ala. O bu naani imefu ego na oge na ike anyi. Naani nke a. O nweghi onye aga ata uta. O nweghi onye uwe ojii ga-ebo gi ebubo ihe o bula maka nke a. O bu naani na i na-ala ugbo ala gi n’iyi, ala ego n’iyi mgbe i nwere ike iga ebe di anya na ihu otutu ihe na nwe ohu site na mpaghara di iche iche.

Dị ka, anụ ahụ anyị. Anyị nwere ike ibi n'ụwa a ma na anyị elekọta anya n'ime anụ ahụ, anyị nwere akọrọngwa ndị ọzọ, nke na anyị ga-efe gafee nke a. Dị ka onye na-aga njem n'ugbo na-aga n'ikuku(Astronotu), ọ na-anọ n'ime rọketi. Rọketi a bụ akọrọngwa ya. Ọ ga-akpachapụ anya ihu na ọ naghị emebi iwu Fiziks ka rọketi ya wee fee nke ọma na ọsọsọ. Ma na astronotu nọ n'ime dị mkpa. Rọketi ahụ na-ebute ya ebe ọ na-aga. Ma na rọketi a abughị ihe nke kacha amasi- atronotu ahụ, ebe ọ na-aga. Ma ọ were ya na-agba naanị ọsọ okirikiri Long Island nke a bụ ịla oge n'iyi. Ila ego obodo ahụ n'iyi.

Yabụ, ahụ anyị dị oke mkpa maka na n'ime ya ka Nna-ukwu bi. Nke a mere n'Akwukwọ Nsọ, ọ si, ọ bụ na ịmaghị na-ahụ gị bụ ụlọ nsọ nke Chukwu, na Chukwu kacha elu bi n'ime gị, Mmụọ Nsọ, otu ihe ahụ. Ọ buru na anyị na-enye Mmụọ Nsọ na Chukwu kachasi elu ụlọ i ga-echenwu ọ di njọ ọ di, ọ di njọ di putara nnukwu ihe iche! Ma ọtụtụ mmadụ na-agụ nke a ọsọ ọsọ ma ha anaghị aghọta, ha aghotaghị n'ahiriokwu a di ukwu, ma ha achoghị ichoputa. Yabụ, nke a bụ ihe kpatara ndi na-eso m, ọ na-amasi ha iso nkuzi m maka na ha ga-achoputa onye nọ ha n'ime na ihe di ma agafe ụwa a, ewepu mbọ nke ụbọchị ọ bula, ikpata ego na-igba abuba ọrụ na nsogbu anụ ahụ niile.

Anyị nwere ọtụtụ ihe mara mma, ọtụtụ nwere onwe, ọtụtụ nghọta n'ime anyị. Na anyị amara ezigbo ụzọ anyị ga-esi metụta nke a, ihe a niile bụ nke anyị maka na anyị nwere ya n'ime. Ọ bụ naanị maka na anyị amaghị ebe igodo ya di, na anyị akpochiela "ụlọ" a ọtụtụ oge na ugbo a anyị echefuela na anyị nwere akụ a. Ọ gwula!

Yabụ, nke a na-akpọ Nna-ukwu bụ onye ga-enyere anyị aka imeghe ụzọ na igosi anyị ihe bụ nke anyị kemgbe. Ma anyị ga-eji oge na-abanye n'ime na-elele ihe ọ bula nke anyị nwere.

Yabụ, n'uzọ ọ bula, anyị nọbu n'ụwa nke abụọ. I nwere mmasị i ga kariya nke a? (Nzuko: Ee! Ee!) I chorọ ịmara ihe niile na-arughị ọrụ? Ọ di mma. Ma ọbụlagodu na o nwere onye ga-agwanwu gi ihe mba ọzọ di ka ya mgbe ọ gachara ebe ahụ, na-

agbanyeghi na i ejebeghi. O kwa ya? Opekampe, i nwere mmasi eleghi anya i chorọ iga. O di mma. Yabu, ugbo a agachara uwa nke abuo. Emesighi m nke abuo niile, ma i maara na anyi agaghi ano ebe a ubochi niile. Yabu agachaa nke abuo, i nwere ike inweta ikike kari. O buru n'ikpebie na-aru oru maka ya, i ga-aga na nke ato. Uwa nke ato a na-akpo, o bu okwa di elu kari.

Onye nke gara n'uwa nke ato, ga-adiriri ocha ejighi ugwo o bua n'uwa a, opekampe. O buru na o nwere ihe iji Eze nke uwa anu ahụ a n'ugwo, anyi agaghi arigonwu. Di ka o buru na i bu onye ohi nke otu mba, i nweghi nhichapu n'akwukwo ederede, inweghi ike igafe akara oke ka ibanye na mba ozo. Yabu, n'ugwo nke uwa a, gunyere otutu ihe anyi mere gara aga na nke mere ugbo a na-eleghi anya ubochi nke di n'ihu na-abia nke ndu anu ahụ anyi. Ugbo a ga-edo ihe ndi a niile anya, di ka anyi si ghazie ndi kostom anya, tupu anyi enwee ike ibanye n'uwa ozo. Ma mgbe anyi banyere n'uwa nke abuo, anyi ebido oru, nwee kama nke edoforo gara aga ya na ndu nke ugbo a, maka na i gaghi adi ndu nke ugbo a ma o buru n'anyi enweghi kama gara aga.

Ndi nna-ukwu nwere nkeji abuo di iche. Otu enweghi kama, ma o na-agbaziri kama ka o wee gbadata nke ozo di ka anyi, mmadu nkiti, ma o nwere kama ehichara ehicha. Yabu, i nwere ike ibu onye ga-abu Nna-ukwu, Nna-ukwu nke odinihu. Na mgbe ufodu Nna-ukwu na-esi n'uwa nke di elu aridata, were kama agbaziri agbazi. Kedu ka o si daa gi, igbazi kama? O di omume. O di omume.

Dika omumaatu, tupu iridata ebe a, ibiala ebe a na mbu. Na gi na mmadu di iche nke uwa a enyela ma were, otutu oge gara aga ma o bu otutu afọ nari. Ma i wee laghachi azu n'elu igwe, ma o bu ebe obibi gi nke di anya, okwa di iche iche opekampe okwa ise. Nke a bu ulo Nna-ukwu, okwa nke ise. Ma agafee nke enwere otutu okwa ndi ozo.

Ugbo a, yabu mgbe i chorọ ilaghachikwa azu maka obi ebere ma o bu oru ekenyere gi sitere na Nna, dika omumaatu, mgbe ahụ anyi aridata. Na maka mmeko gi na ndi mmadu gara aga, anyi

nwere ike igbazi ụfọdụ akụkọ ha, i maara kama. Naanị ụgwọ, ọ nweghi, ọ nweghi ihe mara mma gbasara ndị mmadụ a. Anyị nwere ike i gbaziri ụfọdụ ụgwọ, anyị akwụọ ya site n'ikike nke mmụọ, nwayọ nwayọ ruo mgbe anyị mesiri ọrụ anyị n'ụwa a. Yabụ, nke a bụ ụdị Nna-ukwu dị iche. Na e newekwara ndị nke si n'ụwa a, mgbe ha mechara, ha a buru Nna-ukwu ebe a, di ka ha aguchala. Ee. Ya mere, n'ime mahadum di ka anyi nwere ndi okachamara na umu akwukwo guchara ma mechaa buru ndi okachamara. E nwere kemgbe, kemgbe ndi okachamara na ndi okachamara guchara oheru, wdg. Di ka, e nwere udi Nna-ukwu ndi a.

Yabụ ụgbu a, ọ buru na i choro iga uwa nke ato, anyi ga-adi ocha kpamkpam n'akara nke kama. Kama bu iwu nke, ikọ ka i ga-aghota. Di ka anyi na-aku mkpuru oroma, anyi enweta oroma, mkpuru apul, anyi enweta apul, yabu nke a ka a na-akpo kama ahụ. O bu asusu Sansikrit maka ihe kpatara na ntaramahuhu. Akwukwo Nso anaghi ekwu maka kama ma o siri, ka isi koo, ka i ga-aghota. Nke a bu otu ihe.

Akwukwo Nso bu nkuzi Nna-ukwu nke di mpempe na n'uzo o bua ndu ya dikwazi mpempe. Ya mere na anyi enweghi otutu nkowa n'ime Akwukwo Nso. Na enyochala otutu nkowa akuko nke Akwukwo Nso ka o wee dabara ndi a akporo ndi isi nnoko a, o dighi mkpa na ha ga-abu ndi nwere mmasi nke ihe ime mmuo. I maara n'ime udi di o bua, ndi mmadu na-ere na egote ihe o bua. Brokas-enwere brokas juputara n'akuku ndu niile. Ma Akwukwo Nso nke ezie, nke anyi maara di iche nwa ntakiri, toro ogologo nwa ntakiri, mee nkowa kariya ma dikwa mfe nghota. N'uzo o bua, maka na anyi enweghi ike igosiputa eziokwu di na ya, anyi anaghi ekwu maka ya maka ndi mmadu emee si na anyi na-ekwujo ya. Ya mere na anyi nwere ike ikwu ihe anyi ga-akowa na o bu eziokwu.

Na i ga-aju m mgbe ahụ, “I na-ekwu maka uwa nke abuo, nke ato na nke ano. Kedu ka i ga-esi kowaa na o bu eziokwu. Ee e nwere ike! A ga m egosinwu na o bu eziokwu. O buru na i soro m na-aga otu uzo, otu uzo ahụ, i ga-ahụ otu ihe ahụ. Ma o buru na i

gaghị aga, yabụ na m agaghị egosinwu gi eziokwu a. Nke a bụ ya, nke a bụ ya. Ya mere enweghị m egwu ikwu nke a maka na e nwere ihe nkọwa ya. Anyị nwere ihe nkọwa na nari puku ndi na-eso n'azu n'akuku uwa niile. Yabụ, na anyị nwere ike ikwu ihe anyị mara. Ma na mụ na gi ga na-aga, i ga-aga ije. Ewepu na igaghị asi, "I ga-agara m, gwa m na gosi m ihe niile". Enweghị m ike

Dika omumaatu: o buru na m anoghi na mba jikoro onu, n'ime ulo a, o gbasaghi m, ihe o soro gi kwuo maka ime ulo a, e nweghi m ahumihe ya, o kwa ya? Yabu, anyi na onye ndu maara ihe a ga-aga. Ma e nwere m ufodu na-eso m n'ime ulo a nke si mba obodo di iche iche, ha enweela ufodu ahumihe a nke m gwara unu ndi nke emezughi ya na ufodu nke mezuru ya.

Yabu, na-agachaa uwa nke ato, nke a enweghi ka o si buru ihe niile. Ihe m gwara unu bu naani otu n'ime ihe a. Nke a bu udi akuko njem, na-ako ihe oke obere na-akowaputaghi ya n'uju. Obulagodu mgbe anyi guru akwukwo maka ufodu mba, o bughi mba ahụ n'ezie o kwa ya? Ya mere, anyi nwere otutu akwukwo maka ije njem, maka mba di iche iche n'uwa a, ma na o na-amasi anyi ije ebe aha n'onwe anyi. Anyi maara maka Spain na Tenerife na Greece, ma nke a bu naani ihe nkiri egwuregwu ma o bu akwukwo. Anyi ga-eje ebe ahụ ma anyi nwee n'ezio kwu anuri ahumihe ije ebe ahụ na nri ha ga-enye na mmiri nke osimiri di uto na omaricha onodu ihu-igwe na ndi mmadu na-eme mmadu enyi na udi ikuku o bula anyi enweghi ike ihu ma anyi na-agu ya n'akwukwo.

Yabu, n'uzo o bula, were na igafeela uwa nke ato, kedu iheozo? Ee, i ga-aga nke ka elu, nke ano. Na nke uwa ano, nke a burula ihe puru iche. Na anyi agaghị ejinwu asusu di mfe were kowaara onye nkiti ihe niile maka egwu ikpasu eze nke uwa ahụ iwe. Maka na uwa ahụ mara oke mma, na-agbanyeghi na o nwere ufodu ya gbara ochichiri, ochichiri karija oku eletriki ewere na New York. I nweela ahumihe nke obodo niile, zuru oke no n'ochichiri? Ee! O di ochichiri karija nke a! Ma tupu i ruo n'ihie, o di ochichiri karija nke ahụ. O di ka obodo ajuru. Tupu anyi eruo nghota Chukwu, a

kwusiri anyi, n'ebe ahụ. Ma na Nna-ukwu soro, Nna-ukwu nwere ahumihe, i ga-agafenwu ya, ewepu anyi enweghi ike ichota uzo n'udi uwa a.

Mgbe anyi ruru elu obibi ndu di iche iche, anyi enwetala o bughi naani mgbanwe nke mmuo ma nke anu ahụ, mgbanwe icheputa ezi echiche na ihe niile nke ndu anyi. Anyi na-ele ndu anya n'uzo di iche, anyi a na-eje ije di iche, anyi a na-arụ oru di iche. Obulagodu oru anyi, oru kwa ubochi anyi ga-enwe nghota di iche na anyi aghota ihe kpatara anyi ji aru oru n'uzo a, ihe kpatara anyi ga-eji no n'oru a ma o bu ihe kpatara anyi ga-eji gbanwe oru ahụ. Anyi aghota ebumnuche nke ndu anyi, yabu anyi agaghi na-enwezi mgbakasiahu na nsogbu, ee! Ma anyi ga-eche na nkwekorita, nwee ndidi ka oru anyi bjara n'uwa gwuchaa, maka na anyi maara ebe ozọ anyi na-aga. Anyi maara ihe anyi ji diri ndu. Nke ahụ bu ihe ekwuru, "inwu onwu ma di ndu" Ee,ee! Na echere m na ufodu unu anula ihe di otu a mbu, ma amaghi Nna-ukwu o bu la nke ga-ekwu iche, sososo na anyi ga-enwe ahumihe ezi anuri nke ohu di n'ime.

Kedu ka onye na-akowa- Ebum Mesedez Benz n'uche n'udi di iche. O ga-aburiri otu ihe. Yabu, onye o bu la nwere Mesedez Benz, nke maara Benz, o ga-akowa otu ihe ma nke a bughi Benz. Yabu, obulagodu na a na m agwa gi okwu n'asusu nkiti, ma ihe ndi a abughi ihe nkiti na ihe ndi a bu ihe anyi ga-ahu n'aka anyi, were oru, ezi obi na onye ndumodu. O di mma karja otu ahụ. Na-agbanyeghi ikekwe o mee, otu n'ime ijeri, na anyi gamenwu ya n'aka anyi, ma ihe egwu so ya, idi egwu so ya na enweghi nsonazu di mma, na adichaghi mma .

Ufodu ndi mmadu n'oge gara aga, dika omumaatu Swedenborg. O nwere ka o si mee ya n'aka ya. Ma o bu eleghi anya Gurdjieff, o kwesiri ka o buru na o mere ya n'aka ya - gaala uzo niile n'onwe ya. Ma mgbe m guru ufodu ndi mmadu, oru a, onweghi mgbe ha e nweghi ihe egwu na otutu nsogbu. Ma o bughi ihe mkpa na ha niile ruru okwa kachasi elu.

Yabu, mgbe i gachara n'okwa di elu karja. Agachaa nke anọ, i gaa n'okwa di elu karja, n'ulo nke Nna-ukwu nke bu okwa

nke ise. Nna-ukwu niile si ebe ahụ were na-abịa. Na-agbanyeghi na ọkwa ha karịrị nke ise, ha ga-anọ ebe ahụ. Ọ bụ ebe obibi ndị Nna-ukwu. Mgbe agachara nke a, enwere ọtụtụ ụdị nke Chukwu, nke siri ike nghota. Egwu na-atụ m igbagwoju gi anya, yabụ ikekwe oge ọzọ a ga m agwa gi, ma ọ bụ na o nwere ike mgbe anabatachara gi mgbe i ga-adị nkwado karịa, a ga m agwa gi ọfọdu ihe di egwu banyere echiche gi. Otu oge ọfọdu ọ na-eme ihe adighi mma banyere ọtụtụ echiche gbasara Chukwu.

Ebe Ajuju na Aziza

Ka nkuzi gachara

Ajuju: I kwuru na Nna-ukwu nwere ike igbaziri kama mmadụ. N'ụdị a, kama ndị mmadụ nke a ga-ehichapu? Kedu ihe ọ ga-aputara ndị mmadụ a?

Nna-ukwu: Nna-ukwu nwere ike ihichapu kama onye ọ bụla. Ọ bụrụ ihe a ka Nna-ukwu choro ka ọ mee. N'ezie ndị nsonazụ n'oge nnabata ha, kama nke gara aga niile, a ga ehichapu ya. Naanị kama nke di ugbo a ka m ga-ahapuru gi, ka anyi were na-ebi ndu, ewepu ya anyi anwuo ozigbo. O nweghi kama-agaghi ebinwu ebe a. Ya mere na Nna-ukwu ga-ehichapu naanị kama edosara, onye ahụ adị ọcha, ma hapuru ya ntakiri kama ka ọ wee na-ebi ndu ya, ka ọ wee mee ihe ọ ga-eme na ndu a. Nke a mechaa- ọ gwu. Nke a kpatara ọ ga-aga, ewepu kedu ka ọ ga-esi ga? Ọbụlagodu na ọ di ọcha n'ụwa a, kedu ụdị ọcha? Na kedu maka ndu nke ochie, i ghotara?

Ajuju: kedu ihe ibu n'uche inweta maka ọru a?

Nna-ukwu: Kedu ihe ibu n'uche inweta? Agwabeghi m gi?. Iga njem gafee uwa a, laghachi azu n'ala eze nke Chukwu, mara amamihe gi, na buru ezi mmadu n'uwa.

Ajuju: Enwere kama n'ala eze niile?

Nna-ukwu: O bughi ala eze niile, naani ruo n'ala eze nke abuo maka uche anyi, uburu anyi, igwe komputa, emebere ya n'ebe nke abuo a. Mgbe anyi ridachara, site n'ebe nke kachasi elu ridata n'ebe a na-ahu anya, ka ewee ruo ufodu oru, o kwa ya, dika omumaatu, obulagodu ndi isi na-esi n'okwa nke ise ridata n'elu uwa. o ga-aga n'ebe nke abuo wee nwelite komputa a were dozie ya, ka o were ruo oru n'uwa a. Di ka onye na-adanye n'ime osimiri. O ga-akwado site na-itinye ihe nkpuhi ihu nke okusigin na ihe niile. O masikwa na ya onwe ya adighi ato ochi, ma mgbe o yiri nkpuhi ihu okusigin na akwa o ji adanye na mmiri, o di ka awo. Otu a ka anyi si adi mgbe ufodu ya na...komputa a na ihe mgbochi anu ahu. Ewepu nke a anyi mara mma zuru oke . Obulagodu na i chere na i mara mma ugbo a, i joro njo tunyere n'ihe ibu n'ezie, maka ngwaoru niile anyi ga-eyi na anyi choror idabanye n'ime uwa nke a ka anyi ruo oru.

Ma mgbe anyi gafere okwa nke abuo ka anyi rigoro, anyi ga-ahapu komputa anyi ebe ahu, anyi enweghi uru ya ebe ahu ozor. Di ka otu onye na-adanye na mmiri ruru n'ikpere mmiri, o tufuo ihe nkpuhi ihu okusigin niile na ihe akorongwa niile o ji adanye na mmiri, o wee dikwa otu o di na mbu. Ee! O di mma!

Ajuju: I siri na ngwucha nke uwa abuo, tupu irigoo, na i ga-ahapu kama gi niile ma o bu kpebie ma o bu hichapu karma gi niile. Nke a putakwara karma niile nke ndu gara aga nke i jiri bia n'uwa a?

Nna-ukwu: Ee. Maka o nweghi "komputa" ga-edeputa ihe o bu. Anyi nwere karma maka n'anyi nwere komputa ,uche anyi, uburu, nke oru ya bu ideputa ahumihe nke uwa anu ahu a. Nke a kpatara anyi jiri nwe ya. O di njo ma o di mma, anyi ga-edeputa ya n'ime ya. Nke a ka akporo karma. Karma bu ginji?, Naani ahumihe, o di

njọ ma ọ bụ ọ dị mma, ngosi mmetụta anyị, ahụmihe anyị mutara n'ime ọtụtụ ndụ. Na maka na anyị nwere nke akporo mmụo, anyị maara na anyị ga-adị mma ma na mgbe ufodu anyị emee njọ. Ya mere anyị akpọ ya karma. Na ihe ojoo a, na-akwatu anyị, di ka ọtutu ahihia, akpa, maka iwu nke ike ndoro, ọ na-akwatu anyị n'ala, ma na-eme ka o sie ike irigoro elu ugwu. Maka ọtutu ezi ozuzu mmụo di n'ime uwa a, ọtutu iwu, ọtutu omenala, ọtutu omume, n'ime mba di iche iche, jikotara anyị n'ime nke a, a na-akpọ echiche maka ihe di mma na nke ojoo, ikpe omuma na idi ocha. Ya mere, mgbe anyị na mmadu nke uwa a na-ekwukorita, anyị na-enwe ahumihe nke ezigbo na nke ojoo, ikpe omuma na idi ocha di ka otu omneala anyị si di, omume nke mba ahụ, iwu nke mba ahụ. Na ọ buru omume anyị i na-iche otu ahụ a, anyị na-eme nke a, anyị nwere ikpe omuma, anyị na-eme nke a, anyị bu ndi ojoo. Na nke a, ihe niile edeputara ya n'ime ebe a. O bu ihe na-eme ka anyị gafere na mmụo na-eme ka anyị noro n'ụwa anu ahụ a ma ọ bụ uwa ka elu ntakiri. Ma ọ dighi elu nke oma. Anyi enweghi onwe anyi nke oma, Anyi adighi fecha fecha nke isere n'elu. Maka echiche a niile, n'echiche eburu n'obi.

Ajuju: O bu ihe akagoro na anyi ga-eru okwa di iche na ndu anyi oge o bua amuru anyi?.

Nna-ukwu: Mba, anyi nwere mmuo nwere onwe igbasi oso ike ma o bu nwayo. Dika omumaatu, ugbo ala gi, itinye otu nari lita mmanu ugbo ala. Ma i ga-eji ya na-agbanwu oso oso karia, ya na ruo ebe i na-eje ososo ma o bu i gaa nwayo. O diiri gi.

Ajuju: Ee! A chorọ m iju Gi naani: ndi mmuo ozi, kedu okwa ha no?

Nna-ukwu: Kedu okwa ha no? O! O dabere n'udi mmuo ozi ha bu?

Ajuju: Mmuo ozi nke ndu.

Nna-ukwu: Mmụọ ozi nke ndụ, ha nwere ike ruo ọkwa nke abụọ. Mmụọ ozi pere mpe kariya mmadụ – ugwu pere mpe. Ha na-ejere anyị ozi.

Ajuju: Ma ha anaghị agafe nke a?

Nna-ukwu: Mba naanị mgbe ha bụ mmadụ. Ha niile na-enwe ntaji anya ebe mmadụ nọ, maka Chukwu bi n’ime ha. Anyị nwere akọrọngwa niile anyị na Chukwu ibụ otu, ndị mmụọ ozi enweghị. Ogbagwojuru anya. A ga m agwa gị okwu ụbọchị ọzọ.

Enwere ihe emebere anyị iji ruo ọrụ – ụdị mmụọ ozi dị iche iche. Dịka ọmụmaatụ, Ọ buru Chukwu mebere ya, ị mara na ọ bụ ka ọgbaara anyị odibo. Na ha agaghị – agaghị agafe nke a. Ma ha nwere ike. Mgbe ụfọdụ, emeputa ihe na-akwadoghị ya nke ọma idozi ka ọ maa mma.

Dịka ọmụmaatụ, n’ime ụlọ gị ụfọdụ ihe bụ ihe ka meputara maka ọnọdụ ịdị mma gị, ọbụlagodu na ọ dị iche. Ọmụmaatụ, ị nọ ebe a ya ma na ị ga-etinyenwu ọkụ gị ma mgbanyu na ngbanwu n’ime ụlọ gị niile na ubi gị, na gbanwuo na gbanyuọ igwe onyonyo gị, maka na ị meputara ya maka onwe gị, ma nke a bụ naanị ka ọgbaara gị odibo. Maka na ọbụlagodu na ọ ka gị mma n’akụkụ ụfọdụ, ị ka ọ ga-anọ ebe a na na-ejikwa ihe niile ma na ị nweghị ike na mbọ mmadụ. Ma nke a abughị na ọ ka gị mma. E mere ya naanị ka ọ gbaara gị odibo. Ọbụlagodu na ọ ka gị ma, ma ọ bughị. Ọ dị mma! Ọ dị mma! Ọ gaghị abunwu mmadụ, kọmputa.

Ajuju: Nna-ukwu ching Hai, a chorọ m ịma – na maka na anyị nọ n’anụ ahụ ugbu a, ọ nwere ike buru na anyị dara site na ị nwere onwe anụ ahụ anyị na mbụ? Anyị ọnọbụ n’okwa a ka ọ bụ na anyị nọbụ n’okwa ka mma na mbụ, ka ọ bụ naanị okwa a? Kedu ezi ọnọdụ omume ma ọ bụ ezi agwa ga-eme ka ị gaa n’ihu?

Nna-ukwu: Ka ịhapu anụ ahụ gaa n’ihu? Ee! anyị nwere ike ma ọ buru na anyị mara otu a ga-esi eme ya. Enwere ọtutụ ụzọ esi ahapu anụ ahụ were gafere ụwa a. Ụfọdụ anaghị agate aka, ụfọdụ na-agate aka, ma ụfọdụ na(-) aga na njedebe. Yabụ site na ntuyere m megoro

na nyocha dị iche iche m mere kemgbe m bụ nwata – na-agbanyeghi na m dị ka nwatakiri ugbu a, ma a bụ m nwata kariya mgbe ahụ, ụzọ anyị ebe a kacha mma, Ee! I ga-ebe dikariri anya, dikariri anya, njedebe di anya.

Enwere ụzọ di iche iche , i horo ihu ya, i nwere ike horo. E nwere otutu n'ahia, ufodu na-eje n'awa kpakpando, ufodu na-eje nke ato ma o bu nke ano ma o bughị otutu na-ejenwu na nke ise. Yabu, uzọ anyi , omume anyi bu ka anyi duru gi ga na nke ise tupu anyi ahapu gi . Hapu ka i gaa n'onwe gi. Na agafe nke a, anyi nwere ike biakwute akuku Chukwu di iche, ma agafe ebe nke ise, ma o naghị adi uto oge niile.

Anyi na-eche mgbe niile na mgbe o kachasi elu ka o ka mma, ma o naghị abu eziokwu mgbe niile. Dika omumaatu, mgbe ufodu anyi na-aga n'obi eze mara mma ma o buru na-akporo anyi n'ime ulo obibi nke Nna-ukwu. Anyi tukwuru ebe ahụ e were nye anyi ihe ohuhu juru oyi na ezigbo oriri na ihe niile. Anyi e wee chee ka anyi baa n'ime miri emi nke ulo ahụ, ka anyi lee anya. Ma anyi ga-abata ebe ahia di wee mara otutu ihe gbasara ulo a. O naghị adi mkpa oge niile. Na n'ime ulo oku, anyi banyere n'ebe ulo eletriki, nke di n'azu ulo, agafee ulo, anyi wee nwee nkujja wee nwuo ebe ahụ. Yabu na o naghị adicha mkpa ma o bu nwee nkwa gide ka a ga n'ime ime, ma anyi nwere ike mee nke a maka ihi njem.

Ajuju: Enwere m ajuju abuo. Otu bu, kedu uwa echiche ndu gara aga si abia, o buru na i nwee echiche ndu gara aga? Na nke abuo, kedu ka ndu gara aga si emekorita na karma ugbu a na nghota mmadu nke ugbu a. Ha bu oke na “ibu kariiri akari?”

Nna-ukwu: Ee,Ee. Ha na-emekorita nke ukwu. Ajuju nke mbu, kedu ebe karma gara aga si abia? I nwere ike guo ederede ndu gara aga, nke a bu n'ezie. N'ederede ndu gara aga, ka m si gwa gi, si n'ederede akashic. Ee. Na nke a bu udi oba akwukwo di n'awa nke abuo nke onye o bu la ga-erunwu ebe ahụ ga-enweta. O bughị onye o bu la nwere ike iga n'oba akwukwo mba jikoro onu ma hu uzọ na ya. Ma e nwere m ike, dika omumaatu taa, maka na akporo m ka m

kwuo okwu n'ime mba jikoro onu . O Kwa ya? O bughi onye o bu la nwere ike ibanye, ma i nwere ike, maka i soro biri ebe a. Yabu, di ka mgbe anyi nwere ohere n'owa nke abuo, anyi nwere ike igu ndu gara aga. Ozokwa, mgbe anyi nwere ohere banye n'ime uwa nke mbu, ufodu n'ime ya, anyi ga-enyonye anya na ndu gara aga nke mmadu. Ma nke a adighi elu nke oma ma nwee ederede zuru oke.

Ma kedu ka ahumihe ndu gara aga si nwee mmekorita na karma nke ugbu a? Anyi nwere ike si na ahumihe ndi a bu ihe anyi mutara ka anyi were na-ejikwata ndu nke ugbu a. Ihe ndi inabatara mgbe gara aga, ya ka i ga-etinye n'omume na ndu nke ugbu a. Na di ka otutu ahumihe n'adighi mma nke uwa gara aga ga-eme ka ujo tuo gi, mgbe i huru ufodu akara nke di ka ndu gara aga. Dika omumaatu, o buru na ndu nke ikpeazu, i dapuru n'akwa esi aru elu na mberede, wee meruo ahu nke ukwu n'ime ochichiri ma onweghi onye nyeere gi aka. N'ugbu a na mgbe i na-aridata n'akwa esi aru elu, obere egwu ga-atu gi, o kachasi mgbe o di omimi na ochichiri n'okpuru, o ga-adi ka i luru ogu ma i ga-aga ma o bu igaghi. Ma o bu na ndu gara aga na i guola ma nyochaa nke ukwu ufodu nyocha ngalaba sayensi. N'owa a, i ga-ahu onwe gi ebe inwere mmasi maka ya. Yabu, i ka nwere udi ihe na-adu gi n'udi nyocha sayensi, na-agbanyeghi na ibughi udi oka mmuta sayensi. Na ihe di otu a.

Nke kpatara Mozart, bu onye mmuta puru iche mgbe o di o gbara afu ano. O gara ngwangwa n'ube wee buru onye amara amara ruo ugbu a. O bu onye mmuta puru iche maka na o muola omume n'otutu ndu ruo okwa nna-ukwu, ma na o nwuru ka nke a gachara tupu o ruo n'isi aka oru ya, o nwuru nke na-onweghi afu ojuju ihapu aka oru ya n'hi na o huru egwu n'anya. Ya mere na o laghachiri azu, ahumihe niile o mutara site n'oniyine egwu mgbe ochie biakwutere ya, maka na o nwere nnukwu mmasi imalite mgbe o nwuru.

Na ufodu ndi mmadu a na-amuta ihe a n'owa kpakpando ma o bu uwa nke abuo tupu amuo ha n'ime uwa ozo. Ya mere ha ji nwee oniyine di iche na sayensi ma o bu egwu, ma o bu ederede ma o bu ihe nchoputa o bu la, nke ndi mmadu ozo amaghi. I huru, udi ihe

nchọputa pụrụ iche nke ndị mmadụ ọzọ enweghị ike nghọta na nke ha enweghị ike irọ na nrọ nchọputa. Maka na ha ahụla ya, ha amụtala ya.

Ya mere, ụdị mmụta abụọ dī n'ụwa a ma ọ bụ nke dī ma agafee ụwa. Ndị nke nwere onyinye na ndị dī oke mma, dī ka ndị oke amamihe, ha bụ ọkachamara nke si n'ụwa dī anya, dī ka n'ụwa kpankpando, ụwa nke abụọ, mgbe ụfọdụ n'ụwa nke atọ ma ọ horo ilaghachi azụ. Ha dī oke mma. Ndị a nwere mmụta pụrụ iche.

Ajụjụ: Kpọmkwem, kedu ihe dī na nnabata Gị na mgbe anabatara mmadụ ahụ, kedu ihe dī n'omume ụbọchị ọ bụla.

Nna-ukwu: Nke mbụ, ihe niile a anaghị ana ego ma enweghị nkwekọrita dī ya, naanị na ị ga-ekwekọrita n'aka gị, ma ọ bụrụ na ịchọrọ ịga n'ihu? Yabụ, ọnọdụ ya - achọghị ahụmihe ị nwere. Achọghị amamihe ị nwere na mbụ banyere yoga ma ọ bụ ntughari uche ọ bụla. Ma mgbe ahụ, ị ga-etinye onwe gị na ndụ onye anaghị eri anụ, akwa, mmiri ala ehi, mmiri ara ehi furu afu, ọ dī mma. Ihe ọ bụla ọzọ na-enweghị igbu ọchụ dī mma.

Akwa maka na ọ nwere ọkara ọnwụ, na-agbanyeghi na ọ nweghị ike omumụ. Na ọzọkwa bụ na ọ nwere ụdị omume nwere ike dorọ ikike adighi mma. Nke a kpatara na ọtutu mmadụ nke ngalaba anwansi oji na nke ọcha, ma ọ bụ ndị voodoo – nke akporo voodoo – ha na-eji akwa adoro ụfọdụ ihe dī adi n'ime ndi nwere ajo mmuo. Ma ị ma ya ma ọ bụ na ịmaghi ya? (Otu onye azaa: Ee) Ị ma? Oo, nke a dī mma! Opekampe, enwere m ihe n'ezie na ọ bụ eziokwu ozigbo, ma ọ bụrụ n'obughị mmuta dī elu ozigbo, maka gị (ochi).

Oge nnabata, ị ga-enwe ahụmihe ihie na ụda nke Chukwu. Egwu nke mmuo, ọ ga-adoro gị ruo n'okwa nke mmuo dī elu. Ị ga-aghota uto Samadhi - udo miri emi na anuri. Na mgbe nke a gachara, ị ga na-amu ya n'ulo gị, ma ọ bụrụ na ọ dī gị mkpa. Ọ bụrụ na ịdighi, enweghi m ike ita gị ahuhu, enweghi m ike inye gị nsogbu ọzọ. Ọ bụrụ na-aga n'ihu ma na ị choro ka m nyere gị aka wee ruo n'isi, ya na ngabakwa n'ihu. Ọ bụrụ n'imeghị - ị ga-ahu na ọ bụ otu a. Na elekere abuo na okara nke ntughari uche kwa ubochi.

Bilie n'isi ụtutu, tupu ịlaruo ura - were elekara abuo tugharia uche na enwere ike okara okara elekere n'oge nri ehie. Mgbe m a na-anoghi ebe a ikwu okwu, i nwere otu elekere iri nri ehie. I nwere ike zoo otu ebe na-atughari uche. Nke a abula otu elekere. Ma n'abali, i weputa otu elekere ma o bu okara. N'ututu, i were otu elekere bilie n'oge kara.

Dozie ndu gi, obere TV, obere asiri, obere igwe okwu, obere akwukwo mgbasa ozi, mgbe ahụ i nwee otutu oge. Ee. N'ezie anyi nwere otutu oge ma anyi na-ala ya n'iyi. Di ka ugbo ala anyi i na-agba oso n'azu ulo kama ije Long Island, Ee. I nwere ojuju afọ na nke a? (onye ajuju: Ee!) O nweghi onodu o bula maka gi, o nweghi iheozo naani ma itinye onwe gi n'omume a na ndu gi. Na ubochi obula i ga-enwe ngbanwe di iche nke di mma, na oru ebube di iche iche na ndu gi, o bughikwa na i chorọ ya. O ga-eme n'uzo obula. Mgbe ahụ i ga-ahụ n'ezie, ihe o bu elu igwe idi n'ụwa, o buru na o di gi mkpa n'ezie. Otu a ka otutu nari n'uzo puku na-eso anyi siri nodu, siri nodu n'aka m mgbe otutu afọ gachara, maka na ha na-enweta ahumihe di mma, maka na o di ha mkpa ma ha na-eme ya.

Ajuju: Biko kowaa udi nke mmuo.

Nna-ukwu: Udi nke mmuo, o di mma. O siri ike nkowa ma i gaeji ogugu isi gi wee chee ya. O bu udi amamihe, di ka i si mara ihe kara ka isi mara na mbu. Ee. I ma ihe gafere uwa nke a, ya na i maara ihe n'ụwa nke a nke n'imaghi na mbu, na i na-aghota otutu ihe nke inaghi aghota ma o bu nke ighotaghi na mbu. Nke a bu Mmuo a.

Ma ozokwa, mgbe imeghere mmuo a, ma o bu nke akporo amamihe, i ga-aghota n'ezie onye ibu na ihe iji bia ebe a, na ihe nke di n'ụwa ma agafere ya, na kedu onyeozo, agafere ma o bu ndi amaala nke uwa anyi. Enwere otutu ihe. Yabu na okwa nke mmuo bu okwa nghota di iche, di ka onye guchara n'ulo akwukwo di elu. Ka i na-agu, ka i na-amata ruo mgbe iguchara.

O siri ike ikowaputa ihe adighi ahụ anya, ma anwaala m. O bu udi nke nghota. O siri ike ikowa ima banyere ihe. Mgbe i gara ebe

dị iche, ọkwa nke mụọ dị iche, ihe ịmatara ga-adị iche. I ga-ama ihe otu dị iche, ị ga-enwe mmetụta otu dị iche. O ga-adị gi ka kpmkpam na udo, dara juu, oke ọhụ. Igaghị enwe mmekpa-ahụ, na ihe niile nke ụbọchị ndụ gi ga-adị sachaa ebe inọ. I ga-ama ka esi ejikwa ihe na ka esi edozi nsogbu nke ọma karịa. Ọbụlagodu na uru ya adịla n'ọkwa ahụ. Na n'ime gi, ka isi enwe mmetụta nke a bu naanị gi ma. O siri ike ịkọwa ihe ndị a. Dị ka otu isi alu nwanyị ihurū n'anya, ka o si dị gi, naanị gi maara nke a. O nweghị onye ga-enwere gi mmetụta nke a.

Ajuju: Nna-ukwu nwere ugwu, daalu maka nghọta nke inyere anyị. Ana m eche na I ga-ekwu banyere onwe gi ka ihe dị m n'ime mmụọ. Kedu ihe kpatara na ọtụtụ ndị Nna-ukwu nọ n'ụwa taa na-enye anyị ohere ịmụta ọsọsọ; ma n'oge gara aga o siri ike? I nwere ike ikwu banyere nke a?

Nna-ukwu: Ee, n'enweghị mgbagha. Maka na oge anyị, mgbasa akụkọ ka mma. Yabụ na anyị ma karịa maka ndị Nna-ukwu, na ọbụghị n'oge ochie na Nna-ukwu adighi, ma ọ bụ na anaghị ahụ Nna-ukwu. N'eziokwu, ọ bụ eziokwu na a na-enweta ụfọdụ Nna-ukwu karịa ụfọdụ. O dabere na nhoro ya ma ọ bụ mmasị ya inye ma ọ bụ mmekọrịta ya na ndị mmadụ gburugburu. Ma na, n'oge ọ bụla, a n'enwekarị Nna-ukwu otu, abụọ, atọ, anọ, ise. Dabere n'ihe oge ahụ choro. Naanị na anyị mara karịa n'otụtụ Nna-ukwu nke ọkwa ya dị iche, maka n'oge a, anyị nwere ihu ọma na anyị nwere ụzọ mgbasa ozi, nwee igwe onyonyo, igwe mgbasa ozi na-ekwu okwu na akwukwọ nke anyị na-ebiputa n'ijeri, na ndeghari puku ụzọ nke ijeri na-egbughị oge.

N'oge ochie, anyị choro ibiputa akwukwọ, anyị ga-egbutu osisi niile na mbụ, wee were anyu-ike na-adighi mma, nke na a "anwu" n'oge n'adighi anya, na abaghị uru oge ọzọ, na a ga-eji okwute na ihe niile ndị ọzọ kichaa ya, wee na-atunye okwu otu n'otu. Na mgbe ị choro ịnwefe igwe Akwukwọ Nso, ọ ga-ewere nnukwu ụgbọ ala mgbe ahụ. Ya mere anyị jiri mara ọtụtụ Nna-ukwu.

Ee, yabụ ọ bụ ihu ọma, nke bụ ihe dị mma maka onye nwere - ị nwere ike ịzụ ahịa, ị nwere ike ịhọrọ ihe ị chọrọ. Yabụ na ọnweghị onye ga-aghogbu gị na-asi, “A bụ m ọkacha mma”. Ee, ị nwere ike nwetunyere, na-eji amamihe gị, ọgugu isi wee kpe ikpe; “Oo, nke a ka mma”, ma ọ bụ. “A hụrụ nke ọzọ a n’anya karịa”, ihu ya dị njoy”, Oo, nke ahụ- jorọ njoy”(ọchị).

Ajuju: Ebe ikwugoro maka azumahia, ị nwere ike tule inabata onye Nna-ukwu ọzọ nabatagoro.

Nna-ukwu: E nwere m ike, naanị ma onye ahụ kwere n’ezie a m nwere ike karịa, idu ya jee n’okwa dị elu karịa na ọsọsọ. Ewepu nke a, ọ ka mma ikwudo n’otu Nna-ukwu onye nwere, ma ọ buru na onye ahụ nwere mmekọ nke ukwuu, ma nwekwa okwukwe n’ime Nna-ukwu ahụ. Ọ buru n’ikwenyere na Nna-ukwu gị bụ ọkacha mma kemgbe, agbanwela. Ọ buru na ị ka nwere mgbagha na ọ burukwa n’inwebeghi ihie na ụda nke m kwuru, yabụ na ị ga-anwale. Ee, maka na ihie na ụda bụ eji atunye ọhara maka ezigbo Nna-ukwu. Ọ buru na ọ nwere onye n’enweghi ike inye gị ihie na ụda ozigbo, ọ bughị ezigbo Nna-ukwu, ọ dị m mwute ikwu ya. Uzo nke elu igwe juputara n’ihie na ụda.

Dị ka ị gaa idanye n’ime osimiri, ị ga-adị nkwa nke na mkpuchi ihu ọkusijin na ihe ndi ọzọ. E nwere nke ọ bula maka ọru di iche iche. Nke kpatara ị ji ahụ okirikiri oku n’isi ndi nsọ niile. Nke a bụ oku. Mgbe ị na-eme ụzọ a, ị ga na-achaputa oku di ka esiri see n’esere Jesos, ma ndi mmadu nwere ike ihu ya. Ọ buru na ndi a bu onye maara ihe gbasara mmuo, ha nwere ike ihu ihie gi. Nke a kpatara eji see okirikiri oku na Jesos, na eji oku esekwa Buda n’akuku ha. Ị ga-ahụ ndi na-amu nke okwa di elu, nwere oku ma ọ buru na-emeghere gi. (Nna-ukwu a tuo aka n’anya amamihe ya). Otutu ndi mmadu nwere ike ihu nke a. Ọ nwere onye n’ime unu huru ndi no ebe a? Gi? Kedu ihe ị huru?

Ajuju: Ee, A na m ahụ ebube, ebube...

Nna-ukwu: Ee! ma na ebube dị iche na ihie. Ebube n'enwe agba dị iche iche, mgbe ụfọdụ agba oji, mgbe ụfọdụ aja-aja, agba na-acha aja aja, na mgbe ụfọdụ edo edo ma ọ bụ mgbe ị huru onye nwere ebube mmụọ siri ike, ị ga-ama na ọ dị iche. Ọ kwa ya?

Ajuju: Ọ bụchaghị na m nwere ajuju. Ọ bụ naanị - a na m emebu raju yoga nwa oge. Na echere m na m hụkwara ebube. Eche m n'oge ahụ, na-enweghị m mmụta nghota nnukwu.

Nna-ukwu: Ị naghị ahụ ya ugbo a? Ị na-ahụ naanị mgbe ụfọdụ?

Ajuju: Mba, anaghị m atugharị uche ugbo a.

Nna-ukwu: Oh, nke mere ya, ịji tufuo ikike gi, ikwesiri itugharị uche gi ọzọ. Ọ buru na ị ka kwenyere n'uzo ahụ, ikwesiri itugharị uche. Ọ na-enyere gi aka nwa ogologo oge. Ọ gaghị emeru gi ahụ. Ọ dị mma?

Ajuju: A huru m n'iberibe akwukwo gi na-enwere iwu ndu ise. Ozigbo anabatarara gi, ị ga-ebi ka iwu ndu ise a siri kwuo.

Nna-ukwu: Ee, ee, ee. Nke a bụ iwu elu uwa.

Ajuju: Aghotaghị m "mmegheri nke mmeko nwoke na nwanyị".

Nna-ukwu: Ọ putara na ọ buru na inweela di na mbu, biko echekwala maka nke abuo, (ochi), ọ di mfe. Mee ndu gi ka ọ di mfe, n'enweghị ngbagwoğu anya na ise okwu maka mmetuta nke mmuo. Ee, ọ na-ebute inwe mmetuta imebi ihe maka ndi ọzọ. Anyi anaghị emeru ndi ọzọ ahụ, obulagodu mmetuta nke ime mmuo. Nke a bu ihe ọ bu. Anyi na-agba mbọ izere esemokwu, na-agba mbọ izere ahuhu mmetuta mmuo, anu ahụ, ako na uche maka onye ọ bula, ọ kachasi ndi anyi huru n'anya, ọ gwucha.

Ọ buru na inweela otu, agwala ya. Ọ na-ewute kariya ma ị gwa. Naanị dozie ya nwayo na juu, ekwuputakwala ya. Maka mgbe ụfọdụ ndi mmadu na-eche na ha gbaa n'ezi, na ha wee laa ulo, kwuputara nwunye ha ma ọ bụ di ha, na nke a bụ amamihe na ezikwu. Nke a bụ enweghị uche. Ọ dighi mma. Imehiela, kedu ihe

ị na-ebulata ahijia gi ulo ka ndi ozo nwe obi utu na ya? O buru na o maghi maka ya, o gaghi ewute ya. Ima ihe na-adị nwute. Yabu, anyi ga-edozi nsogbu a, ghara inwe ya ozo, nke a ka mma. O ka mma n'igwaghi onye gi na ya na-emeko ihe maka nke a, maka na o ga-ewute ha, wutekwa onye gi na ya na-emeko ihe.

Ajuju: A hutala m na otutu ndi Nna-ukwu na-enwe ohu ito ochi. Kedu ihe jikoro ito ochi na omume ime mmuo?

Nna-ukwu: Oh, echere m na ha na-enwe mmetuta ahuri, na ezumike na obi di mfe maka ihe niile. Na nwere ike ichi onwe ha ochi, na ndi ozo, chia ochi gbasara ihe na-atu ochi n'ua a mgbe otutu ndi mmadu na-ejisi ike ado ihe na were ihe niile n'ike.

Mgbe anyi mechara otu o bula, anyi ga-ahapu "onwe", anyi agaghi na-ewere ihe niile n'ike ozo. O buru na anyi anwo echi, anyi anwo, o buru na anyi adiri, anyi adiri. O buru na anyi atufue ihe niile, anyi atufue ihe niile, o buru n'anyi enwe ihe niile, anyi enwe ihe niile, anyi nwere amamihe zuru oke na ike mgbe emechara mmuta di elu ileketa onwe anyi anya n'onodu o bula. Yabu na egwu ihe o bula anaghi atu anyi. Anyi ga-atufu egwu, anyi ga-atufu nchekasi. Nke a kpatara anyi ji nwe ezumike. Anyi ga-atoghapu n'ua a. Ihe o bula anyi nwetara ma o bu tufuo, agaghi abu nnukwu ihe ozo. O buru n'anyi enwe otutu ihe, o bu naani maka uru ndi mmadu, ya mere anyi ga-enye; maka o di mma ndi anyi huru n'anya. Ewepu, anyi agaghi na-atule maka onwe anyi ma o bu ndu anyi, nke di mkpa ma igabiga nsogbu na ahuhu niile ichekwa ya. O buru na anyi echekwa ya, o di mma, o putaghi na anyi no n'akwa ubochi niile n'akwa nto ma na-atughari uche. Ma anyi na-arụ oru.

Dika omumaatu, a ka m na-arụ oru, a na m ese ihe, na oru aka m ka m wee kpata ego. Yabu na m achoghi i nara enyemaka n'aka onye o bula. Ma obulagodu, na ihe m na-akpata buru ibu na nga m enyere mmadu aka. E nwere m ike nyere ndi na-agba oso ndu aka, ndi na-ata ahuhu ihe mberede na ihe ndi ozo. Kedu ihe kpatara na anyi agaghi aru oru? Maka na anyi nwere nnukwu

onyinye na ike, na ndụ dīrī anyị mfe mgbe anyị nwetachara mmụta dī elu, nke na ọ dī anyị ka ọ bụ na-enweghị mkpa iche echiche. Anyị na-ezuru onwe anyị ike. Otu a ka esi amụta ọnọdụ obi uto. A na m eche na ọ bụ otu ọ dī.

I na-ahụta m ka onye na-enye obi uto? (Nnọkọ igwe mmadụ : Ee) (ọchị na ikụ aka). Nke nwere ike, E nwere m ụdị Nna-ukwu m bụ? (ọchị). Ka anyị n'atunanya, n'ihī gi, ka i ghara iji elekere abụọ gee onye na-enweghị mmụta nti- laa oge n'iyi.

Ajuju: Ajuju nke anyị, dī ka mkpuru obi na-achọ, na-aju mgbe niile, anyị na-enweta usoro iwu na akukọ, na achoro ka m nu ihe i ga-ekwu banyere ha. Nke mbụ bụ; onye ka anyị bụ? Onye ka m bụ? Na kedu ka m si danye n'ajọ ọnọdụ a, nke na m ga-alaghachi azu n'ulo? Kedu ka m si hapu ulo na kedu ihe o ji dī mkpa na m ga-alaghachi azu n'ulo? Na i kwuru maka ilaghachi azu n'ụwa nke ise, na odighi mkpa i ga n'ihu karija nke ahụ. Ma ọ buru na ọ nwere ihe dī n'ihu karija nke ahụ, keduzi ihe bụ ebun n'uche ya? Kedu mmekorita ọ nwere n'ebe m nọ ma ọ buru na odighi m mkpa ilaghachi azu ebe ahụ?

Nna-ukwu: O na-atọ ọchị ugbo a? (ọchị na ikụ aka) ọ dī mma. Gbasara ajuju nke “ onye ka m bụ”, i nwere ike iga juo Nna-ukwu Zen, nkejuputara n'obodo New York. I nwere ike ile anya n'ibe akwukwo na-acha edo edo ka ihu otu.(ọchị). A bughị m oka mmuta na nke a.

Na nke abụọ, “kedu ihe iji noro ebe a? O nwere ike buru maka i choro ino ebe a. Ma ọ bụ onwere ihe ga-akwanye anyi ino ebe a, ebe anyi bu umu nke Chukwu. Ndi nke akporo umu nke Chukwu di ka Chukwu nonwe ya. Mba? Nwa eze di ka Eze, n'akuku ufodu, ma ọ bụ opekampe di ka eze, ma ọ bụ eze di n'ihu. Yabu, naani mgbe ọ choro ino otu ebe, mgbe ahụ ọ ga-anọ ebe ahụ. N'uzo ọ bula, anyi nwere uche nwere onwe i horo ino n'elu igwe ma ọ bụ ebe ozọ ka anyi jiri aka anyi nonwe anyi hu. Nke a – ikekwe i horo ino ebe a na mbido, otutu afọ gara aga, ka imuta ihe

njem karịa, ihe na-eyi egwu karịa. Ụfọdụ ndị mmadụ na-ahụ ihe na-atụ egwu n'anya.

Dika ọmụmaatụ, nwa eze, ọ nwere ike nọrọ n'obi eze, ma ọ nwere ike na-akwughari n'ajọ ọhịa n'ihie na ọ hụrụ ịchọputa ihe n'anya nke ukwu. Ọ nwere ike ịdị otu a. Ọ nwere ike buru na anyị nọ nkiti, nọ nkiti n'elu igwe, n'ihie e doziela ma dobere anyị ihe niile n'ọnụ ụzọ obi eze anyị, yabụ anyị chọrọ ịmere onwe anyị ihe. Dị ka ndị ụlọ obibi eze, mgbe ụfọdụ ha ga-achọ isiri onwe ha nri, na ha achoghị ndị odibo ka ha nọrọ nso. Na ha ete onwe ha ketchupu na mmanụ, n'ebe niile, ma ha hụrụ ya n'anya. Ọ naghị a di ka ihe nwa eze, ma ha hụrụ ya n'anya.

Yabụ dika ọmụmaatụ, enwere m ndị mmadụ na-anya m. Ebe ọ bụla m gara, ndị mmadụ ga-achọ ịnya m. Ma mgbe ụfọdụ, a na m achọ ịnya onwe m. A na m anya anyịnya igwe ụkwụ atọ m, anyịnya igwe ụkwụ atọ nke na-adighi akwụputa anwuru, a na-akwunye n'elektriki-kilomita iri na otu elekere. Ọ n'amasị m ịgaghari otu a, maka n'ebe ọ bụla m gara, ndị mmadụ na-ahụta m nke ukwu, ya mere mgbe ụfọdụ a na m achọ ịga ebe ndị mmadụ amaghị m. Enwere m ịhere beeluso mgbe m chọrọ ikwu okwu na nkuzi, maka na ọ buru ụdị ọrụ ugbo a kemgbe ndị mmadụ kpọtara m ma mee ka m buru onye ama ama ruo ma ugbo a. E nweghị ike ịgba ọsọ oge niile ma mgbe ụfọdụ a na m agbapu ọsọ, ọnwaa abụọ-atọ. Dị ka nwanyị a na-eme nwa gbara ọsọ n'aka di ya. Na nke a bụ ihe m hōrọ.

Yabụ ikekwe ị hōrọla ịno ebe a nwantiti oge. Ma ikekwe ugbo a ị chọrọ ịla maka ị mụtachala maka ụwa a, na ị na-eche na ọnweghị ihe ọzọ ị chọrọ ịmụta, na ike agwula gi iji eme njem. Ị chọrọ izu ike. Laa ụlọ, buru ụzọ zuo ike. Ma lee ma ị chọrọ ije ọzọ ma ọ bụ na-ichoghị, na njem di egwu. Nke a bụ ihe m nwere ike ikwu ugbo a.

Ma kedu ihe ị chọrọ ịla n'ụlọ? Na kedu ihe o jiri wee buru nke ise na ọ bughị nke isii? Nke a di gi n'aka. Agachaa nke ise, ị nwere ike ịga ebe ọ bụla ị chọrọ. E nwere okwa otutu ma irigoro. Ma ọ di mma karịa, ọ di sacha sacha karịa ịno ebe ahụ. O siri

nnukwu ike, nrigo n'ihu, o nwere ike otu a. I nwere ike iga ntakiri oge, ma ikekwe igaghị achọ izu ike.

Dika omụmaatụ, ụlọ gi mara mma, ma enwere ebe ụfọdu n'ụlọ gi bụ maka ozuzu ike ma na igaghị achọ izu ike ebebe ebe ahụ, ọbụlagodu na o gafere ụlọ gi. Dị ka elu ugwu, n'elu karija, mara mma karija ma o bughị ebe izu ike. Ma o bụ ngalaba oku eletriki di n'ime ụlọ gi, igwe na-eweputa oku - mkpọtụ, oke olu, okpomoku di oku, na di egwu. Yabụ na-igaghị achọ ino ebe ahụ, ọbụlagodu na o na-enyere aka n'ụlọ gi. O gwuchaa.

Enwere otutu akuku Chukwu nke anyi agaghị echenwu. Anyi na-eche mgbe o bula na ka i na-arigo elu, mgbe ahụ ihunanya karija. Ma enwere udi ihunanya di iche iche. Enwere ihunanya di mmebi, ihunanya siri ike, ihunanya di nwayo, ihunanya di sacha sacha. Yabụ na o dabere na nke anyi ga-eibunwu. Chukwu ga-enye anyi okwa oke ihunanya di iche iche. O kwa ya? Okwa di iche iche, nye ụfọdu oke ihunanya di iche iche sitere na Chukwu. Ma mgbe ụfọdu o na-esi ike nnukwu, o di anyi ka ekesara anyi na mpe mpe akwa.

Ajụjụ: A na m ahụ otutu mmebi n'akuku m - mmebi nke okirikiri. Ita umu anumanu ahuhu. A na m eche otu i si aghota nke a na ihe i nwere ike hoputara mmadu nke chorọ itohapu onwe ha n'ụwa a n'uzo nke muo, ka o nyere ha aka ijikwa okirikiri ha na ijikwa mmebi niile na-aga n'ihu n'akuku ha? Na i chere na igafe ụwa zuru anyi oke maka anyi ichoputa ihe anyi na-ahapu, ka i chere n'anyi ndi no n'ụwa a nwere oru ibeleta ahuhu? Na o ga-eme ka o di mma?

Nna-ukwu: O ga-eme. O ga-eme. Opekampe maka anyi, maka mmuo anyi, yabu ka anyi nwee mmetuta na onwere ihe anyi na-eme na anyi anwaala oke anyi nwere ike, ibelata ahuhu mmadu ibe anyi. A na m eme na-agbanyeghi. Ihe o bula i juru, a na m eme, emela m, a na m eme, na m ka ga-eme.

A gwala m gi na mbu, ihe gbasara ego anyi, a na-ekesa ya n'ulo oru di iche iche, mgbe ụfọdu ma o bu mba di iche iche, mgbe ha no n'ihe mberede. Na m agaghị achọ itu onu gbasara ya, ma na

ebe ị juru- na dika omumaaatu, anyi nyere ndi Phillipine aka n'afọ gara aga maka ibelata mgbu nke ugwu Pinatubo. Ya anyi nyekwara ndi no n'ahuhu ide mmiri n'Aulac, na ndi no n'ahuhu ide mmiri na China, wdg. Ma anyi na-achọ inyere ndi gbara ọsọ agha nke Aulac ugbu a, ka nyere ndi mba UN n'ibu ha bu, ma o burukwa na UN kwere ka anyi nyere ha aka. Ma anyi na-anwa. Anyi na -enyere ha na nkwado ego, ọzokwa anyi ga-achotara ha ebe obibi ọzọ ma UN kwere ka o mee - na ngozi nke ndi UN.

Ee, yabu anyi na-eme ihe niile ndi a unu chorọ na maka na kemgbe anyi no ebe a, anyi nwere ike hichaa okirikiri anyi otu anyi nwere ike. Ya mere, anyi na-enyere ndi no n'ahuhu aka, anyi na-enyere aka n'usoro gbasara omume nke uwa a. Ma ime mmuo na anu ahụ. Ee. Maka na ufodu achoghi inara ihe ime mmuo n'aka m. Ha chorọ naanị enyemaka anu ahụ. Yabu anyi na-enyere ha aka ime mmuo anu ahụ. Na o bu ihe anyi n'eme, nke a kpatara na m ga-akpata ego. Nke a mere na m achoghi ibi n'utu ndi mmadu.

Ndi monku m niile na ndi na-eso m ga-aru oru, di ka i si aru. Ya na, ewezuga nke a, anyi na-enyekwara aka n'ihe nke mmuo; na enyeaka n'ahuhu nke uwa, nyere aka n'ahuhu nke uwa. Anyi ga-eme nke a. o putaghi n'anyi ga-anọ na Samadhi ubochi niile na-enwe anuri n'onwe anyi. Nke a bu Buda nwere anya ukwu (onye oke mmuta). Anyi achoghi inwe ya ebe a(ochi).

Ajuju: I kwuru maka okwa, ebe mmadu ga-anọ o mara na o nwere ikike nke si n'amamihe ahụ. Ugbu a, o buru na ima maka ikike a, imaghi na i nwere ya, ma i ma na o di? I nwere ike nwee mmetuta na odi ka idi. Kedu ka i ga-esi nweta ma o bu enwetaghi ya? O buru na i nwetaghi ya, kedu ka i ga-esi ghara enweghi ndidi na ihe na-eme n'akuku? Di ka i si ahụ usoro a o nwere uzọ nwayo, uzọ uwa mgbe i mara na i ga-ekpe ekpere ma o bu mee ihe ọzọ ka o nweta ngwucha ka mma dikwa ọsọsọ. Gini ka nke a putara na kedu ka mmadu ga-esi nweta ya na ngozi nke ga-aputa nke oma? I ghotara ihe m bu n'uche?

Nna-ukwu: A ghotara m, a ghotara m. Ihe ibu n'obi bu na o buru na anyi nwere ike igbanwe ihe na mgbe ihe di anyi n'akuku na-aga n'usoro iwu ndi isi na nwayo, kedu ka i ga-esi nwee ndidi were na-edi ya. O kwa ya? Ka i ga-ekpe ekpere naani ma o bu mee anwansi ma o bu tuo aka wee bugharia ya. O kwa ya? Mba, enwere m ndidi maka i ga-aru oru n'uzo ukwu nke uwa a ka ighara itinye ya n'ogbaghara. Ee .

Dika omumaatu, nwatakiri agaghi agbanwu oso. O bughị maka na o di gi oso ma o bu na i chorọ igba oso ka i ga-eme nwatakiri ka o kpobie ukwu were daa. Yabu, na anyi ga-enwe ndidi. Na-agbanyeghi na anyi nwere ike igba oso, anyi na nwatakiri ahu ga na-aga. Ee. Nke a mere mgbe ufodu a na m agharipu ya na enweghi ndidi, ma a ga m akuziri onwe m inwe ndidi. Nke a kpata na mu ga-eji na-akpo isi ala site n'otu isi ala ruo n'uzo maka ndi na-agba oso agha, na-agbanyeghi na anyi chorọ itinye n'enyemaka ihe gbasara ego niile. Anyi ga-enye ihe niile anyi nwere, ihe niile, ego dollars ruru nde ma o bukwa ijeri. Anyi ga-aga site n'usoro iwu ndi isi. Nye Ceasar nke bu nke Ceasar.

Agaghi m eji isi m ma o bu tuo aka na UN, obulagodu ka ha gbaa oso. Mba, mba. Anyi ga-ebute mberede n'uwa a ma o buru na anyi ejiri ikike sjakik na ikike anwansi. O ga-aga otu o ga-esi ga. Ma na anyi nwere ike iweli mmuo ndi mmadu site na ogwugwo nke ime mmuo, amamihe ime mmuo, nghota. Tine n'ime ha nghota na ha chorọ ime ya na meko onu . Nke a bu uzo kachasi mma, o bughị iji ikike anwansi. Anaghi ebu n'uche iji ikike anwansi eme ihe n'akuku ndu o bula. Ma oru ebube na-eme n'akuku onye o bula na-eme ihe nke mmuo. Nke a di n'okike ma na ebughi ya n'uche. Anaghi achọ ikwa ihe. Ee, nke a adighi mma. Nwatakiri enweghi ike igba oso. O di mma? Aziza m o juru gi afo?

O buru na aziza m o bula adighi gi mma, biko mee ka m mara, maka na m nwere ike ikowa ya gaa n'ihu. Ma enwere m ntukwasi obi na-inwere ogugu isi nke ukwu - buru ndi ahotara na ndi nwere ezi uche na mba uwa niile. Ya mere, anaghi m akowa n'uju nke ukwu.

Ọ dị mma na anyị nwere mba jikoro ọnu , a ga m ekwu nke a n'akukụ. Ee, ee, anyị na-ewepu otutu esemokwu na agha nke uwa a, na-agbanyeghi na anyị enweghi ike iwepucha ya kpmkpm. Ma na a na m agu akwukwo gi nke mba jikoro ọnu. Onye o bua bu mba jikoro ọnu. Na m esola ufodu oru ndi mba uwa jikoro ọnu. Na a ga m eto mbo ha na ike o nwere na izoputa ndi eji eji, ebe ndi ozo agaghị aga nzoputa. Ikike niile nke uwa a agaghị enwe ike zoputa ma na otu onye komishona mere ya. Ee, na otutu ihe ozo gbasara ibeleta mberede, na nsogbu ndi na-agba oso ndu agha.

E nwere ihe di ka ndi na-agba oso ndu agha ruru nde iri na abuo. A nuru m- idi n'aka, mba? O bu nnukwu oru na agha n' ihe niile. Yabu na o di mma na anyi nwere mba uwa jikoro ọnu, ee! O di mma.

Ajuju: Daalu, Nna-ukwu Ching Hai, maka ikenye anyi oke n'amamihe gi. Enwere m ajuju, o bu maka onuogugu uwa na-arigo ya na nsogbu nke mmeto okirikiri so ya n'ochuchoro nri nke kariji. O ga-amasị gi ikwu ihe n'onuogugu uwa nke na-arigo? Nke a o bu kama uwa? Ka o ga-enwetara udi kama n'odinihu?

Nna-ukwu: Inwe otutu mmadu maka uwa a dikwa mma. O nwere ihe o mere? Iwe mmadu karija, mkpotu karija, obi utu karija. Mba? (ochi) O bughị na onuogugu mmadu kariji, n'ezie. O bu na anyi agbasaghi nke oma. Ndi mmadu na-ejuputa n'akuku ufodu uwa na-achoghị ije n'akuku ndi ozo. O gwuchala. Anyi nwere otutu ala buru ibu emetubeghi aka. Otutu agwaetiti emetubeghi aka, otutu elu ugwu di larji buru ibu nke bu ohia naani akwukwo ndu (ohia) n'enweghi ihe ozo di ya. Ndi mmadu chororo naani ibikoto ọnu na New York, dika omumaatu(ochi) maka n'enwere obi utu ebe ahụ karija. O buru na ndi ochichi ma o bu goomenti o bua nwere ike meputa oru n'ulo oru aka, na-inwe oru udi di iche iche, n'ebe di iche iche, ndi mmadu ga-eje ebe ahụ aru oru. Ha na-ebikota ọnu n'ebe ufodu maka na o di mfe inweta oru ebe a ma o bu maka nchedo ihe egwu. O buru nchedo ihe egwu, mkpuchi na ohere inwe oru di n'ebe ndi ozo di iche iche, ndi mmadu ga-ejekwa ebe ahụ. Ha

ga-eje maka mkpuchi n'ihe ọjọọ, maka obibi ndu ha. Nke a di n'okike.

Yabu, o bughị na anyi ga na-atu egwu onuogugu kariri akari. Anyi ga-achiko onwe anyi maka inye otutu mmadu nke uwa a ohere inweta oru na ulo na mkpuchi n' ihe ọjọọ. Yaa ebe niile a buru otu. Anyi agaghị enwe onuogugu mmadu kariri.

Ma gbasara ajuju gi maka nri, ikwesiri ima karia, maka n'Amerika, anyi nwere otutu ozi maka otu esi echekwa uwa. Nri onye anaghị eri anu bu otu n'ime kachasi mma eji echekwa aku na uba nke uwa a, inye onuogugu uwa niile nri maka na anyi na-ala otutu nri ndi anaghị eri anu n'efu, ike, eletriki, ogwu ka azuo anumanu. Ebe o ga-enye ndi mmadu nri ozigbo. N'otutu mba nke ato mba uwa, ha na-ere nri ndi anaghị eri anu nke protin juputara maka ego ole di ala. Ma nke a abughị nke i nyere onuogugu mba uwa ozo aka, o buru na anyi ekesa nri niile ka ohalu, na nri onye anaghị eri anu ga-enyere nke a aka, o bughị naani maka anyi, o bughị naani maka anumanu ma maka uwa niile.

Otu n'ime ihe nchoputa akwukwo akuko, ha ekwuola na o buru na onye o bua n'uwa a na-eri nri anu adighi, agu agaghị agu uwa ozo. Na ozokwa, anyi ga-achikota. A maara m ufodu mmadu, o ga-emeputa agbugbo osikapa ka o buru nri na-azu ahụ na miri ara ehi. Na anyi ekwuola n'oge gara aga maka nke a. O siri na o ji ego dollar puku nari ato na o nwere ike izu mmadu puku nari isii na Ceylon nri - ndi ogbenye, ndi enweghi ahụ ike site na nri, ndi nne, ndi ozo niile. O bu ihe di egwu. Maka na ka anyi si eme ya n'akuku uwa ndi ozo, bu na anyi na-ala n'iyi ihe okike aku na uba anyi, o bughị na anyi enweghi nke zuru oke. Chukwu agaghị etinye anyi ebe a ka agu gbuo anyi. N'ezie, anyi na-akwu onwe anyi agu.

Yabu, anyi ga-echeghari echiche, chikotagharia ma na nke a chorọ ngozi otutu goomenti mba uwa. Ha ga-agozi anyi n'eziokwu zuru oke, idi ocha na ugwu na obi i gara ndi mmadu ozi kama i gara onwe ha ozi. O buru n'anyi enweta ngozi n'aka goomenti mba niile a, anyi enweghi nsogbu. Nsogbu adighi.

Anyị kwesiri inwe ezi ọchịchị, ezi nchikọta azumahia n'ulo oru nka na ndi nwere onyinye ọchịchị na goomenti na-ekwu eziokwu. Ma nke ga-eme ọsọ ọsọ karịa mgbe otutu mmadu ma o bu imirikiti ndi mmadu ma o bu mmadu niile na-eme ihe mmuo. Mgbe ahụ, ha ga-ama ezi ọzuzu. Mgbe ahụ ha ga-ama iwu. Mgbe ahụ ha ga-ama ka esi ekwu eziokwu na idi ọcha. Na ha ga-ama ka esi eji amamihe eme ihe mgbe ahụ. Mgbe ahụ ha nwere ike iche maka otutu ihe ha ga-eme na chikọta ndu anyi.

Ajuju: Nke a di ka ihe ga-esi ike, maka na ka ma si hu, imirikiti nke, ka m si ghota, nnu kwu mmeto okirikiri nke taa nwere ihe si n'onugugu na-eto eto chorọ oghere ebe obibi, maka ulọ obibi, maka ibi otu anyi, na senchuri nke iri abuo, mara ma choo ibi.

Si n'oke ohia ndi Brazil - mmeto okirikiri ebe ahụ. Mmehi nke ohia ebe ahụ, ohia mmiri. Ala a, a na-enwepu akwukwo ya, nke na-ebute ide mmiri. Nke a bughị na o nweghi mmeko na nsogbu onugugu kari akari.

Nna-ukwu: Ee, ihe o bu nwere mmeko n'ime onwe ya. N'ezie n'ụwa a. Na naani aziza nke a bu iza ya site na mgborogwu, n'abughị araka osisi. Ma mgborogwu a bu ikwudosi ike n'ime mmuo. Ighotala? (iku aka).

Yabu naani ihe anyi ga-eme bu ikwusa ozi nke mmuo; ihe anyi mara, na idobe omume nke mmuo. Ihe ndi a bu i ihe ndi mmadu enweghi. O di mma ikwunye onwe gi n'igwe eletriki na nwee ihie ma ufodu egwu na-ada ma na-enweta Samadhi. Ma o buru na-inweghi ezi ọzuzu nke mmuo, mgbe ahụ i ga-eji naani ikike ahụ eme ihe di njo mgbe ufodu – igaghị ejikwata ya.

Nke a kpatara na anyi bu ndi no n'otu a, anyi na-edebe, kuziri ndi mmadu iwu ndu mbu. Iwu ndu di mkpa. Anyi kwesiri ima ebe anyi na-eje wee na-ebugharia ikike anyi. Ikike na-enweghi ihunanya, na-enweghi obi ebere, enweghi ezi nghota nke usoro mmuo, yabu n'onweghi isi. O buru anwansi oji - mmeto. Ee. Ebe a ka anwansi oji si bja.

Yabụ ọ dị mfe inweta mmụta dị elu, o siri ike idobe ya. N'ụzọ anyị, ọ bụrụ n'inweghị ezi ọzuzu n'ezie na ngwaọrụ nke mmụọ, Nna-ukwu ga-anara gị ụfọdụ ikike gị ka ị ghara inwe ike ịmetọ ya na nwere ya mee ihe ọjọọ n'obodo. Nke a bụ ihe dị iche. Nna-ukwu nwere njikwata. Ikike Nna-ukwu, Ikike Nna-ukwu, ọ dị mma? Ee, a dị m obi anụri n'ajụjụ ezi echiche unu nile. Ọ nwere ezi echiche. Ndị mmadụ na-eme nke a maka na ha enweghị amamihe zuru oke, dị ka ịmetọ ala nke ikwuru, ma ọ bụ ime ihe maka na ha enweghị amamihe ma ncha. Ee, yabụ na mgburuogwu ya bụ amamihe, omume ihe nke mmụọ. Nweta oke mmụta dị elu.

Ekele m gị maka itinye uche gị. Ihe niile kachasị mma.

“Nnabata abụchaghị nnabata... naanị bịa ebe a, ikwere ka m nyere gị aka nyere gị aka nyere onwe gị aka. Abiaghị m ka m mee gị ndị nsonazu... A bịaara m ka m nyere gị aka buru Nnaukwu”

Nna-ukwu kachasị elu Ching Hai

Onye o bula amarala ka esi atughari uche, ma na i na-atughari uche n'ihe adighi mma. U fodu mmadu na-atughari uche n'umu nwanyi mara mma, ufodu bu ego, ufodu bu na azumahia. Mgbe o bula itinyere uche gi niile, obi gi niile, n'otu ihe nke a bu ntughari uche. A na m etinye uche m n'ikike di n'ime, na omiko, ihunanya na ebere nke Chukwu.

Nna-ukwu kachasị elu Ching Hai

Nnabata putara mbido uwa ohuu n'ime usoro ohuru. O putara na Nna-ukwu anabatala gi ka i buru otu n'ime okirikiri ndi nsọ. Mgbe ahụ ibughizi mmadu nkiti, ebuliela gi elu. N'oge ochie a na-akpo ya “Ido mmiri Chukwu” ma o bu “Igbaba n'ime Nna-ukwu”.

Nna-ukwu kachasị elu Ching Hai

Nnabata: Ụzọ nke Quing Yin

Nna-ukwu Ching Hai na-anabata ndị ezigbo mmadụ chọrọ ịma eziokwu, n’ime ụzọ Quan Yin nke ntughari uche. Mkpurụokwu nke chinese “Quan Yin” putara itule ụda nke omajiji. Ụzọ nke a gunyere itughari uche na ihie nke ime ya na ụda nke ime. Akwala ohu nke ime ime a ugboro ugboro n’ederede nke mmuo na uka uwa niile kemgbe oge ochie.

Dika omumaatu, Akwukwo Nso nke ndi otu kraist kwuru, **Na mbido, enwere okwu, okwu a nonyere Chukwu, okwu a bu chukwu.** (Jon 1:1). Okwu a bu ụda nke ime. Akpola ya Logos, Shabd, Tao, Soundstream, Naam ma o bu egwu Celestial. Nna-ukwu Ching Hai si, **Ọ na-ama jiji n’ime ndu niile, na-ejide elu uwa niile. Egwu nke ime a nwere ike igwo onya niile, mejuputa mmasi niile ma menyuọ aguu niile nke uwa. Ọ nwere ike niile na ihunanya. Ọ bu maka n’ekere anyi n’uda a, na mmetuta ya na-eweta udo na afọ ojuju n’obi anyi. Mgbe igechara ụda a, onwe anyi niile ga-agbanwe, otu anyi si ahụ ndu ga-agbanwe maka nke o di mma.**

Ihie nke ime, ihie nke Chukwu, bu otu oku nke ekwuru maka ya n’okwu a “mmuta di elu”. Nchaputa ya nwere ike si n’oku nara nara di mma ruo na mmuke nke otutu nde anwu. Ọ bu n’ihie nke ime na ụda ka anyi si ama Chukwu.

Nnabata n’ime ụzọ Quan Yin abughị emume naani ndi anabatara ma o bu emume maka ibanye n’otu okpukpere chi oheru. N’oge nnabata, a ga-akuzi ufodu ihe gbasara ntughari uche n’ihie na ụda nke ime, na Nna-ukwu Ching Hai ga-eweta “Nzipu nke Mmuo”. A ga-enye gi utọ inonyere ndi nso na mbu mgbe mkpotu adighi. Nna-ukwu Ching Hai agaghị anoriri ebe ahụ n’anu ahụ ka e wee megheere gi “uzo” a. “Nzipu” a bu akuku di mkpa n’uzo a. Ọ

bụrụ na ebube Nna-ukwu anọghị, usoro a ga-eweta n' onwe ya ntaịrị uru.

Maka na i nwere ike ịnụ ụda nke ime na hụ ihie nke ime ozigbo anabatara gị, emume a ka a na-akpọ mgbe ụfọdụ ka “ na mberede” ma ọ bụ “ime mmụta dị elu ozigbo ”.

Nna-ukwu Ching Hai na-anabata mmadụ si ebe niile n'otu okpukperechi ọzọ maka nnabata. Ị gaghị agbanwe otu okpukperechi ị na- aga ugbo a ma ọ bụ usoro nkwenye gị. Agaghị asị gị banye otu ọ bụla, ma ọ bụ sonye n'uzọ ọ bụla nke na-adighị ka isi ebi ndụ ugbo a.

Agbanyeghi, a ga-asị gị bụrụ onye anaghị eri anụ. Itinye ndụ gị niile n'aka ụdị nri onye anaghị eri anụ bụ ihe dị mkpa ị ga eme maka inweta nnabata.

Anaghị ana ego maka nnabata.

Ime ụzọ ntugharị uche Quan Yin kwa ụbọchị niile na idobe iwu ndụ ise bụ naanị ihe ị ga-eme ma emesia nnabata. Idobe iwu ndụ a ga-egbochi gị ịmerụ onwe gị ma ọ bụ ihe ọ bụla dị ndụ ahụ. Ihe omume a ga-eme ka mmụta dị oke elu nke izizi gị ka ọ baa n'ime ma sie ike, ma kwe ka i nweta ọkwa kachasị nke nkpolite ma ọ bụ ụzọ Chukwu maka onwe gị. Ọ bụrụ na ịnaghị eme omume a kwa ụbọchị, ị ga echefu mmụta dị oke elu a ma laghachi n'okwa mmụọ nke inwere na mbụ.

Ebum n'obi Nna-ukwu Ching Hai bụ ikuziri anyị izu oke n' onwe anyị. Ya mere, ọ na-akuzi ụzọ nke onye ọ bụla nwere ike ime, n'aka ha, na-enweghị njide ma ọ bụ ngwa ọrụ nke ụdị ọ bụla. Ọ naghị achọ ndị ụmụ azụ, ndị na-efe ya, ma ọ bụ ndị na-eso ya ma ọ bụ imepe otu nke ndị nọ n'ime ya ga na-akwu ụgwọ. Ọ naghị anara ego, mmakpu ala ma ọ bụ onyinye gị, ya bụ na ọ baghị uru inye Ya ihe ndị a.

Ọ ga-anabata eziokwu na ndụ gị kwa ụbọchị na omume ntugharị uche ka ịgaa n'ihu maka ịdị aso

USORO IWU NDỤ ISE

1. Gbochie ịmerụ ihe dị ndụ ahụ;
2. Gbochie ikwu okwu abughị eziokwu;
3. Gbochie iwe ihe na abughị nke m.
4. Gbochie ime mmehie nke mmekọ nwoke na nwanyị.
5. Gbochie iri ihe na-atụ n'anya.

* Iwu ndụ a chọrọ idobesi ya ike maka nri onye anaghị eri anụ ma ọ bụ nri mmiri ara ehi anụ adighị. Anụ agaghị adi, azụ, ọkụkọ, akwa (nke nwere akwa ma ọ bụ n'enweghị akwa, n'ime achicha na-atọ ụtọ, ihe nracha dị ụtọ,wdg ma ọ bụ ihe ụdị nwepụta n'anụmanụ ọ bụla. I nwere ike rie mmiri ara ehi ọ bụla ewepụtara, gbaa mbọ hụ na mmiri ara ehi fụrụ afụ enweghị ihe anụmanụ.

* Nke a gụnyere, igbochi ụdị nsị ọ bụla niile, dika mmanya na-aba n'anya, ọgwụ, anwuru, chaachaa, ihe ngosi mmekọ nwoke na nwanyị, na onyonyo, ederede na egwuregwu vidiyo nke oke mmebi dijị na ya.

Onye dị nsọ zuru oke bụ mmadụ zuru oke. Mmadụ zuru oke dị nsọ zuru oke. Ugbu a, anyị bụ ọkara mmadụ. Anyị na-eme ihe na-akaghị obi, anyị ji afọ ojuju onwe anyị eme ihe. Anyị ekweghị na ọ bụ Chukwu na-edozi ihe ndị a niile maka anyị inwe ọmụ, maka ahụmihe anyị. Anyị na-ekewa njo na ezi ụma. Anyị na-akpọ ihe niile nnukwu ihe na-ama onwe anyị ikpe ka o si kwesị ya na ndị ọzọ. Anyị na-ata ahụhụ site na oke anyị nyere onwe anyị gbasara ihe Chukwu kwesiri ime. Ighotara? N'ezie Chukwu nọ n'ime anyị ma na anyị na-enye ya oke. Anyị na-enwe mmasị inwe anụri na egwuregwu, ma na anyị amaghị ka esi eme ya. Anyị na-asị ndị ọzọ, Aa! 'Ị kwesighị ime nke a,' na-asị onwe anyị " Ekwesighị m ime nke a, agaghị m eme nke a". Yabụ kedu ihe m ga-eji abụ onye anaghị eri anụ? Ee, a ma m. A bụ m onye anaghị eri anụ maka na Chukwu nọ n'ime m choro ya."

Nna-ukwu kacha elu Ching Hai

Mgbe anyị dị ọcha n'omume anyị, okwu na echiche, ọbụlagodu otu nkeji, chi niile, arụsị na mmụọ ozi ga-akwunyere anyị. N'oge ahụ, elu ụwa niile a bụ nke anyị ma kwunyere anyị, ya na oche eze ga-abụ nke anyị ichi.

Nna-ukwu kacha elu Ching Hai

Uru dị na nri onye anaghị eri anụ

Itinye ndụ gị niile na nri onye anaghị eri anụ ma ọ bụ mmiri ara ehi anụ adighị ya, bụ ọnọdu ka mkpa maka nnabata n'ụzọ Quan Yin. Nri si n'osisi na ihe ewepụtara na mmiri ara ehi, bụ ihe ahapụrụ na nri a, ma na nri niile si n'anụmanụ tinyere akwa, ekwesighị iri ya. E nwere otutu ihe kpatara ya, ma nke kachasi mkpa si na iwu ndụ nke mbụ nke si anyị gbochie ịmeru ihe dị ndụ ahụ ma ọ bụ gị egbula ọchụ.

N'egbughị ọchụ ma ọ bụ ịmeru ihe dị ndụ ahụ bụ uru pụtara ihe maka ha. Eziokwu n'aputaghị ihe nke ọma bụ n'igbochi ịmeru ihe ọzọ ahụ bụ uru dirị anyị. Maka gini? Maka iwu nke kama: ka i siri kọọ, otu a ka i ga-esi ghoro. Mgbe i gburu ọchụ, ma ọ bụ mee ndị ọzọ ka ha gbuoro gị ọchụ, ka e wee nye gị ojuju afọ maka anụ, i na-enwetara onwe gị ugwo kama, na ugwo a i ga-akwuriri ya.

Yabụ n'ezi ọ bụla, idobe nri onye anaghị eri anụ, bụ onyinye nke anyị ga-enye onwe anyị. Anyị ga-adị mma karịa, ụdị ndụ anyị ga-agbanwe nke ọma, mgbe ugwo kama nke dị arọ ga na-ebelata, e wee nye anyị ohere ịba n'ụwa ọhuru dị nwayọ na elu igwe nke ọhụ dị ime ime. Nke a bara uru nke ọma maka obere ugwo i ga-akwu maka ya.

Nrurita ụka nke mmụọ nke ekweghị na iri anụ na-eme ụfọdu mmadụ ekwere, ma e nwere ihe ndị ọzọ kpatara ihe ga-amanye mmadụ ka ọghara iri anụ. Ihe niile a nwere mgborogwu n'akọ na uche. Ọ nwere ihe banyere ahụ ike nke mmadụ na nri, ọmumụ ihe dị ndụ na okirikiri, gbasara ime mmụọ na ahụhụ umu anụmanụ na agụu ụwa.

Ahụike na erimeri

Nyocha maka mgbanwe nke mmadụ egosila na ndị nna anyị ochie bụ ndị anaghị eri anụ site na okike. Ụdị ahụ mmadụ adighi mma maka iri anụ. Egosiputara nke a n'edemede nke "Comparative Anatomy" nke si n'aka Dr G.S Huntigen nke mahadum Columbia. O gosiri na anumanu nwere mkpumpku obere na nnukwu mgbiri afọ. Nnukwu mgbiri afọ a na-akwukari otu na larịi. Na ntule, anumanu na anaghị eri anụ nwere ogologo obere na ogologo nnukwu mgbiri afọ. Maka akwara pere mpe di ya na njuputa di elu nke protin di na anụ, mgbiri afọ a anaghị eji ogologo oge amiri ihe nri, ya mere, mgbiri afọ anụ na-eri anụ ibe ya na-adị mkpumpku n'ogo karịa nke anumanu anaghị eri anụ.

Mmadu, di ka anumanu anaghị eri anụ n'okike ya, nwere ogologo obere na nnukwu mgbiri afọ. Na nchikota, mgbiri afọ anyi bjara nso na fiiti iri abuo na asato(mita asato na okara) n'ogologo. Obere mgbiri afọ kekoro onwe ya otutu oge, na ahụ ya kekoro onu, o dighi larịi. Maka na ha di ogologo karịa nke a na-ahụ n'anumanu na-eri ibe ha, anụ anyi na-eri na-anọ na mgbiri afọ anyi otutu oge. Nke putara na anụ nwere ike ree ure na emeputa nsị. Nsị a bụ ihe egosiri na o na-ebute orịa kansa nke ala ala eriri afọ, na ha na-enye imeju nnukwu oru, nke oru ya bụ iwepu nsị a. Nke nwere ike bute orịa sihosis na ikekwe kansa nke mmeju.

Anụ nwere otutu protin urokinaz na uria, nke na-etinyekwa oru n'akoro, na o nwere ike mebie oru akoro a. E nwere aramu iri na anọ na protin urokinaz n'ime ntutu arọ ibe anụ. O buru na-etinye ntakiri ihe di ndu na mmiri protin urokinaz, oru mgbanwe nri ga-ebelata. Ozokwa, anụ enweghi seluluzu ma o bu akwara, ma enweghi akwara nwere ike ibute oria afọ ntachi ososo. Achoputala n'afọ ntachi nwere ike ibute kansa ndida mgbiri afọ ma o bu etuto ime afọ. Kolestorol na abuba demiri n'ime ahụ, na-enyekwa ogba aghara kardiovasikula. Ogba aghara kardiovasikula bu ihe mbu na-ebute onwu na United States na ugbo a na Formosa. Kansu bu nke abuo n'ihe na-akpata onwu. Nlele gosiri na-ikpo oku na ihu n'oku

anụ ahụ na-emepụta ihe e ji mebe kemikal (methylcholanthrene) nke bụ kasinogen siri ike. Oke enyere kemikal a na-ebute kansa, dịka etuto ọkpukpu, kansa nke ọbara, kansa nke afọ wdg.

Nyocha egosila na nwa oke, oke nwanyị nwere kansa nyere nri ga-ebute kansa. Mgbe agbanyere ntakiri ihe di ndu nke kansa mmadu n'ime anumanu, anumanu a butekwara kansa. O buru na anu anyi na-erikwa ubochi si n'anumanu nke nweburu udi ogba aghara, anyi etinye ya n'ime ahụ anyi, enwere ezigbo ohere na anyi ga-enweta oria ahụ.

Ọtutu ndi mmadu chere na anu di ocha na onweghi mmekpahu, na enwere nyocha a na-eme ebe ulo a na-egbu anu niile di. Enwere otutu ehi, ezi, okuko wdg a na-egbu maka orire ubochi o buka maka ilele ha otu na otu. O siri ike ilele ma otu mpekere anu enwere kansa n'ime ya, ma ya fodukwara ilele anumanu niile n'otu na otu. Ugbu a, ulo oru maka anu na-egbupu isi anu mgbe o nwere nsogbu, ma o bu bepu ukwu ya nke nwere oria. Naani akuku joro njo ka a na-ewepu, ree ndi ozo.

Onye ama ama nke anaghi eri anu Dr J.H Kello kwuru, “mgbe anyi na-eri nri onye anaghi eri anu, anyi agaghi na-enwe nsogbu gbasara udi oria nri ahụ jiri nwuo. Nke na-eme erimeri a o di obi anuri!”

Enwekwara mkpa ozo. Ogwu mgbochi nje ya na ogwu ndi ozo tinyere ogwu na-enye ike na Homone maka utu ka a na-etinye na nri anumanu ma o bu gbanye ya n'ime anumanu ahụ ozigbo. Ekpesala na ndi mmadu na-eri umu anumanu a ga-anara ogwu a tinye n'ahụ ha. O nwere ike omume na ogwu mgbochi nje di n'anụ na-ebelata iru oru nke oma nke ogwu mgbochi nje maka mmadu.

Enwere ufodu mmadu na-eche na nri onye anaghi eri anu anaghi edozi ahụ nke oma. Okachamara nke na-awa ahụ mba Amerika, Dr Miller, mere maka ogwu, afọ iri anọ na Formosa. O bidoro ulo ogwu ebe ahụ. Ebe nri niile bu nri anu adighi, maka ndi na-arụ oru na ndi oria. O kwuru, “ Oke bu otu anumanu nke ga-eji nri onye na-eri anu na nke onye anaghi eri anu were jide ndu ya. O buru na-ewesaa oke abuo a, otu na-eri anu, nke ozo na-eri nri onye

anaghị eri anụ, anyị ga-ahụ na uto na ibu ha bụ otu, ma na oke nke anaghị eri anụ na-ebi ndụ ogologo na ajukwa ọrịa karịa. N'ịga n'ihu, mgbe oke abụọ a nwere nranra, oke nke anaghị eri anụ gbakere ọsọsọ, ọ wee sịkwa, “ogwu nke sayensị agbara ọhụụ nyere anyị maala mma nke ukwu, ma ọ bụ naanị ọrịa ka ọ na-agwo. Nri na-agbanyeghi nwere ike lekọta ahụ ike anyị.” Ọ tụtụ aka na, “nri nke si n'osisi bụ ụzọ esi enweta nri na-edozi ahụ karịa anụ. Ndị mmadụ na-eri anụ, ma na ụmụ anụmanụ na-esi n'osisi enweta nri na-edozi ahụ. Ndụ ọtụtụ anụmanụ dị mkpumkpu ya na anụmanụ nwere ọrịa niile nke mmadụ nwere. Ọ nwekwara ike bụrụ na ọrịa nke mmadụ nwere siri na-iri anụ nke anụmanụ nwere ọrịa. Yabụ, gini kpatara na mmadụ anaghị enweta nri na-edozi ahụ n'ukwu osisi?” Dr. Miller na-atụ elo n'ihe dị mkpa bụ naanị mkpuru osisi, agwa na inine ka anyị nweta ahụ ike niile nke anyị choro maka ilekọta ezi ahụ ike.

Ọtụtụ mmadụ nwere echiche na protin anụmanụ ka nke protin osisi maka nke mbụ, ka echere bụ protin zuru oke, nke ikpeazu ezughị oke. Eziokwu bụ n'ufodu protin osisi zuru oke, na ikpokota nri ga-emeputa protin zuru oke site n'imirikiti nri protin n'ezughị oke.

N'onwa nke atọ 1998, otu na-ahụ maka nri ahụ choro nke Amerika kwuru na, “Ọ bụ onodu nke ADA, nri onye anaghị eri anụ na-enye ahụ ike na edozi ahụ zuru oke ma aghazie ya nke oma.”

Ọtụtụ mgbe ndị mmadụ na-ekwenye na-asị na ndị na-eri anụ ka sie ike karịa ndị anaghị eri anụ, ma na nyocha nke profeso Irving Fisher nke mahadum Yale mere mmadụ iri atọ na abụọ anaghị eri anụ na iri na ise na-eri anụ gosiri na ndị anaghị eri anụ nwere obi nnagide karịa ndị na-eri anụ. Ọ mere ndị mmadụ ka ha weputa aka ha ogologo oge ka ha nwere ike. Nsonazu si na nwale a doro anya. N'ime mmadụ iri na ise na-eri anụ, naanị mmadụ abụọ nwere ike iweputa aka ha nkeji iri na ise ruo nkeji iri atọ. Na-agbanyeghi, n'ime ndị anaghị eri anụ iri atọ na abụọ: mmadụ iri abụọ na abụọ weputara aka ha nkeji iri na ise ruo nkeji iri atọ, mmadụ iri na ise maka nkeji iri atọ karịa, mmadụ iteghete maka otu

elekere karịa, mmadụ anọ maka elekere abụọ karịa, na otu onye anaghị eri anụ weputara aka ya elekere atọ karịa.

Ọtụtụ ndị na-agba ọsọ ogologo ụzọ na-eri nri onye anaghị eri anụ maka oge dị tupu asọmpi. Dr. Barbara More, ọkachamara n'ogwugwo ọjia nri onye anaghị eri anụ, gbachara ọsọ mailu otu narị na iri na elekere iri abụọ na asaa na nkeji iri atọ. Nwanyị nke dị afọ iri ise na isii, ọ mebiri ederede niile nke ụmụ okorobia ji: “A choro m ibụ omumaatu, ka m gosi na ndị mmadụ nke na-eri nri onye anaghị eri anụ zuru oke, ga-enweta uto ahụ siri ike, echiche na amuke na ndụ asapurụ ọcha.”

Onye anaghị eri anụ ọ n'enweta protin zuru oke na nri ya? Otu ahụ ike nke ụwa kwadoro na 4.5% nke nkeji ume kwa ubochi buru ihe enwetara site na protin. Witi nwere 17% nkeji ume dị ka protin, brokoli nwere 45% na osikapa nwere 8%. Ọ dị mfe inwe nri bara ụba na protin n'erighi anụ. N'uru agbakwunyere n'izere ọtụtụ ọjia nke nri abụba juputara na-enye dika ọjia obi na ọtụtụ kansa, erighi anụ bu nhoro kacha mma doro anya.

Mmeko dij n'etiti irife anụ oke na ụzọ nri anumanu ozo nke nwere abuba demiri edemi nke ukwu n'ime ya na ọjia obi, kansa ara, kansa eriri ala afọ na mkponwu ahụ ka egosiputara na ọ bu eziokwu. Ọjia ndi ozo nke a na-egbochi otutu mgbe na mgbe ufodu eji nri obere abuba onye anaghị eri anụ agwo tinyere; okwute akuru, kansa prostreti, ọjia oke mamiri, onya peptiki, okwute mgba-ilu, onodu inyū oke mamiri, ikpere mgbu, ọjia agbu, asin, kansa pankretiki, kansa afọ, haipoglajsemia, afọ ntachi, diivatikulosisi, qbara mgbali elu, mmīnwū okpukpu, kansa ovari, hemorrhoidi, oke ibu, ashima.

Ọ nweghi ihe di egwu nke ahụ ike onwe karia iri anụ, ma ewepu ise anwuru.

Omumu ihe di ndu na nke okirikiri

Izu anumanu maka anu nwere ihe na-eso ya. Ọ na-ebute mmebi oha mmiri, ibuli okpomoko uwa, ime unyi na mmiri, uko

mmiri, ime ala ọzara, imefu akụ na ụba na agụụ ụwa. Iji ala me ihe, mmiri, ike na mbọ mmadụ ka meputa anụ abughị ụzọ a ga-esi were akụ na ụba nke ụwa ruo orụ nke oma.

Kemgbe afọ 1960, ụfọdụ 25% nke ọhịa mmiri Etiti Amerika agbaala oku ma ekpocha ya ka enwe nri ahijia maka anụ ehi. Agbakọla na mpekere anọ ọ bula nke hambogar nke ejiri anụ ehi si n'ọhịa mmiri mee, mebiri ama fiti iri ise na ise nke ọhịa mmiri. Na mgbakwunye, izu ehi na-enye aka nke oma na mmeputa ikuku atọ nke na-ebute okpomoku nke ụwa; ọ bụ ihe kacha ebute unyi mmiri, na-ewe gbomgbom puku abuo, nari anọ, iri isii na anọ nke na-ebu aju maka imeputa otu ntutu arọ anụ ehi ọ bula. Ọ na-ewe gbomgbom iri abuo na iteghete imeputa otu ntutu arọ tamato, otu nari gbomgbom, iri atọ na iteghete imeputa otu ntutu arọ ogbe achicha witi. Ntakiri ka ọ buru okara mmiri ndi United State na-anu na-aga n'izulite nri maka ehi na anumanu ndi ozo.

Otuotu mmadụ kariji ka enwere ike inye nri ma ọ buru n'aku na ụba eji azu ehi ka ejiri were meputa mkpuru osisi eji azu onuogugu ụwa. Eka ala ejiri azuputa mkpuru oka na-emeputa ugboro asato protin na ugboro iri na abuo na ise nkeji okpomoku, ma ọ buru na-ewere mkpuru oka a zuo mmadu nri kama ehi. Eka ala eji azuputa brokoli na-emeputa ugboro iri protin, nkeji okpomoku na naisinu di ka eka ala n'emeputa anu ehi. Statistiki di ka ndi a bara uba. Aku na uba ụwa gara iru oru bara uru karija ma ọ buru n'ala eji eme mmeputa anumanu ka agbanwere nwere na-azuputa ihe ubi maka inye mmadu nri.

Iri nri onye anaghị eri anu ka ekwe gi ka “izogide ukwu nwayo n'elu ụwa.” Na mgbakwunye ka i nwere naani ihe i chorọ na ewebilata nke kariji, i ga-enwe ezi mmetuta mgbe ima na ọ nweghi ihe di ndu gara anwu mgbe ọ bula i na-eri nri.

Agụụ ụwa

Ntakiri ka ọ buru otu ijeri mmadu na-ata ahuhu maka aguu na-enweghi ihe nri na-edozi ahụ n'elu ụwa a. Ihe kariji nde iri anọ

na-anwu afọ ọ bụla maka agụụ, na ọtụtụ n'ime ha bụ ụmụaka. Na-agbanyeghi nke a, ihe karịrị otu n'ime atọ nke mkpuru osisi nke ụwa ewetara ka a na-atugharị site n'iji zuo mmadu were ya zuo anumanu. Na mba United States, anumanu na-eri 70% nke mkpuru osisi niile emeputara. O buru na anyi azuo mmadu nri hapu anumanu, o nweghi onye aguu ga-agu.

Ahuhu anumanu na-ata

Ima banyere eziokwu bu n'ihe kariri otu puku nari ehi ka a na-egbu kwa ubochi n'United States? Otutu anumanu n'ime mba obodo odida anyanwu ka a na-azu n'ime " ulo oru ubi". Onodu omume ihe ndi a ka emebere ka o na-emeputa onuogugu anumanu kachasi maka ogbugbu n'obere ego. A na-ekpokoba anumanu onu, mebie udi ha, na-eme ha ngwa oru maka igbanwe ha site na nri ka o buru anu. Nke a bu eziokwu nke otutu n'ime anyi agaghi eji anya were hu. E kwuola na, "iga otu njem n'ulo a na-egbu anu, ga-eme ka i buru onye anaghi eri anu na ndu gi niile."

Leo Tolstoy kwuru, "ka o bu na a enwere ulo a na-egbu anu a ga na-enwe ama ugu. Nri onye anaghi eri anu bu nwale nke inwe afu oma ebe ndu di." Na-agbanyeghi n'otutu n'ime anyi anaghi akwadosi ike igbu ochu, anyi enwela omume a, mmekorita igwe mmadu kwadoro, iri anu ugboro ugboro, na amaghi banyere ihe a na-eme anumanu anyi na-eri.

Nnokọ ndi Nso na ndi ozo

Site na mbido ederede akuko mere n'oge gara aga, anyi gahu n'inine bu nri okike nke mmadu. Ndi gboo nkokirikoko Greeki na Hibru niile na-ekwu maka mmadu na-eri mkpuru osisi na mbu. Agba ochie ndi ukochukwu Igipt anaghi eri anu ma ncha. Otutu ndi na-eme ochichu inwe nghota gbasara uwa(filosofa) nke greeki dika

Plato, Diogenes na Socrates, ha niile kwuru maka odimma erighi anu.

Na India, Shakyamuni Buda na-ekwusi ike uru nke Ahimsa, iwu nke emerughị ihe di ndu ahụ. O doro aka na nti ndi na-eso ya ka ha ghara iri anu, ma o bu ihe ndi di ndu ndi ozogaga na-atu ha egwu. Buda hutara ihe ndi a: iri anu bu omume enwetara enweta. Na mbido, ejighi mmasi ya were muo anyi. Ndi na-eri anu na-egbupu ime mkporu nke nnukwu obi ebere ha. Ndi na-eri anu na-egbu onwe ha na-eri onwe ha... n'awa a, m erie gi, na awa ozogaga rie m... ogaga na-eme mgbe niile n'uzo a. Kedu ka ha ga-esi puta n'awa ato (nke nkwenye efu)?

Otu ndi gboo bu Tao, ndi gboo aka Kraist na Juu bu ndi anaghi eri anu. E dere ya n'Akwukwo Nso; Chukwu wee si: akwadolo m udi mkporu osisi niile na udi mkporu niile maka gi iri, ma na maka anumanu ohia na maka nnunu, akwadolo m ahijia na akwukwo osisi maka nri (Jenesis 1:29). Omumaatu ozogaga nke juru iri anu n'ime Akwukwo Nso: I gaghi eri anu obara di na ya, maka na ndu di na obara a(Jenesis 9:4). Chukwu kwuru, onye sirighi gi gbuo nwa ebule na nwunye ewu ka i were nye m onyinye? Wuchaa onwe gi site n'obara enweghi uta, ka m wee nu ekpere gi, ewepu aga m atughari isi m maka na aka gi juputara n'obara. Chegharia onwe gi ka m wee gbaghara gi (Aisaia 1:11-16) Pol di Aso, otu onye na-eso Jesos, kwuru n'akwukwo ozi ndi Rom; o di mma ka i ghara iri anu ahụ ma o bu nwuo mmanya(Romans 14:21).

Nso nso a, o kacha mara akuko mere n'oge gara aga achoputala otutu akwukwo agba ochie nke chakwasara ihie ohuru na ndu Jesos na nkuzi ya. Jesos kwuru: mmadu nke nwere anu ahụ anumanu na-abu ili onwe ha. A gwara m gi eziokwu, onye o bu na-egbu ochu, a ga-egbu ya. Onye ahụ na-egbu ihe di ndu na-eri anu ya, na-eri anu onye nwuru anu.

Otu okpukpere chi India na-egbochikwa iri anu ahụ. E kwuru na mmadu agaghi enwe ike nweta anu ahụ ma ha ebughi ihe. Onye na-emeru ihe na-eku ume ahụ, Chukwu agaghi agozi ya. Yabu, wezuga iri anu ahụ (iwu Hindu).

Akwụkwọ nso nke Islam, koran, juru iri anumanu nwuru anwu, obara na anu ahụ.

Nnukwu Nna-ukwu chinese Zen, Han shan Tzu dere abu nke akwanyeghi sie ike maka iri anu ahụ: Gaa ọsọsọ n'ahia goro anu na azu, ka izuo nwunye na umu gi. Ma kedu ihe a ga-eji nwere ndu ha, ka e were jide nke gi? O nweghi akọ na uche. O gaghi enwetara gi mmeko gi n'elu igwe, kama o mee gi ka i buru ike oku mmuo!

Otuotu ndi na-edede akwukwo, ndi na-ese eserese, okacha mara sayensi, filosofa na umu nwoke ama ama bu ndi anaghi eri anu. Ndi a niile jiri oke mmasi were amakuo adighi eri anu: Shakyamuni Buda, Jesos Kraist, Virgil, Horale, Plato, Ovid, Petrarch, Pythagoras, Socrates, William Shakespeare, Voltaire, Mazi Isaac Newton, Leonardo Da Vinci, Charles Darwin, Benjamin Franklin, Ralph Waldo Emerson, Henry David Thoreau, Emile Zola, Bertrand Russell, Richard Wagner, Percy Bysshe Shelley, H. G. Wells, Albert Einstein, Rabindranath Tagore, Leo Tolstoy, George Bernard Shaw, Mahatma Gandhi, Albert Schweitzer; na nso nso kari, Paul Newman, Madonna, Princess Diana, Lindsay Wagner, Paul McCartney and Candice Bergen, ka akpoo ole ma ole.

Albert Einstein kwuru, “ A na m eche na nsonazu mgbanwe na idobe ocha nke nri onye anaghi eri anu na-enwe n'omume mmadu bara nnukwu uru na udi mmadu. Ya mere, o di odiniihu na udo, ndi mmadu ihoro adighi na-eri anu”. Nke a na-abu ndumodu ndi bara uru ama ama na ndi nwere akọ na uche na-enyekari.

Nna-ukwu azaa Ajuju

Ajuju: Iri anumanu bu igbu ihe di ndu, ma na iri inine o bughi udi igbu ochu kwa?

Nna-ukwu: Iri osisi bukwa igbu ihe di ndu, na-emekwa ufodu mgbochi kama, ma na nsonazu ya pere mpe. O buru na mmadu na-

eme usoro Quan Yin elekere abuo na okara ubochi o bula, onye a ga-ewepu nsonazu kama a.

Ebe anyi ga-eri nri ka anyi di ndu, anyi na-ahoro nri nke nwere mmuo na ahuhu pere mpe. Osis nwere mmiri mejuputara ya 90%, nke mere ka okwa nke mmuo ya di oke obere na o naghị enwe mmetuta ahuhu. Na-iga n'ihu, mgbe anyi na-eri otutu inine, anyi anaghị egbutu mgborogwu ya, kama anyi na-enyere mmuba mkpuru ya, site na-igbutu alaka na akwukwo ya. Nsonazu ya na-abu uru diri osisi. Ya mere, ndi na-aku mkpuru osisi kwuru na-ibeche osisi na-enye aka na-eto ibu na mma ya.

Nke a putara ihe karja na mkpuru osisi. Mgbe mkpuru osisi chara, o na-adoro mmadu iri ya site n'isi oma, agba mara mma na utu ya di utu. O bu n'uzo di otu a ka mkpuru osisi si emezu atumatu imuba mkpuru ha n'ebe di obosara. O buru na anyi anaghị atutu na eri ha, mkpuru osisi ga-achafe oke wee daa n'ala ree ure. Osis di ya n'elu ga-ekpuchi mkpuru a maka anwu, o wee nwuo. Yabu, na-iri inine na mkpuru osisi bu nzube di n'okike, nke anaghị enwetara ha ahuhu o bula.

Ajuju: Otutu mmadu nwere echiche na ndi anaghị eri anu na-adi mkpumkpu na giri giri karja, na ndi na-eri anu ahụ na-adi ogologo na ibu karja. O bu eziokwu?

Nna-ukwu: O buchaghị na ndi anaghị eri anu na-adi giri giri na mkpumkpu karja. O buru n'erimeri ha zuru ezu, ha nwere ike too ogologo na sie ike, ka isi hu, anumanu niile buru ibu dika enyi, anu, jiraffu, enyi mmiri, anyinya wdg na-eri naani inine na mkpuru osisi. Ha siri ike karja anumanu ndi na-eri anu, di nwayo ma nwee uru diri mmadu. Ma na anumanu na-eri anu ahụ dikwazi mmebi ma o nweghi uru o bara. O buru na mmadu rie otutu anumanu, ha ga-enwe mmetuta ebumputa uwa na omume anumanu. Ndi mmadu na-eri anu ahụ anaghị adicha ogologo na sie ike, kama ogologo ndu ha na-adi obere n'etiti onuogugu. Ndi Eskimo bukariri ndi na-eri anu

ahụ ọsọsọ, ma na ha etoro ogologo ma sie ike? Ha e nwere ogologo ndụ? Echere m na ị ga-aghọta nke ọma.

Ajuju: Ndị anaghị eri anụ e nwere ike rie akwa?

Nna-ukwu: Mba. Mgbe anyị na-eri akwa anyị na-egbukwa ihe dị ndụ. Ụfọdụ na-asị na akwa emere maka azumahia agaghị amụ ụmụ, yabụ na-iri ha abụghị igbu ihe dị ndụ. Nke a dīcha ka ọ bụ eziokwu. Akwa anaghị amụ ụmụ naanị maka n'ndụ dī mma maka ịmụ ụmụ, ejidere ya, yabụ na akwa a agaghị emezu atumatụ okike ito buru ọkụkọ. Na-agbanyeghi na mmepe ya emebeghi, ọ ka juputara n'ike ndụ ebum pụta ụwa, achoro maka nke a. Anyị maara na akwa nwere ike ndụ ebum pụta ụwa; ewepu, gini kpatara na akwa bu naanị ụdị ntakiri ihe nke nwere ike ịmụpụta ụmụ? Ụfọdụ na-aruta aka na akwa nwere ihe nri nke dī mkpa n'ahu, protin na fosforosu, dī mkpa maka ahụ mmadụ. Ma na, a na-enweta protin n'agwa fukoro afuko, na fosforosu site n'ụdị otutu inine dika nduku.

Anyị maara site n'agba ochie ruo ugbo a, na e nwere otutu nnukwu monku ndi nke na-anaghị eri anụ ma ọ bụ akwa ma bikwaa oge ogologo ndụ. Dika omumaatu Nna-ukwu Ying Guang riri naanị otu efere inine na osikapa na erimeri ọ bula, ma bie ndu ruo afọ iri asato. N'iga n'ihu, ime akwa nwere otutu kolesterolu, nke bu ihe kacha eme ọgba aghara kardiovasikula; nke mbu na-egbu ihe na Formosa na Amerika. Ka m si, ihe anyi ji ahụ imirikiti ndi orja bu ndi na-eri akwa.

Ajuju: Mmadu na-azu anumanu na okuko dika ezi, ehi, okuko na obogwu wdg. Gini kpatara anyi agaghị eri ha?

Nna-ukwu: Yabu? Nne na Nna na-azu umu ha. Nne na Nna enwere ikike iri umu ha? Ihe niile di ndu nwere ikike idi ndu, ma onweghi onye ga-anapu ha nke a. Anyi lebanye anya n'iwu ndi Hong Kong, mmadu igbu onwe ya bu ida iwu. Yabu, keduzi udi iwu bu igbu ihe di ndu ndi ozo?

Ajuju: A mụrụ anụmanụ ka mmadụ na-eri. O buru na anyị erighi ya, ha ga-ejuputa n'ụwa. O kwa ya?

Nna-ukwu: Echiche a na-akpa ochi. Tupu igbuo anụmanụ i na-aju ya ma o choro inwu ka irie ya ka o bu na o choghi? Ihe niile di ndu nwere mmasi idi ndu, na-atu egwu onwu. Anyi agaghi acho ka agu rie anyi, yabu kedu ihe kpatara mmadu ga-eji eri anumanu? Mmadu ebiela n'ụwa naani otutu afo iri n'uzo puku, ma tupu mmadu aputa, otutu udi anumanu ebibiela. Ha ejuputara n'onuogugu uwa? Ihe di ndu na-ejigide ira nra nke ohia na gburu gburu ya. Mgbe enwere ntakiri nri ma oghere nwere oke, nke a ga-ebute ibelata nke ukwu n'onuogugu. Nke a na-ejigide onuogugu n'okwa kwesiri.

Ajuju: Gini ka m ga-eji buru onye anaghi eri anu?

Nna-ukwu: A bu m onye anaghi eri anu maka na Chukwu no n'ime m choro ya. Ighotara? Iri anu akwunyeghi n'iwu elu uwa nke achoghi ka egbuo m. Anyi onwe anyi achoghi ka egbuo anyi, na anyi onwe anyi achoghi ka ezuo anyi ohi. Ugbu a, o buru na anyi eme ya ndi ozo, mgbe ahụ anyi na-emegide onwe anyi na nke a na-eme ka anyi taa ahuhu. Ihe o bua nke i na-emegide ndi ozo ga-eme ka itaa ahuhu. I nweghi ike ita onwe gi aru ma ikwesighi iti onwe gi ihe. N'otu aka ahụ, ka ikwesighi igbu ochu, maka na nke a akwunyeghi n'iwu nke ndu. Ighotara? O ga-eme ka anyi ta ahuhu, yabu n'anyi adighi eme ya. O putaghi na anyi na-enye onwe anyi oke n'uzo o bua. O putara n'anyi na-agbasa ndu anyi ruo n'udi ndu niile. Ndu anyi agaghi enwe oke n'ime ahụ anyi, kama dotia ruo na ndu anumanu na udi ihe di ndu niile. Nke na-eme anyi onye isi, nnukwu, obi anuri, na enweghi oke kari. O di mma?

Ajuju: I ga-ekwu gbasara iri nri ndi anaghi eri anu na ka nke a gae-esi nye aka n'udo uwa.

Nna-ukwu: Ee, i huru, otutu ogu nke na-eme n'ụwa a, bu maka azumahia na nka ulo oru aka. Ka elekwasaya anya. Ihe isi ike nke azumahia na nka ulo oru aka nke mba o bua n'adi oso oso mgbe enwere aguu, ukọ nri, ma o bu enweghi nkesa nri ka ohara nha

n'etiti mba dị iche. Ọ bụ n'inwepụta oge guo akwụkwọ mgbasa ozi ma mee nchọpụta eziokwu banyere erimeri onye anaghị eri anụ, i ga-ama nke a nke oma. Izụ ehi na anụmanụ emela ka nchikwa anyị nọrọ na-enweghị ego n'akụkụ niile. O meela ka aguu dị n'ụwa niile- opekampe mba ụwa nke atọ.

Ọ bughị m na-ekwu nke a, ọ bụ onye amaala Amerika nke mere ụdị nyocha a ma dee akwụkwọ banyere ya. I nwere ike ije n'ebe a na-ere akwụkwọ ọ bụla ka i guo maka nyocha onye anaghị eri anụ na nyocha imepụta nri. I nwere ike guo, "Erimeri maka Amerika ọhuru" nke si n'aka John Robbins. Ọ bụ onye nwere nde ego ama ama maka ihe nracha na-atọ ụtọ. Ọ hapuru ihe ndị a niile ka ọ buru onye anaghị eri anụ, ma dee akwụkwọ maka erighị anụ na-akwunyeghị n'odinala na azumahia nke ezi na ulọ ya. Ọ tufuru otutu ego, ugwu na azumahia, ma na ọ mere ya n'ihi eziokwu. Akwụkwọ ahụ mara mma. E nwere otutu akwụkwọ ndị ozo na akwụkwọ mgbasa ozi nke ga-enye gi ozi na eziokwu gbasara nri onye anaghị eri anụ na ka ọ ga-esi nyere aka n'udo nke ụwa.

I hula, anyị gbabara iweta nri anyị aka site na-inye ehi nri. I ma protin, ogwu, inye mmiri, ike mmadu, ugbo ala, nnukwu ugbo ala, idozi uzọ na ole nari n'uzọ puku oke ala nke emefuru tupu otu ehi adi mma zuru oke maka otu erimeri. Ighotara? Ihe niile ndi a ka a ga-ekesa na nra na mba n'emepeghe emepe, mgbe ahụ anyi edozie nsogbu aguu anyi. Yabu ugbu a, ọ buru na mba chorọ nri, ikekwe ọ bakpu mba ozo ogo naani ka ozoputa ndi nke ya. N'otu aka a, nke a emeela uzọ ojoo na ataramahuhu. Ighotara?

Ka isi koo, ka i ga-aghota, ọ buru na anyi gbuo mmadu maka nri, aga egbu anyi maka nri ma emecha, n'udi ozo n'oge ozo, n'agburu ozo. Ọ di nwute. Anyi nwere ogugu isi, nwee ozuzu mmadu, ma na imirikiti n'ime anyi amaghi ihe kpatara mba agbataobi anyi ji ata ahuhu. Ọ bụ maka elu ime onu anyi, uto anyi na afọ anyi.

N'ih i ka azuo na dozie otu ahụ, anyi na-egbu otutu ihe di ndu, ma kwuba otutu mmadu ibe anyi aguu. Anyi anaghị ekwu maka anumanu ugbu a. Ighotara? Mgbe ahụ ikpe omuma, na-iji

uche ma ọ bụ n'ejighi uche anyi, ga-ebutu mmuo anyi ala. O na-eme ka anyi rja kansa, ukwara nta na orja ndi ozo anaghi agwo agwo, tinyere AIDS(orja mmnwu). Juo onwe gi, ginj kpatara mba gi, Amerika, ji ata ahuhu kari? O nwere onuogugu kansa kachasi n'owa, maka ndi Amerika na-eri otutu anu ehi. Ha na-eri anu kari mba o bua ozo. Juo onwe gi, ginj kpatara ndi China ma o bu komunisti enweghi onuogugu di elu nke kansa. Ha enweghi anu nke hiri nne. Ighotara? Nke a bu ihe nyocha a kwuru, o bughi m. O di mma? Atala m uta.

Ajuju: Kedu ihe ufo du uru nke mmuo anyi na-enweta site na ibu onye anaghi eri anu.

Nna-ukwu: O di m obi utu na ijuru ajuju a n'uzo a, maka na o putara na uche gi di na, ma o bu nwe mmasi banyere uru nke mmuo. Imirikiti mmadu ga-enwe mmasi maka ahu ike, erimeri, usoro ahu mgbe ha na-aju maka nri onye anaghi eri anu. udi di nke muo nri onye anaghi eri anu bu na o di nnukwu ocha na o naghị emebi ihe.

Gi egbula ochu. Mgbe Chukwu gwara anyi nke a, O gwaghi anyi egbula mmadu. O siri egbula ihe o bua di ndu. O bu na-okwughi na o mere anumanu niile ka o buru enyi anyi, nyere anyi aka? O bu na-otinyeghi umu anumanu na nchedo anyi. O si chedo ha, chia n'isi ha. Mgbe i na-achi n'isi ndi no n'okpuru ochichi gi, i na-egbu ndi no n'okpuru ochichi na-eri ha? Mgbe ahụ i ga-abu eze na-enweghi onye no n'akuku gi? Yabu, ugbu a ighotala mgbe Chukwu kwuru nke ahụ. Anyi ga-emeriri ya. O baghi uru ijuwara ya ajuju. O kwuru ya ka o puta ihe nke oma, ma kedu onye ghotara Chukwu ewezuga Chukwu?

Yabu, ugbu a, i ga-abu Chukwu ka i nwere ghotu Chukwu. A kpo m gi oku ka idi n'udi Chukwu ozo, ka i buru onwe gi, n'abughi onye ozo. Itughari na Chukwu aputaghi na i na-eke Chukwu, o putara na i ga-abu Chukwu. I ghotara na gi na Chukwu bu otu. Mu na Nna m bu otu, o bu na Jesos ekwughi otu a? O buru na o siri, Ya na Nna ya bu otu, anyi na Nna ya nwere ike buru otu, maka na anyi bukwa umu nke Chukwu. Na Jesos kwukwara na ihe o na-eme na

anyị nwere ike ime ya nke oma. Yabụ na anyị nwere ike kara Chukwu mma, onye ma!

Kedu ihe eji efe Chukwu, mgbe anyị amaghị ihe ọ bụla banyere Chukwu? Kedu ihe iji eji okwukwe kpuru isi? Anyị kwesiri ịbụ ụzọ mara ihe anyị na-efe, dị ka anyị si kwesi imara onye nwanyị anyị ga-alu bụ tupu anyị aluọ ya. N'oge ugbo a, ọ bụ omenala na anyị anaghị alu tupu anyị ayia oyi. Yabụ kedu ihe mere anyị ji efe Chukwu n'okwukwe kpuru isi? Anyị nwere ikike ichọ ka Chukwu gosiputa anyị onwe ya, na ka ọ mee onwe ya ka anyị mara ya. Anyị nwere ikike Chukwu nke anyị choro iso.

Yabụ na ugbo a, ị hula na o doro anya n'ime Akwukwo Nso na anyị kwesiri ịbụ ndị anaghị eri anụ. Maka ebumnuche sayensi niile anyị kwesiri ịbụ ndị anaghị eri anụ. Maka ebumnuche azumahia na ulo oru aka oru niile anyị kwesiri ịbụ ndị anaghị eri anụ. Maka izoputa uwa, anyị kwesiri ịbụ ndị anaghị eri anụ.

Ekwuputara ya na ufodu nnyocha na ọ buru na ndi no na ndida anyanwu, na Amerika na-eri nri onye anaghị eri anụ naani otu ugboro n'izu, anyị nwere ike zoputa mmadu nde iri na isii agu na-agu afo ọ bula. Yabụ, buru odogwu, buru onye anaghị eri anụ. Maka ebumnuche ndi a niile, obulagodu na ị soghi m, ma ọ bụ na inaghị eme otu uzọ m, biko buru onye anaghị eri anụ n'ih i onwe gi, maka ih i uwa.

Ajuju: Ọ buru na onye ọ bula eribe osisi, ọ ga-ebute ukọ nri?

Nna-ukwu: Mba, iji otu mpekere ala nwere na-akọ nri na-enye ugboro iri na anọ nri di ka mgbe iji otu mpekere ala a nwere zuo ahijia ji azu anumanu. Osisi si n'oke ala ọ bula na-enye nkeji ume puku nari asato nke ike, na-agbanyeghi; ọ buru na-eji osisi ndi ahụ azu anumanu nke a ga-eri ka nri, anu anumanu nwere ike inye naani nkeji ume puku nari abuo nke ike. Nke a putara n'oge usoro a, nkeji ume puku nari isii nke ike n'efu. Yabụ na erimeri onye anaghị eri anụ na-arụ oru putara nke oma na ebelata ego karia erimeri anụ.

Ajuju: Ọ di mma iri azu maka onye anaghị eri anụ?

Nna-ukwu: Ọ dị mma iri azụ, ma ịchọọ. Ma na ọ bụrụ na ị chọrọ iri nri onye anaghị eri anụ, azụ abughị inine.

Ajuju: Ufodu mmadu na-asị na ọ dị mma ibu onye nwere obi oma, ma na ọ dighi mkpa ibu onye anaghị eri anụ. Nke a uche ọ dị ya?

Nna-ukwu: Ọ bụrụ na onye a bu onye obi oma n'ezie, kedu ihe oji eri anụ ahụ ihe ozo di ndu? Ihu ha, ha a na-ata ahuhu, ọ kwesighi ka ọ nabata rie ha. Iri anụ ahụ adighi obi ebere, yabu kedu ka onye nwere obi oma ga-esi eme nke a?

Nna-ukwu Lien Ch'ih kwuru otu mgbe, "Gbuo ahụ ya, ma rie anụ ya, N'ụwa onweghi onye nwere obi ojobo kari, ime mpu, gbara njo na uru kari onye a." kedu ka ọ ga-esi kwuo na ya onwe ya bu onye obi oma?

Mencius kwukwara si, " Ọ bụrụ na-ihu ya na ndu, ị gaghị anagide ihu ya n'onwu na ọ bụrụ na-ihu ya ka ọ na-asu ude, ị nweghi ike inagide iri anụ ya. Yabu na ndi nwere ezi ozuzu anaghi aga n'usokwu".

Ogugu isi nke mmadu ka di elu kari nke anumanu, na anyi nwere ike iji ngwa ugu mee ka ọ bu na ha enweghi ike iju anyi, ya mere ha na-anwu n'ikpo asi. Udi onye ọ bula na-eme nke a, onye na-eji ikike na-eyi obere na anumanu adighi ike egwu, enweghi ikike ka akpoo ya onye nwere ezi ozuzu. Mgbe egburu anumanu, ha na-ejuputa na mgbu, egwu na iwe. Nke a na-ebute nweputa nsi nke na-adi n'anụ ha, na-emeru onye riri ya ahụ. Ebe ọ bu n'oma jijji nke anumanu di obere kari nke mmadu, ha ga-emetuta omume oma jijji nke anyi na-emetukwa mmepe amamihe anyi.

Ajuju: Ọ dị mma ka ị bụrụ naani nke a na-akpo " onye anaghị eri anụ ọ dabaara?" (onye anaghị eri anụ ọ dabara anaghị ezere anụ sie ike. Ha na-eri inine eweputara n'inine ekpokoro na erimeri anụ).

Nna-ukwu: Mba. Dika omumaatu, ọ bụrụ na-etinyere nri na mmiri nsi di, wee weputa ya, i chere na ọ ga-adi nsi ka ọ bu n'ogaghị adi? Na Mahaparinirvana Sutra, Nahakasyapa juru Buda, mgbe anyi narijo ma enye anyi inine ekpokoro n'anụ, anyi enwere ike rie nri a?

Kedu ka anyị ga-esi ehichapu nri a?” Buda zara ya, onye a kwesiri iji mmiri hicha ya, wee wepu inine na anụ, were rie ya. Site na nkata a di elu, anyi nwere ike ighota na o nweghi onye nwere ike iri inine nke ekpokoro na anụ, naani ma onye ahụ ebu ụzọ hichaa ya na mmiri, ka aghara ikwuputa iri anụ naani ya! Ya mere, o di mfe ihu na Buda na ndi na-eso ya niile na-edobe iri nri onye anaghi eri anụ. Na-agbanyeghi, ufodu mmadu kwutoro Buda site na-isi na o bu ‘onye anaghi eri anụ o dabaara,’ na o buru na ndi na-enye ogbenye ihe nye ya anụ, O rie anụ. Nke a di iberibe n’ezie. Ndi na-ekwu otu a, guru ntakiri Akwukwo Nso, ma o bu na ha aghotaghi Akwukwo Nso ha guru.

N’India, ihe kariri pasenti iri iteghete bu ndi anaghi eri anụ. Mgbe ndi mmadu huru ndi ariri o na uwe na-acha edo edo, ha niile maara na ha kwesiri inye ha nri onye anaghi eri anụ, na-ekwuputaghi na imirikiti mmadu a enweghi anụ ha na-enye kaosiladi

Ajuju: Oge tere aka, a nuru m ka Nna-ukwu ozọ kwuru, “Buda riri ukwu ezi were nweta oke afọ ọsisa wee nwuo. Nke a o bu eziokwu? **Nna-ukwu:** O bughị eziokwu. O bu maka iri udi ero ka Buda jiri nwuo. O buru na-anyi atugharia ya n’uzo kwu oto n’asusu ndi Brahmans udi ero a ka a na-akpo “ukwu ezi” ma na o bughị ukwu ezi n’ezie. O bu naani di ka mgbe anyi na-akpo udi mkpuru osisi” Longan” (na Chinese nke a putara ederede ya “anya oke aguiyi”). Enwere otutu ihe n’aha, ha abughi inine ma n’ezie ha bu nri onye anaghi eri anụ, di ka “anya oke aguiyi”. Ero a di n’asusu Brahman nke a na-akpo “ukwu ezi” ma o bu “anuri ezi”. Ha abuo nwere ihe jikoro ya na ezi. Udi ero a adighi mfe ihu n’agba ochie India na buru erimeri anaghi ahụ oge niile, ya mere ndi mmadu na-enye ya Buda n’ofufe. Anaghi ahụ ero a n’elu ala. O na-eto n’okpuru ala. O buru na ndi mmadu choro ihu ya, ha ga-eji enyemaka ezi kara nka nke nwere mmasi iri udi ero a. Ezi na-achoputa ya site n’isi ya, na mgbe ha choputara ya, ha na-eji ukwu ha egwu n’ime apiti ichota ma ri kwa ya. Nke a mere eji akpo udi ero a “ukwu ezi” ma o bu

“anụri ezi.” N’ezie aha abụọ ndị a n’ekwu maka otu ero. Maka natughariri ya n’akpachapughị anya na maka ndị mmadụ aghotaghị n’ezie isi mbido ya, agburu na-esote ka e mere ka ha ghotahie na mehie Buda ka onye na-eri oke anụ. Nke a bụ ihe nwute.

Ajuju: Ufodu huru anụ n’anya sirị na ha na-egoro anụ na nke ogbu anụ, yabụ na o bughị ha onwe ha gburu ya, nke mere, na o di mma iri ya. O di gi ka nke a o di mma?.

Nna-ukwu: Nke a bụ mmehie ojo o di egwu. I kwesiri i ma na ndi ogbu anụ na-egbu ihe di ndu ma ka na ndi mmadu chorọ iri ya. Na Lankavatara Sutra, Buda sirị, O buru na o nweghi onye na-eri anu, mgbe ahụ agaghị egbu ochu o bula. Yabụ na-iri anụ na igbu ihe di ndu bụ otu njo. Maka ogbugbu otutu ihe di ndu, anyi na-enwe ihe mberede nke okike na nnukwu odachi nke mmadu mere. Agha bu ihe otutu igbu ochu kpatara.

Ajuju: Ufodu mmadu sirị n’ebe osisi enweghi ike imeputa nsi dika uria ma o bu urokinaz, ndi na-aku mkpuru osisi na inine na-eji otutu ogwu na-egbu ihe na-ebibi ihe n’osisi, nke di njo maka ahụ ike anyi. O bu ya?

Nna-ukwu: O buru na ndi oru ugbo na-eji ogwu na-egbu ihe na-ebibi n’ihe na nsi kemikalụ di elu dika DDT n’okuku ubi, o nwere ike bute kansa, na-enweghi ike imu umu na oria imeju. Nsi di ka DDT na-agbasa n’ime abuba, ma a na-edobekari ha na abuba anumanu. Mgbe iriri anu, o putara na i na-ewere ogwu na-egbu ihe na-ebibi ihe juputara nnukwu na nsi ndi ozo edobere na abuba anumanu. Mkpokota a nwere ike ibu ugboro iri na ato nke di na mkpuru osisi , inine na mkpuru. Anyi nwere ike ihicha ogwu na-egbu ihe na-ebibi ihe agbasara n’ahu mkpuru osisi, ma na-enweghi ike iwepu ogwu na-egbu ihe na-ebibi ihe nke edobere n’abuba anu. Usoro mkpokota a na-eme maka na ogwu na-egbu ihe na ebuwanye. Yabụ na ndi na-eri ihe no na iyagbe nri bu ndi na-emeru ahụ kari.

Nlele emere na mahadum nke Iowa gosiri na ogwu na-egbu ihe na-ebibi ihe nke ahuru na ahụ mmadu, ha niile bira nwantinti

site n'iri anụ. Ha chọputara na ọkwa ọgwụ na-egbu ihe n'ebibi ihe nke ndị anaghị eri anụ dị ọkara ntakiri ihe dị na ndị na-eri anụ. N'ezie enwere nsị ndị ọzọ dị n'ahụ n'abughikwa ọgwụ na-egbu ihe na-ebibi ihe. N'usoro izuputa anumanu, ọtutu n'ime nri ha juputara na ihe nke na-eme ka ha too uto ọsọsọ ma ọ bụ gbanwe agba anụ ha, uto ma ọ bụ ụdị, na chekwa anụ ha wdg.

Dịka ọmụmaatụ, ọgwụ nchekwa emeputara site na nitrati di nsị di elu. N'ọnwa nke asaa, nke iri na asatọ 1971, New York Time dere, "Nnukwu ihe egwu zoro ezo n'ahụ ike maka ndị na-eri anụ bụ ihe na-eme unyi anaghị ahụ anya di n'ime anụ dika ntakiri ahuhụ di n'ime salmonu, ihe fodoru n'ogwu na-egbu ihe n'ebibi ihe, ọgwụ nchekwa, homonu , ọgwụ na-egbu nje na mgbakwunye kemikalu ndi ozo." Ewezuga nke di n'elu, a na-agbanye ọgwụ mgbochi n'ime ahụ anumanu, nke mwere ike idi n'anụ ahụ. N'akuku a, protin di na mkpuru osisi, aku, agwa, ọka na mmiri ara ehi, ha niile di ọcha karia protin anụ, nke nwere unyi anaghị agbasa na mmiri di 56%. Nyocha gosiri na mgbakwunye mmadu mere nwere ike bute kansa, ọria ndi ozo ma ọ bụ mmebi akwa nwa. Yabu na o ziri ezi ka nwanji di ime na-eri erimeri onye anaghị eri anụ ka o jide n'aka ahụ ike nke ahụ na mmuọ nke akwa nwa. O buru na inuru otutu mmiri ara ehi, i nwere ike nweta protin; na site na mkpuru osisi na inine i nwere ike nweta ihe na-edozi ahụ na mineralu.

Anaghị eri anụ:

Aziza kacha mma maka ọgba aghara mmiri ụwa

Mepụta site na mgbasaa ozi Nna-ukwu kacha elu Ching Hai Nọ.154

Mmiri dị mkpa maka ọdịdị ndụ nke ihe niile dị ndụ n'ụwa. Na-agbanyeghi, na imefu oke mmiri ana enweta n'ụwa dị ka e mere ka a mara site na Stockholm international Water Institute (SIWI), dobere akụ na uba a dị oke ọnu n'ọnọdu dị egwu maka agburu dị n'ihu.

N'okpuru bụ ụfọdu ihe mere eme akọrọ n'ogbakọ afo SIWI izu ụka mmiri ụwa emere site n'onwa nke asatọ n'afọ iri na isii ruo iri abuo 2004.

*Imirikiti afo gara, mmuba na mmeputa nri gbara osọ kariia uto onuogugu mmadu. Ugbu a otutu n'ime uwa ka mmiri eji emeputa ihe na-agwunari.

* Anu enyere mkpuru osisi chorọ mmiri kg puku iri ruo puku iri na ise nke anu o bula emeputara. (Nke a gbakotara oke eji aru oru nke oma nke di ntakiri 0.01%; o buru na mmeputa azumahia nkiti o bula na-aru oru n'okwa a, a ga-anochi ya ngwangwa).

* Mkpuru oka chorọ mmiri kg nari ano ruo puku ato maka otu kg mkpuru osisi emeputara (yabu 5% nke a chorọ maka anu)

* Ruo 90% mmiri niile achikwara ka eji akụ nri.

* Mba dị ka Australia, ebe mmiri dị ụkọ, na-ezipu mmiri n'uzọ anụ.

* Na mba na-emepe emepe, ndị na-eri anụ na-eji akụ na ụba putara lita mmiri puku ise (gbombom otu puku na otu nari) kwa ụbọchị tunyere lita otu puku ruo puku abụọ(gbombom nari abụọ ruo nari anọ) nke erimeri ndị anaghị eri anụ na-eji. (Akọrọ na Guardian 8/23/2004).

Ọzọkwa, na-iga n'ihu, nke enwetaghị n'akụkọ akwụkwọ SIWI, ụba obasara ala nke ọhịa mmiri Amazon ka a na-ekpocha maka iku agwa soya. Na-agbanyeghi n'agwa a ka a na-enye ehi ka nri. Ọ ga-aka ruo ọrụ nke ọma ma enye ya mmadụ ozigbo!

Dịka imirikiti anabatara ga-echeta, Nna-ukwu kwuru nsonazu okirikiri nke mmepụta anụ na nkuzi Ya “ Uru nri onye anaghị eri anụ” dị na akwụkwọ ngosi Igodo nke Ikwaliite Mmụta ọsọsọ : “Izuputa anumanu maka anu nwere nsonazu nke ya. Ọ na-ebute mmebi ọhịa mmiri,(ibili) (onodu oku na oyi) ụwa, mmiri ime unyi, ụkọ mmiri, ime ala ọzara, imefu akụ na ụba nke ike na agụ ụwa. Iji ala, mmiri, ike na mbọ mmadụ were meputa anụ abughị ụzọ a ga-eji nwere akụ na ụba nke ụwa ruo ọrụ nke ọma.”

Yabụ na-iwebilata oke mmiri a na-eji eme ihe n'ụwa, mmadụ ga-achọ ụzọ ọhuru a ga-eji na-azụ ụwa, na nri ndị anaghị eri anụ zuru mkpa a.

Maka akụkọ akwụkwọ dabara, biko hụ:

<http://www.worldwatercouncil.org/>

<http://news.bbc.co.uk/2/hi/science/nature/3559542.stm>

<http://news.bbc.co.uk/1/hi/sci/tech/2943946.stm>

Ezigbo ozi maka ndị anaghị eri anụ

Protin inine dị mkpa

Nri onye anaghị eri anụ abụghị naanị nnukwu uru maka omume nke mmụọ ma ọ dịkwa mma ahụ ike maka anyị. Na-agbanyeghi anyị ga-etinye uche pụrụ iche na-ime ka nri na-edozi ahụ dị nra na jiri n'aka n'anyị agaghị achọ protin inine nke dị mkpa.

E nwere ụdị protin abụọ: protin anụmanụ na protin inine. Agwa soya, chik piis na sno piis bụ ụfọdụ ụzọ esi enweta protin inine. Idobe erimeri onye anaghị eri anụ aputaghị naanị iri inine eghere eghe. I kwesiri itinye protin ka inweta nri na-edozi ahụ ike zuru oke mmadụ chọrọ.

Dr Miller bụ onye anaghị eri anụ ndụ ya niile. O mere ọgwụ na-agwọ ndị ogbenye na mba repoblikị China afọ iri anọ. O kwenyere na anyị ga-eri naanị mkpuru osisi ọka, agwa, mkpuru osisi na inine ka anyị nweta ndozi ahụ niile, anyị ga-echekwa ezigbo ahụ ike. Dị ka Dr Miller si kwu, “Agwa fukoro afuko bụ anụ n'enweghi okpukpu”.

“Dị ka agwa soya siri na-edozi ahụ nke ukwu; were na ọ buru na i nwere ike iri ụdị otu nri naanị, ha na-eri agwa soyi, ha ga-enwe ike idi ndu ogologo karĩa.”

Ikwado nri onye anaghị eri anụ bụ otu ihe dị ka isi erimeri eji anụ esi, ewepu na protin onye anaghị eri anụ dị ka ibe anụ okuko onye anaghị eri anụ, ukwu ezi onye anaghị eri anụ ma ọ bụ anụ ebere iberibe onye anaghị eri anụ ka ejiri nọchie ya. Dika omumaatu, kama isi, “Iberibe anụ eghere eghe eji inine celeri mee” ma ọ bụ “ofe ahijia mmiri eji akwa mee”, anyị nwere ike sie ya ka “iberibe anụ eghere eghe onye anaghị eri anụ eji inine celeri mee” ma ọ bụ “ofe ahijia mmiri eji agwa fukoro afuko mee”.

O buru na ino na mba ebe ihe eji eme protin onye anaghị eri anụ adighi ozigbo, i nwere ike kpoọ ogige mpaghara otu nnoko

obodo dị iche iche nke Nna-ukwu kacha elu Ching Hai na anyị ga-
enye gị ozi maka ụfọdụ ndị na-eme nkesa n'ụlọ nri maka onye
anaghị eri anụ maka ajuju gị.

Maka ka ị ga-esi wee sie nri onye anaghị eri anụ, i nwere ike
juo ụsọkwu nke kacha elu nke ebiputara site n'aka otu nnọkọ
obodo dị iche iche Nna-ukwu kacha elu Ching Hai ma ọ bụ
akwukwọ nri ọ bụla.

Ka i nweta ahiri ụlọ nri onye anaghị eri anụ nke dị n'akụkụ
uwa, biko hụ:

<http://www.godsdirectcontact.org.tw/eng1/food/restaurant/>

Nke a bụ ahiri ụfọdụ ụlọ nri onye anaghị eri anụ na ụlọ ọru
nri onye anaghị eri anụ maka ajuju.

Ụlọ onye anaghị eri anụ n'akụkụ uwa (Nke ndị otu anabatara na-aghazi)

Africa

South Africa

Benin

◆ SM Bar Cafe Restaurant vegetarien
07 BP 1022 COTONOU
Tel: 229-90921569

◆ Peace Foods
C/1499 VEDOKO(COTONOU)
Tel: 229-95857274

America

Canada

Vancouver

◆ Paradise Vegetarian Noodle House
8681-10th Ave. (Crest Plaza), Burnaby,
B. C. V3N 2S9, Vancouver, Canada
Tel: 1-604-527-8138

U.S.A.

Arizona

◆ Vegetarian House
3239 E. Indian School Rd, Phoenix AZ
85018
Tel: 1-602-264-3480/Fax: 1-623-780-
0855

Oregon

◆ Sarang Korean Vegetarian
Restaurant
706 SW Hurbert St., Newport, OR 97365,
Tel: 1-541-265-5803

California

Los Angeles

◆ Au Lac Vegetarian Restaurant
16563 Brookhurst Street, Fountain Valley,
CA 92708 U.S.A. (in Orange County)

Tel: 1-714-418-0658

◆ Veggie Era Vegab Restaurant
903-b Foothill Blvd Upland, CA 91786
Tel: 1-909-982-3882

◆ Happy Veggie
709 N. Pacific Coast Highway,
Redondo Beach , CA. 90277
Tel: 1- 310-379-5035 Fax: 1-310-379-5075

◆ One World Vegetarian Cuisine
178 S. Glendora Ave., W. Covina, CA
91790
Tel: (626) 917-2727
Email: info@oneworldveggie.com

Oakland

◆ Golden Lotus Vegetarian Restaurant
1301 Franklin St. Oakland, CA 94612
Tel: 1-510-893-0383

◆ New World Vegetarian Restaurant
464 8th St. Oakland, CA 94607 U.S.A.
Tel: 1-510-444-2891

San Francisco

◆ Golden Era Vegetarian Restaurant
572 O'Farrell Street, San Francisco, CA 94102
Tel: 1-415-673-3136

San Jose

◆ Supreme Master Ching Hai
International Association Vegetarian
House
520 East Santa Clara Street, San Jose CA
95112
Tel: 1-408-292-3798
info@vegetarianhouse.us

<http://Godsdirectcontact.com/vegetarian/>

◆ Tofu Togo
388 E. Santa Clara Street, San Jose CA
95113
Tel: 1-408-286-6335

Massachusetts Boston

◆ Quan Yin Vegetarian Restaurant
56 Hamilton Street, Worcester MA 01604
Tel: 1-508-831-1322 /Fax: 1-508-752-2061

◆ Buddha Hut
415 Chandler Street Worcester, MA 01602
Phone: 508-459-0367/Fax: 508-459-0784
Email: bostonbuddhahut@yahoo.com

Texas

Houston

◆ Quan Yin Vegetarian Restaurant
10804-E Bellaire Blvd, Houston TX 77072
Tel: 1-281-498-7890
Fax: 1-281-498-7972

Dallas

◆ Suma Veggie Cafe
800 E Arapaho Rd, Richardson, TX 75081
Tel: 1-972-889-8598

◆ Veggie Garden Restaurant
510 W. Arapaho, #112, Richardson, TX 75080
Tel: 1-972-479-0888
Fax: 1-972-761-0691

Georgia

◆ Cafe Sunflower

5975 Roswell Rd. Suite 353, Atlanta GA
30328

Tel: 1-404-256-1675 Fax: 1-404-256-6365

Washington

◆ Teapot Vegetarian House (Location 1)

125 15th Ave E, Seattle WA 98112, U.S.A.

Tel: 1-206-325-1010

<http://www.teapotvegetarianhouse.com>

◆ Teapot Vegetarian House (Location 2)

15230 NE 24th St #H, Redmond WA 98052,

Tel: 1-425-373-1888 , 1-425-747-8881

<http://www.teapotvegetarianhouse.com>

Illinois

◆ Alice & Friends Vegetarian Cafe

5812 N Broadway St. Chicago, IL
60660-3518,

Tel: 1-773-275-8797

Peru**Lima**

◆ Sabor Supremo

Av. Militar 2179 - Lince - Lima 14

Tel: 51-1-265-0310

◆ Vida Light

Jr. Camana 502 - Lima

Tel: 51-1-426-1733

Europe**Germany****Munich**

◆ Zay Restaurant

Occumstrasse 13, 80802 Munich,
Germany,

Tel: +49 89 330 569 48

◆ Restaurant Aulac,

Kurfuerstenstrasse 47, 80801 Munich
Germany .

Tel: +49 89 28673021

France**Paris**

◆ Tien Hiang

20, rue Nationale, 75013 Paris, France

Tel / Fax: 33-1-45829954

◆ Saveurs Veget'halles

41, rue des Bourdonnais, 75001 Paris,
France

Tel : 33-1-40419395

Spain**Malaga**

◆ Restaurante vegetariano EL

LEGADO CELESTAL

Calle PEREGRINO ,2

29002 Malaga , Spain

Tel: 34-95-235-1521

Valencia

◆ The Nature Vegetarian Restaurant

Plaza Vannes, 7 (G.V.Ramon y Cajal,
36, dcha), 46007 Valencia, Spain

Tel: 34-96-394-0141

◆ Restaurante Casa Vegetariana
“Salud”
Calle Conde Altea, 44, bajo,
46005 Valencia, Spain
Tel: 34-96-3744-361

United Kingdom London

◆ The Peking Palace
669 Holloway Road, London, N19 5SE
Tel: 020-7281-8989, 020-7281-5363
Website:
<http://www.thepekingpalace.com/>

◆ Mr Man
236 Station Road, Edgware,
Middlesex, HA8 7AU.
Tel: 020-8905-3033
Website: <http://www.vegmrmn.com>

Oceania

Australia Canberra

◆ Au Lac Vegetarian Restaurant
4/39 Woolley Street Dickson ACT
2602
Tel: 61-2-6262-8922

◆ Vegtarian House
Shop 7 Homeworld shopping centre
Tuggeranong ACT 2900
Ph: 61-2-6293 9788

Melbourne

◆ LA PANELLA BAKERY
465 High Street, Preston Victoria 3072,
Tel / Fax: 61-3-9478-4443

Sydney

◆ Happy Vegan Vegetarian Restaurant
11/68 John St, Cabramatta, NSW 2166
Tel: 61-2-9728-7052

◆ Duy Linh Vegetarian restaurant
10/117 John St, Cabramatta, NSW 2166
Tel: 61-2-9727- 9800

◆ Color of Love, Vegetarian restaurant
227 Cabramatta Rd, Cabramatta, NSW 2166
Tel: 61-2-9755-4410 Mol: 61-405-
735748

Kardinya

◆ One World Cuisine
Shop 7, 23 South Street , Kardinya
WA6163, Australia (beside IGA)
Tel: 61-8-9331-6677 Fax: 61-8-9331-6699
enquiry@oneworldcuisine.com.au
<http://www.oneworldcuisine.com.au>

Asia

Hong Kong Kowloon

◆ Buddha Hut
245 Amoy Plaza Phase 2, 77 Ngau
Tau Kok Road, Kowloon, Hong Kong

Tel: 852-27511321

New Territories

◆ AllareLove Health Food Shop
Address : Shop 89, 2/F., Hop Yick
Commercial Centre, 33 Hop Choi Street,
Yuen Long, New Territories
Tel.: 852-92298394

North Point

◆ Island Health and Beauty Centre

107, 1/F, 233 Electric Road
Tel: 852-2565-9088
<http://www.surya-ahimsa.com>

Tun Mun

◆ Nature House (a retailer of Loving
Food Corp. products)
Workshop No.6 5th Floor, Good
Harvest Industrial Building, No.9 Tsun
Wen Road Tuen Mun New Territories
Tel: 852-2665-2280
<http://www.naturehouse.com.hk>
<http://www.lovingocean.com>

◆ Sam Hing Foods Co., Ltd (Retailer)
5 Shek Pai Wan Road, Wai Cheung
Industrial Centre, 12/F, Block O & P,
Tun Mun, New Territories, Hong Kong
Tel: 852-2467-3911

Korea

◆ SM Vegetarian Buffet

229-10, Poi-dong, Gangnam-gu, Seoul,
Tel: 82-2-576-9637 Fax: 82-2-575-
9562

Website: <http://www.smvege.co.kr/>

◆ Vegelove Vegetarian Buffet

8th Floor, Lotte Department Store,
937, Daechi-dong, Gangnam-gu, Seoul,
Korea
Tel: 82-2-565-6470
Website: <http://veglove.co.kr/>

◆ Home of 5th World

59 Gwanhoon dong, Jongno-gu, Seoul,
Tel: 882-2-735-7171
Website: <http://www.go5.co.kr/>

◆ Hanulchae

11-7 Youngjun-dong, Dong-gu,
Daejeon
Tel: 82-42-638-7676

◆ ChaeSikSarang Restaurant (Andong)
158-5 Dongmun-dong, Andong ,
Korea
Tel: 82-54-841-9244

◆ ChaeSikSarang Restaurant (Ulsan)
185-4 Boksan2-dong, Jung-gu, Ulsan ,
Tel: 82-52-297-4844

◆ GwiGerRaeSa

484-1, Baekil-ri, SanNae-myon,
Namwon, Jeonbuk-do , Korea
Tel: 82-63-636-8093

Indonesia

Surabaya

◆ Surya Ahimsa Vegetarian

Restaurant

Jl. Kusuma Bangsa 80, Surabaya -
60272

Tel: 62-31 - 535-0466

<http://www.surya-ahimsa.com>

◆ Depot “Sehat”

Jl. Pasar Besar Wetan 3

Tel: 62-31-5469933

◆ Depot Harmonis Vegetarian

Jl. Kapasan 194K

Tel: 62-31-3715501, 62-31-3714868

Bali

◆ VEGGIE CORNER

Jalan Imam Bonjol 68 Denpasar - Bali

Tel: 62-361- 490-033

◆ Veggie House

Pertokoan Sudirman Agung B 12-A Jl.
PB SudirmanTel: 62-361-241-035 Fax: 62-361-
255368E-mail: light99@telkom.net

◆ Warung Vegetarian Mbak Tiek

Jl. Tukad Pakerisan 99C, Panjer

◆ Bodhi Chumani Vegetarian

Jl. Cok Agung Tresna 108 Renon

◆ Rumah Makan Vegetarian Alami

Jl. Bedahulu No. 43 Gatot Subroto

Tel: 62-361-436-382

Bandung

◆ Ahimsa Vegetarian Restaurant

Komplek Ruko Luxor Permai Kav. No.

25 Jl. Kebon Jati Belakang No. 41

Tel: 62-22-423-4739

Jakarta

◆ Kantin Selera Alam

Jalan Samarinda No.29, Jakarta-Pusat

10150

Tel: 62-21-6386-0843

◆ Satu Dunia Satu Cinta Vegetarian

Restauran

ITC Cempaka Mas Jakarta Pusat

Food Court Lt. 5 No. 148

Tel: 62-21-912-64605

◆ Murni Vegetarian Restaurant

Jl. Kisamaun No 144, Tangerang,

Jakarta

Tel: 62-21-5521619

◆ Satu Dunia Satu Cinta Vegetarian
RestaurantJl. A1 No. 34 Teluk Gong Jakarta
Utara

Tel: 62-21-669-2093

Medan

◆ Merlinda Vegetarian

Jl. Candi Biara No. 7 Medan

Tel: 62-61-451-4656

◆ Socrates

Jl. Airlangga No. 14 C Medan
Tel: 62-61-456-8950

Yogyakarta

◆ Warung Soma Yoga (Vegi Jawi)

Jl. Raya Babarsari No. 102 Yogyakarta
Tel : 62-274-7110221

Malaysia

◆ Supreme Healthy Vegetarian Foods

1179, Jalan Sri Putri 3/3, Taman Putri
Kulai , 81000, Kulai, Johor, Malaysia
Tel: 607-662-2518 Fax: 607-662-2512
E-mail: oldpiong@streamyx.com

FORMOSA

Taipei

◆ Buddha Hut

No.44, Huaining St., Jhongjheng
District, Taipei City 100, Formosa

◆ Love Ocean Veggie Caf

B1., No.5, Alley 30, Lane 78, Sec. 2,
Fusing S. Rd., Da-an District,
Taipei ,106, Formosa (R.O.C.)
TEL: 886-2-2705-9599

◆ Dharma Vegetarian Restaurant

140, Jin-Hua Street, Taipei, Formosa
Tel: 886-2-2351-6651

◆ Kapok Coffee & Bakery

1F, 5, Lane 308, Section 2, Fu-Hsin

South Road, Taipei, Formosa (R.O.C.)

Tel: 886-2-2733-6819

◆ Shan Yuan Vegetarian House

171, Hua-Yin Street, Taipei, Formosa
Tel: 886-2-2550-9165

◆ Mrs. Vegan

11, Alley 14, Lane 40, Sec. 2,
Jhongcheng Rd., Shihlin District,
Taipei,11147, Formosa (R.O.C.)
Tel: 886-2-2834-6602

◆ PEI REN Bakery

4, Lane 243, Jingsing Rd., Wunshan
District, Taipei,11669, Formosa (R.O.C.)
Tel: 886-2-2933-5569

◆ Clean & Peaceful & Fragrant
Vegetarian Buffet

.4, Alley 28, Lane 416, Sec. 2,
Jhonghua Rd., Wanhua District,
Taipei, 10880, Formosa (R.O.C.)
Tel: 886-2-2337-4917

◆ Cloud Water Store

1F., No.247, Songde Rd. Sinyi
District, Taipei, 11085, Formosa (R.O.C.)
Tel: 886-2-2346-0036 Mobile Phone:
0936-090046

◆ Loving Food

B1., No.5, Alley 30, Lane 78, Sec. 2,
Fusing S. Rd., Da-an District,
Taipei, 106, Formosa (R.O.C.)
Tel: 886-2-2705-9299

◆ Healthy Life House

1F., No.53, Sec. 5, Jhongsiao E. Rd.,
Sinyi District, Taipei 11071, Formosa
Tel: 886-2-3765-1003 *4 FAX: 886-2-
2766-5785

◆ Healthy Vegetarian Living House

No.189, Dongyuan St.,
Wanhua District, Taipei 10868,
Formosa (R.O.C.)
Mobile Phone : 0921-051706
Tel: 886-2-2339-5657

◆ Br.Shi Vegetarian Kitchen

303, Fumei Rd., Jhonghe City, Taipei
County 23556, Formosa (R.O.C.)
Tel: 886-2-2240-3629

◆ Chin Tai Vegetarian Bakery

10, Lane 216, Chung-Cheng Road,
Pan-Chiao City, Taipei County,
Formosa, R.O.C.
Tel: 886-2-2271-0426

◆ XIN HONG Food

1F., No.2-11, Alley 55, Lane 112, Sidong
Rd., Sansia Township, Taipei County
23743, Formosa
Mobile Phone : 0953-700760
Tel: 886-2- 8676-2445/ FAX: (02)
8676-3714

◆ Pilot Lohas Organic Vegetarian
Healthy Shop

.6, Jieyun Rd., Jhonghe City, Taipei
County 23566, Formosa (R.O.C.)
Tel: 886-2-29431628 / FAX: 886-2-
8676-3714
<http://www.lohasego.org.tw/>

◆ Pine Wind Singing Vegetables Shop

26, Sec. 2, Sintai 5th Rd., Sijhih City,
Taipei County 22175, Formosa (R.O.C.)
Tel: 886-2-26415059 FAX: 886-2-
26416806

◆ La Marquise a 5 heures
2, Alley 11, Lane 345, Sec. 4, Jen-Ai Road, Taipei, Formosa (R.O.C.)
Tel: 886-2-2773-8529

Taoyuan

◆ New Century Vegetarian Restaurant
131, Yu-Heng Street, Taoyuan City,
Formosa Formosa (R.O.C.)
Tel: 886-3-356-1931

Hsinchu

◆ Hsin-Hsin Vegetarian Bakery
43, Hsin-Chung Street, Hsinchu City,
Formosa Formosa (R.O.C.)
Tel: 886-3-561-1337

Miaoli

◆ Huan-Si Veggie Shop
728, Chung-Cheng Road, Miaoli City,
Formosa Formosa (R.O.C.)
Tel: 886-37-325-480/ FAX; 886-37-329-858

◆ Huo-Li Raw Food
279, Jhongheng Rd., Miaoli City,
Miaoli County 360, Formosa Formosa
Tel: 886-37-362-384
Mobile Phone : 0939-792464

◆ Mei-Ying Veggie
No.2-51, Yongle Rd., Tongluo
Township, Miaoli County 366,
Formosa Formosa (R.O.C.)
(Tel: 886-37-982-181

◆ Jiao-Ying Veggie
No.19-16, Jhongheng Rd., Tongluo
Township, Miaoli County 366,
Formosa (R.O.C.)
Tel: 886-37-984-413

Taichung

◆ The Moment of snow., timely sunny
No.25, Jingcheng 21st St., West
District, Taichung City 403, Formosa
Tel: 886-4-320-0940

◆ Good & Limpid Springs
No 173, 11 St, Dadun Rd., Nantun
District, Taichung City 408, Formosa
Tel: 886-4-2310-0586

◆ Lin Chi Shop
No.8, Lane 204, Zhishan Rd., Xitun
District, Taichung City 407, Formosa
Tel: 886-4-2702-4329

◆ Wen Hua Vegetarian House
(Europe & Japan Styles)
No.18, Lane 5, Wunhua Rd., Situn
District, Taichung City 407, Formosa
Tel: 886-4-2452-6665

◆ Ji Kai Vegetarian House
No.565, Jhongshan Rd., Shengang
Township, Taichung County 429,
Formosa (R.O.C.)
Tel: 886-42561-0343

The Water Reaches the Blue Sky
No.101-9, Dali Rd., Dali City,
Taichung County 412, Formosa
Tel: 886-4-2485-0608

Nantou

◆ Tung Poetry, Tung Pating
 Restaurant vegetarian
 No.1, Sec. 4, Jhongsan Rd., Puli
 Township, Nantou County 545,
 Formosa (R.O.C.)
 Tel: 886-49- 291-2248 -168-169

Changhua

◆ Young Prince Vegetarian Food
 NO.393, Sec. 6, Ersi Rd., Yongsing
 Village, Erlin Township, Changhua
 County 526, Formosa
 Tel: 886-4- 868-0477 Mobile phone:
 0912-197466

◆ VKeeping in Good Health
 Vegetarian Food
 NO.57, Sihuan Rd., Sihu Township,
 Changhua County 514, Formosa
 Tel: 886-4- 882-2811

◆ Ploughs the Fragrant Garden
 (vegetarian Rrestaurant)
 NO.210, Chenggong Rd., Lugang
 Township, Changhua County 505,
 Formosa (R.O.C.)
 Tel: 886-4-784-1158

Yunlin

◆ Shui-Lung Life Gallery
 127, Kung-Chuan 1 Street, Hu-Wei
 Township, Yunlin County, Formosa

Tel: 886-5-636-5377

Chiayi

◆ Shih-Wai-Tao-Yuan
 No.1-3, Minhe Village, Fanlu
 Township, Chiayi County 602,
 Formosa (R.O.C.)
 Tel: 886-5-259-3751

◆ Chu-Hai Vegetarian House
 12, District 2, Lane 245, Kuo-Hua
 Street, Chiayi City, Formosa (R.O.C.)
 Tel: 886-5-228-2155

◆ Infinite Light Vegetarian Bakery
 21, Kuo-Hsi Li, Ta-Ling Township,
 Chiayi County, Formosa (R.O.C.)
 Tel: 886-5-295-2851

Tainan

◆ Green Life
 Tainan City, South Zone Zhung Hua
 Xi Road 1Sec. No.326, Formosa,
 Tel: 886-6-265-1866 /Fax: 886-6-265-3381
<http://www.green-life.com.tw>
 E-mail: greenlife@seed.net.tw

◆ Su-Hsin Regiman Shop

169, Yu-Feng Street, Tainan City,
Tel: 886-6- 200-3767 / 235-7905
Cel: 0921-023281

◆ Vienna Forest Special Vegan
Tainan City, Fu qian Road 2nd Section
No.544, Formosa, R.O.C.
Tel: 886-6-298-6088 /FAX;886-6- 295-5290

◆ He Feng Yuan vegan
Tainan City, Jian Kang Road 1Sec.
No.135, Formosa (R.O.C.)
Tel: 886-6-213-4157 / FAX: 886-6-
213-4157

◆ Li Xiang VeganBreakfast
Tainan City, Da An Street No.146 , Tel:
886-6-255-2009

◆ Ru Yi Vegan
Tainan City, Bei An Road 3sec.
No.203, Formosa (R.O.C.)
Tel: 886-6-255-9512

◆ Zi Zai Healthy Vegan
Tainan City, Hai Dian Road 1st
Section 158 Lane No.61, Formosa

Tel: 886-6-258-7978 /88
Cel: 0932-872271

Kaohsiung

◆ Asia Vegetarian Restaurant
No.252, Jinding Rd., Sanmin District,
Kaohsiung City 807, Formosa (R.O.C.)
Tel: 886-7-343-8006 / 349-3008

◆ Vegetarian Garden
43, Wu-Chia Road 1, Feng-Shan City,
Kaohsiung County, Formosa (R.O.C.)
Tel: 886-7-742-3506

Pingtung

◆ Wu-Ma-Ma Vegetarian Cafe
25-43, Lin-Sen Road, Pingtung City,
Tel: 886-8-722-3257

◆ Tian Jhen Vegetarian Bakery
18, 146 Lane, Wuntian Rd., Wunfong
Village, Jiadong Township, Pingtung
County 931, Formosa,
Tel: 886-8-866-6470
Cell: 0910-759-270

◆ Masses Compound Vegetarian Restaurant
293, Tzu-Yu Road, Pingtung City, Formosa,

Tel: 886-8-738-3779

TEL: 886-3- 9574813

◆ Vegetarian Garden

36, Jhong-siao Rd, Chao-Chou
Township, Pingtung County, Formosa
Tel: 886-8-788-4613

Hualien

◆ Green Organic Garden

No.624, Zihciang Rd., Ji-an Township,
Hualien County 973, Taiwan (R.O.C.)
Tel : 886-3-856-6353 Fax:886-3-857-4347

Yilan

◆ Uncle Wu Vegetarian Restaurant

No.333, Sec. 3, Chung Shan Road,
Yilan City, Formosa (R.O.C.)
Tel: 886-3-933-2268

Taitung

◆ Bliss Vegetarian Restaurant

49, Lan-Chou Street, Taitung City,
Tel: 886-89-232739

◆ Shan Shih Vegetarian Restaurant

330, Ming-Tsu Road, Yilan City,
Tel: 886-3-936-6071

Penghu

◆ Good Friend Vegetarian House

124-1, No.320, Sanduo Rd., Makung
City, Penghu County, Formosa, R.O.C.
Tel: 886-6-926-1158

◆ Healthy Vegetarian Cafe

93-1, Tai-Shan Road, Yilan City, Formosa,
Tel: 886-3-932-6538

Kinmen

◆ The Wonderful Mom Healthy

Vegetarian House
2nd Floor, 45 Fu-Hsing Road, Jinhu
Township, Kinmen County, Formosa,
Tel: 886-82-332349, 886-82-333351

◆ Joy (Xi Yue) Vegetarian Restaurant

No.150, Gongzheng Rd., Luodong
Town, Yilan County 265, Formosa

*Mgbe ihunanya Nna-ukwu dakwasara mkpuru obi m,
A muru m nwata ọzọ.
Naanị na ajuighi m ihe bu ebumnuche:
Ebumnuche abughị echiche nke ihunanya*

*A bu m onye na-ekwuchite
Nke ihe okike niile
Na-ekwuputa n'oghere
Ahuhu na mgbu ha
Nke ndu agachaa ndu na ukwu onwu nke na-atughari
Kpee ekpere, Nna-ukwu nwere obi ebere
ososo! Me ka o bia na njedebe*

*Ngozi gi na-erukwasị onye o bula
Nke ozo na nke ezigbo, Nke mara mma na nke joro njo.
Nke di ezigbo na nke na-abaghi uru
Ka ibe ya!
Oh Nna-ukwu, Enweghi m ike igu otito gi
Ihunanya gi, e ji m ya n'obi m,
Ma jiri ya arahụ ura anyasi o bula.*

*Si na "Silent tears"
Nke Nna-ukwu kacha elu Ching Hai.*

Mbipụta

Na ibulite mụọ anyị na nye ume maka ndụ ụbọchị ọ bụla anyị, nkpokota bara ụba nke nkuzi Nna-ukwu kacha elu Ching Hai dị n'ụdị akwụkwọ, vidiyo teepu, ọdịo tapuu, abọ egwu, DVD, MP3 na CD.

Na mgbakwunye n'akwụkwọ na tapuu ebipụtara, nkuzi Nna-ukwu dị iche iche edoziri ka i nwee ike nweta ọsọsọ na-akwughị ụgwọ site n'Intanetị. Dịka ọmụmaatụ, imirikiti ụlọ ọrụ weebu na-egosi mbipụta akwụkwọ ozi nke a na-eme ugboro ugboro (hụ ụlọ ọrụ webụ “Quan Yin” ngalaba dị n'okpuru) ihe ngosi nbipụta ọnlainụ ndị ọzọ tinyere abụ Nna-ukwu, na ilu na-agba ume ya na nkuzi dị n'ụdị vidiyo na ọdịo faịlụ.

Akwụkwọ

Iwelite elu otu akwụkwọ Nna-ukwu n'etiti ụbọchị ohere adighị nwere ike izoputa ndụ. Okwu ya na-eme ncheta pụtara ihe, ezigbo ọdịdị anyị bụ. Ma anyị a na-agụ nkuzi ozi nke mmụọ dị n'usoro igodo nke ikwalite mmụọ ọsọsọ ma ọ bụ abụ dị obi ebere miri emi nke dị na Silent Tears, amamihe dị oke ọnụ ka a na-eme ka amara mgbe ọ bụla.

N'ahiri usoro akwụkwọ nke na-esote, ọnuogugu akwụkwọ nke asusụ ọ bụla ka egosiri n'akara rịkọm. Maka ozi ọzọ gbasara inweta akwụkwọ ndị a na ndị ọzọ, biko hụ ngalaba “inweta nbiputa”.

The Key of Immediate Enlightenment: Nchik ta nkuzi Nna-ukwu kacha elu Ching Hai. A na-enweta ya na

Aulacese(1-15), Chinese(1-10), English(1-5), French(1-2), Finnish(1), German(1-2), Hungarian(1), Indonesian(1-5), Japanese(1-4), Korean(1-11), Mongolian(1,6), Portuguese(1-2), Polish(1-2), Spanish(1-3), Swedish(1), Thai(1-6) and Tibetan(1).

The Key of Immediate Enlightenment - Questions and Answers: Nchik ta aj j na aziza si na nkuzi Nna-ukwu. A na-enweta ya na Aulacese(1-4), Chinese(1-3), Bulgarian, Czech, English(1-2), French, German, Hungarian, Indonesian(1-3), Japanese, Korean(1-4), Portuguese, Polish and Russian(1).

The Key of Immediate Enlightenment - Special Edition/1993 World Lecture Tour: Nchik ta nkuzi ukwu akw kw d isii nke Nna-ukwu kacha elu Ching Hai n'oge 1993 nkuzi njem wa. A na-enweta ya na English na Chinese.

The Key of Immediate Enlightenment - Special Edition/7-Day Retreat: Nchik ta nkuzi nke Nna-ukwu n'af 1992 n'oge nn k abalị asaa na San Di Mun, Formosa. A na-enweta ya na English na Aulacese

The Key of Immediate Enlightenment -My Wondrous Experiences with Master: A na-enweta ya na Aulacese (1-2), Chinese (1-2)

Letters Between Master and Spiritual Practitioners: A na-enweta ya na English (1), Chinese (1-3), Aulacese (1-2), Spanish (1)

Master Tells Stories: A na-enweta ya na English, Chinese, Spanish, Aulacese, Korean, Japanese and Thai.

Coloring Our Lives: Nchikọta okwu na nkuzi nke mmụọ nke Nna-ukwu. A na-enweta ya na Chinese na English

God Takes Care of Everything — Illustrated Tales of Wisdom from The Supreme Master Ching Hai: A na-enweta ya na Aulacese, Chinese, English, French, Japanese na Korean.

The Supreme Master Ching Hai's Enlightening Humor – Your Halo Is Too Tight! A na-enweta ya na Chinese na English.

Secrets to Effortless Spiritual Practice: A na-enweta ya na Chinese na English.

God's Direct Contact —The Way to Reach Peace: Nchikọta nkuzi nke Nna-ukwu kacha elu Ching Hai n'oge njem nkuzi Europe 1999.

A na-enweta ya na Chinese na English.

Of God and Humans — Insights from Bible Stories

Nchik ta ab p r iche gunyere ak k Akw kw Ns iri na at nke ak r z n'enwegh oyiri si na Nna-ukwu n'oge d iche iche.

A na-enweta ya na Chinese na English.

The Realization of Health--Returning to the Natural and Righteous Way of Living: A na-enweta ya na Chinese na English.

I Have Come to Take You Home: Nchik ta okwu na nkuzi nke mm nke Nna-ukwu. A na-enweta ya na Arabic, Aulacese, Bulgarian, Czech, Chinese, English, French, German, Greek, Hungarian, Indonesian, Italian, Korean, Polish, Spanish, Turkish, Romanian na Russian.

Aphorisms: Amamihe ebebe d oke n sitere na Nna-ukwu. A na-enweta ya na English/Chinese, Spanish/Portuguese, French/German, Japanese/ English na Korean/English

The Supreme Kitchen(1) – International Vegetarian Cuisine: Nchik ta erimeri mara mma si n'ak k mba wa nd na-eme otu ihe akwadoro. A na-enweta ya na English/Chinese/Aulacese na Japanese.

The Supreme Kitchen(2) – Home Taste Selections: Ukwu akw kw achik tara n nke English/Chinese.

One World... of Peace through Music: Nchik ta aj n na mmebe egwu si n'gbak maka inyeru aka na Los Angeles, California. Akw kw ach k tara n nke English/Aulacese/Chinese.

A Collection of Art Creation by The Supreme Master Ching Hai: A na-enweta ya na English, Chinese.

S.M.Celestial Clothes (6): d na nbip ta as s achik tara n nke English/Chinese

The Dogs in My Life (1-2): A na-enweta ya na Chinese na English.

The Birds in My Life: A na-enweta ya na Chinese na English.

The Noble Wild: Available in Chinese and English.

Thoughts on Life and Consciousness: A book written by Dr. Janez: Available in Chinese

d o na vidiyo teepu

Ikiri vidiyo teepu Nna-ukwu nwere ike iweghachi n dụ any ji ah na nye any ncheta nke ezigbo onwe any . Were amamihe nke na-esi n' ch enye ugboro ugboro, okwu ya na omume ah ya na-enwetakwa an ri d nara nara n'obi any . Na mgbakwunye, nk wa nkuzi nke d o teepu na nkata ya na nd anabatara ga-agbanwe ihe b la gh r ihe ka o buru ahumihe na-enye ut .

Ntak r ngosi nke teepu d , ka edep tara n'okpuru. Maka ozi z gbasara inweta nke a na teepu nd z , biko hu ngalaba “inweta mbip ta”.

- A Prayer for World Peace:** Nkuzi na Ljubljana, Slovenia.
- Be Your Own Master:** Ntughar uche nke otu na AT, USA.
- The Invisible Passageway:** Nkuzi na Durban, S uth Africa.
- The Importance of Human D gnity:** Ntughar uche nke otu na NJ, USA.
- Connecting Yourself with God:** Nkuzi na Lisbon, Portugal.
- H w to Love Your Enemy:** Ntughar uche nke otu na Santimen, Formosa.
- Return to the Innocence of Childhood:** Nkuzi na Stockholm, Sweden.
- The Way to Find the Treasure Within:** Ntughar uche nke otu na Chiang Mai, Thailand.
- Together We Can Choose a Bright Destiny:** Nkuzi na Warsaw, Poland.
- The Choices of Each Soul:** Ntughar uche nke otu na LA, USA.
- Walk the Way of Love:** Ntughar uche nke otu na L nd n, England
- Let Others Believe God the Way They Want:** Ntughar uche nke otu na LA, USA

Ab egwu na CD

Onyinye egwu Nna-ukwu nyere anyị gunyere gu abụ Buda ugboro ugboro, na egwu ọ mebere n'aka ya nke a na-akpọ n'akọrọ ngwa egwu ọdinala dị ka Zither ndị China na Mandolin.

Otuṅu egwu ọ mebere na nkuzi dị na abọ egwu na CD. Maka inweta ozi gbasara nke a na ihe ọzọ ọ mebere. Biko hụ ngalaba, “Inweta nbiputa”. **Buddhist Chanting:** ukwu otu, abụọ, atọ itugharj uche site na-igụ egwu ugboro ugboro)

Holy Chanting: Halleluyah

Collection of Music Composed by Master (ukwu otu ruo iteghete)

Egwu ọ mebere n'aka ya nke a na-akpọ na dulcimer, harp, piano, zither Chinese, digital paino na ihe ndị ọzọ.

Poetry Collections

Silent Tears: A book of poems written by Master.

Available in English/Chinese, German/French/English, , Aulacese, Spanish, Portuguese, Korean and Filipino.

Wu Tzu Poems: A book of poems written by Master.

Available in Aulacese, Chinese, English

The Dream of a Butterfly: A book of poems written by Master.

Available in Aulacese, Chinese and English.

Traces of Previous Lives :A book of poems written by Master.

Available in Aulacese, Chinese and English.

The Old Time: A book of poems written by Master.

Available in Aulacese , English.

Pebbles and Gold: A book of poems written by Master.

Available in Aulacese , Chinese and English.

The Lost Memories: A book of poems written by Master.

Available in Aulacese, Chinese and English.

Traces of Previous Lives : Vols 1,2,3 (CD,Video, Audio tapes) Aulacese

A Path to Love Legends: Vols 1,2,3 (CD,Video, Audio tapes) Aulacese

Beyond the Realm of Time: (CD, DVD) Aulacese

A Touch of Fragrance : (CD) Aulacese

That and This Day : (CD) Aulacese

Dream in the Night: (CD,DVD) Aulacese

What the Hell! : (CD) Aulacese

Please Keep Forever : (CD) Aulacese

Songs & Compositions of The Supreme Master Ching Hai: (CD) English, Aulacese, Chinese

The Song of Love : (DVD) Aulacese and English

The Jeweled Verses: (DVD) Aulacese

The Golden Lotus: (DVD) Aulacese

DVD

Akara iruba ama	aha	obodo ọ bụ
184	The Truth About The World -- Maitreya Buddha & Six Children	Hsihu,Formosa
240	Leading The World Into A New Era	Hsihu, Formosa
260	The Mystery Of The World Beyond	UN., U.S.A.
356	Let God Serve Through Us	U.N.Geneva, Switzerland
389	Songs & Compositions of The Supreme Master Ching Hai -- MTV	
396	Forgive Yourself	CA., U.S.A.
401	The Mystery of Cause And Effect	Bangkok, Thailand
444	Rely on Yourself (1,2)	Hawaii, U.S.A.
467	The Suffering of This World Comes From Our Ignorance	Singapore

474	We Are Always Together	Paris, France
493	Appreciate The Value of Initiation	Hamburg, Germany
497	We Are Always Together	Hamburg, Germany
501	The Way of Family Harmon	Hsihu, Formosa
512	How To Practice In The Complicated Society	Hsihu, Formosa
513	The Best Way To Beautify Yourself	Hsihu, Formosa
549	The Mark of A Great Saint	Phnom Penh, Cambodia
560	Each Soul Is The Master	Raising Center Cambodia
562	The God Consciousness Is in Everything	Raising Center, Cambodia
571	The True Manifestation of A Living Master	Hyatt Hotel, Long Beach, CA,U.S.A.
582	Be Determined On the Spiritual Path	Australia
588	Master's Pilgrimage to the Himalayas (Part 1, 2)	LA Center, U.S.A.
600	The Real Meaning of Ahimsa	Pune, India
602	Our Child Nature is God	LA Center, U.S.A.
603	Entering The Blissful Union of God	Singapore
604	Spiritual Life and Professional Ethics	Washington D.C., U.S.A.
605	The Purpose of Enlightenment	Washington D.C., U.S.A.
608	The Methods of Spiritual Improvement	Washington D.C., U.S.A.
611	Eternal Care From A True Master	Washington D.C., U.S.A.
618	Sacred Romance	Sangju, Korea Young Dong Center
620	The True Master Power	Young Dong Center; Sangju; Korea
622	Bringing Perfection Into This World	Young Dong Center; Sangju; Korea
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662	Face Life With Courage	London, England
668	The Invisible Passage Way	Durban, South Africa
665a	Pacifying The Mind	Istanbul,Turke
667	Be a Torchbearer for God	Johannesburg, South Africa
670	Our Perfect Nature	Florida Center, U.S.A
671	To Be Englihtened Te	I Aviv, Israel
673	Transcend Emotions	Cape Town,South Africa
674	Walking In Love And Laughter	Cape Town, South Africa
676	Parliament of the World's Religions	Cape Town,South Africa
677	The Smile of an Angel	Bangkok,Thailand
680	Beyond the Emptiness of Existence	Bangkok,Thailand
681	The Heart of A Child	Bangkok, Thailand
685	Concentration On Work: A Way of Spiritual	Practice Bangkok, Thailand
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689	Enlightenment and Ignorance	Nepal	
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691	Illusion Is A Reflection of Reality	Manila, Philippines	
692	Listening Inwardly To Our Self-Nature	Taoyuan, Formosa	
693	Wisdom & Concentration	Tokyo, Japan	
694	Life Continues Forever	Seoul, Korea	
695	A Spiritual & Intellectual Interchange	A Conference at the Academia Sinica	Formosa
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705	Waking Up from the Dream	Seoul Center, Korea	
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712	The Divine Intelligence of Animals	Florida Center. U.S.A.	
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718	Love is Always Good	Florida Center, U.S.A.	
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758	The Power to Transmit Enlightenment	Florida Center U.S.A.	
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762	Dealing with Karma	Mexico City Center, Mexico / San Jose Center, Costa Rica	
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TV4	Love Beyond Boundaries		
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“Inweta mbiputa”

A na-ere mbiputa niile n’ọnu ego dị nso n’ego ejiri mee ya. Ọ bụrụ na ị chọrọ ị zuru ma ọ bụ nye iwu ka edobere gị mbiputa, biko buru ụzọ chọọ n’ogige mpaghara gị ma ọ bụ kpọọ mmadu maka ị nweta ya. Ka inweta usoro mbiputa nke dị, i nwere ike ilele ogige mpaghara gị ma ọ bụ ijee n’ụlọ ọrụ weebu.

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Na mgbakwunye, ọtụtụ akwụkwọ mgbasa ozi nke ọnlainu na-enye usoro akwụkwọ ewepụtara nso nso. Ebe a na-egosiputa ihe n’ụlọ nnọkọ bụkwa ebe dị mma ị ga-enweta nlele nke aka gị maka akwụkwọ Nna-ukwu, teepu, eserese, ihe etere agba na ọla eji achọ mma.

Ọ dị mkpa, i nwere ike nye iwu ka ewetara gị ozigbo site n’isi ụlọ ọrụ dị na Formosa ((P.O.Box 9, Hsihu, Miaoli, Formosa, ROC). Akwụkwọ edepụtara ihe niile nke ọma dị, ma ọ bụrụ na ị chọrọ ka ewetara gị ya.

“Chọba akụ ebebe gi, ka i wee nwere ike dorọ n’isi ya nke anaghị agwu agwu. Nke a bu ngozi enweghi njedebe! Enweghi m okwu ga-eji agbasa ya. Enwere m naani ike ito ya ma chekwube na i ga-ekwenye na otito m, na ike m ga-esi otu o bula metuta obi gi na bulie gi n’udi mmetuta anuri, mgbe ahụ i ga-ekwere. Mgbe anabatarachara gi, i ga-aghota n’ezie ihe okwu a putara. Enweghi m uzọ m ga-esi enye gi nnukwu ngozi a, nke Chukwu tukwasiri m, wee nye m ikike ikesa, na-anaghị ego n’onodu niile.”

Nna-ukwu kacha elu Ching Hai

“Anyi na-ewere kama site na ndi mmadu no n’akuku anyi, site na ile ha anya, iche maka ha, mgbe anyi na-ekere oke n’akwukwo ma o bu erimeri, wdg. Otu a ka anyi si agozi mmadu wee na-ebeleta kama ha. Nke a bu ihe kpatara anyi ji eme, na-agbasa ihie na-achu ochichiri. Ngozi diri ndi nke na-enye anyi ufodu kama ha. Anyi na-enwe anuri inyere ha aka.”

Nna-ukwu kacha elu Ching Hai

“N’asusu nke mmadu, anyi na-ekwu ihe iberibe oge niile. Mgbe o bula anyi na blah, blah, blah, banyere ihe niile. Anyi na-atunyere, anyi na-akpo ihe ihe, anyi na-egosi otu, anyi na-enye ihe niile aha. Ma na nke zuru oke, o buru na o bu nke zuru oke n’ezie, inweghi ike ikwu maka ya. I nweghi ike ikwu maka ya. I nweghikwa ike iche maka ya. I nweghi ike itughari uche maka ya. O nweghi ihe o bula. Ighotara?”

Nna-ukwu kacha elu Ching Hai

Otu i ga-esi nweta anyị

Otu obodo dị iche iche Nna-ukwu kacha elu Ching Hai
 P. O. Box 9, Hsihu Miaoli 36899, Formosa, ROC
 P.O.Box 730247, San Jose, CA 95173-0247, U.S.A.

*N'ime usoro a ka enwere mba obodo dị mma nke na-asọpuru ntọ ala ma ọ bụ nnukwu inwe onwe nke okwukwe. Ọ bụrụ na ọnweghị onye i ga-akpọturu na mpaghara gi, biko kpọọ isi ụlọ ọrụ anyị ma ọ bụ ụlọ ọrụ dị gi nso karịa.

Ihe dị n'ime usoro ndị na-eme omume nwere njikọ na mba ụwa niile nwere ike gbanwe mgbe ụfọdụ, maka ozi ka dị ọhụrụ, biko hụ:

<http://www.Godsdirectcontact.org.tw/eng/cp/index.htm> (English)

☀ AFRICA

- * Angola: Center / 244 923 338082 / luandacentre@yahoo.com
- * Benin
- Cotonou / Mr. Yedjenou Georges / 229-93076861 / anicki@caramail.com
- Porto-Novo / Mr. Hounhoui Mahougbé Didier / 229- 90 93 29 99 / smportonovo@yahoo.fr
- * Burkina Faso: Ouagadougou / Mr. YAMEOGO Honore / 226-70 62 34 58 / honoreyam@yahoo.fr
- * Cameroon:
- Douala / Mr. Daniel Xie / 237-3-3437232 / smcameroon@gmail.com
- Douala / Mr. Thomas KWABILA / 237-99-15-05-73 / thomaskwa@yahoo.fr
- Douala / Mr. BIANE Alain Frederic AHMADOU / 237-99-86-50-26 / alainbiane@yahoo.fr
- * Dem.Rep. of the Congo:
- Kinshasa / Center / 243-810583010 / blessedcongo@yahoo.fr
- Kinshasa / Mr. Hung Lui-Liang / 243-813611939/ blessedcongo@yahoo.fr
- Kinshasa / Mr. Mbau Ndombe Abraham / 243-811433473
- * Ghana:
- Accra / Mr. Amuzu Kwei Samuel / 233-277607-528 / smghanac@yahoo.com
- Accra / Mr. Emmanuel Koomson / 233-244170-230
- * Kenya: Mr. Chin Szu Yao / 254-726944744 / smoothgoing@gmail.com
- * Madagascar: Antananarivo / Mr. Eric Razahidah / 261-33-1115197 / razahidah@hotmail.com

* Mauritius:

- Port Louis / Mr. Liang Dong Sheng / 230-2566286
- Port Louis / Ms. Josiane Chan She Ping / 230-242-0462 / smchmauritiuss@intnet.mu
- * Rep. of the Congo: Brazzaville Center / 242-5694029, 242-5791640 / goldenagecongo@yahoo.fr
- * R.S.Africa:
- Cape Town / Center / 27-83-952-5744 / capetowncentre@yahoo.com
- Johannesburg / Mr. Gerhard Vosloo / 27-82570-4437 / ghvosloo@mweb.co.za
- Johannesburg / Ms. Khená Refiloe Truelove / 27-76 742 5040 / emzinikababa@yahoo.com

* Togo:

- Kpalime / Mr. Dossouvi Koffi / 228-905 42 76 / jdossouvifr@yahoo.fr
- Kpalime / Mr. Late Komi Mensa / 228-441 09 48 / smkpalimetogo@gmail.com
- Lome / Mr. GBENYON Kuakuvi Kouakou / 228-902 72 07 / kgbenyon@yahoo.fr
- Lome / Mr. GERALDO Misbaou / 228-022 78 44 / mmylg@yahoo.fr
- * Uganda: Kampala / Mr. Samuel Luyimbaazi / 256-77264-9807 / semazima@yahoo.com

✪ AMERICA

- * Argentina: Buenos Aires / Ms. Mabel Alicia Kaplan / 54-11-4545-4640 / regresandoacasa25@yahoo.com.ar

* Bolivia:

- Santa Cruz / Ms. Adalina da graca munhoz / 591-3-3301758 / adamunhoz@hotmail.com
- Trinidad: Mr. Wu Chao Shien / 591-3-4625964

* Brazil:

- Belem / Ms. Cleci de Brito Neves / 55-9188019288 / contato.belem@yahoo.com.br
- Goiania / Mr. & Mrs. Erwin Madrid / 55-62-3941-4510 / erwinserrano@terra.com.br
- Recife / Recife Center / recifecenter@click21.com.br
- Recife / Ms. Maria Vasconcelos de Oliveira / 55-81-3326-9048 / mariaoliveira_cultural@click21.com.br
- Recife / Ms. Monica Tereza Nogueira / 55-81-8742-3431, 55-81-3304-0452
- San Paulo / Center / 55-11-5904-3083, 55-11-5579-1180 / br_center@yahoo.com.br

* Canada:

- Edmonton / Mr. & Mrs. Dang Van Sang / 1-780-963 5240 / anh2sd@hotmail.com
- London / Center / 1-519-933-7162 / uniself@yahoo.com
- Montreal / Center / 1-514-277-4655 / smchmontreal@sympatico.ca
- Montreal / Ms. Euchariste Pierre / 1-514-481-9816 / p_euchariste1@sympatico.ca
- Montreal / Mr. Hung The Nguyen / 1-514-494-7511 / thehungnguyen@sympatico.ca
- Ottawa / Center / ottawacentre@gmail.com
- Ottawa / Mr. Jianbo Wu / 1-613-829-5668 / jianbo.wu@yahoo.ca
- Ottawa / Ms. Jean Agnes Campbell / 1-613-839-2931 / jean.quanyin@gmail.com
- Toronto / Center / 1-416-503-0515
- Toronto / Ms. Diep Hoa / 1-905-828-2279 / hoadiep0723@yahoo.com
- Toronto / Mr. & Mrs. Lenh Van Pham / 1-416-282-5297 / hiepham@rogers.com
- Toronto / Liaison Office / torontocontact@yahoo.ca
- Vancouver / Ms. Li-Hwa Liao / 1-604-541-1530 / jsung2277@yahoo.ca
- Vancouver / Ms. Sheila Coodin / 1-604-580-4087 / qycontactperson@yahoo.ca
- Vancouver / Ms. Nguyen Thi Yen / 1-604-581-7230 / yentnguyen2002@yahoo.com

* Chile:

- La Serena / Mr. Esteban Zapata Guzman / 56-51-451019 / laserenacenter@hotmail.com
- Santiago / Center / 56-2-6385901 / chilecenter1@yahoo.com
- Santiago / Mrs. Jacqueline Barrientos / 56-2-3147786 / jackybarrientos@gmail.com

- * Colombia: Bogota Center / 57-1-2712861 / luzdelsonido@yahoo.com

* Costa Rica:

- San Jose / Center / 506-2200-753
- San Jose / Ms. Laura Chen / 506-3632-748 / lauracmesa501@hotmail.com
- * Honduras: Tegucigalpa / Ms. Edith Sagrario Ochoa / 504-2250120

* Mexico:

- Mexicali / Ms. Sonia Valenzuela / 1-928-317-8535 / valenzuela_sonia@hotmail.com
- Mexico State / Liaison Office / 52-55-5852-1256 / texcenter@gmail.com
- Monterrey / Mr. Roque Antonio Leal Suffo / 52-8-18104-1604 / monterreycenter@yahoo.com.mx
- * Nicaragua: Managua / Mrs. Pastora Valdivia Iglesias / 505-248-3651 / pastora7iglesia@yahoo.com
- * Panama:
 - Panama / Center / 507-236-7495
 - Panama / Ms. Maritza E.R. de Leone / 507-6673-2220 / mrl Leone2@yahoo.com
- * Paraguay:
 - Asuncion / Ms. Emilce Cespedes Gimenez / 595-21-523684 / emilce_cespedes@hotmail.com
 - Ciudad del Este / Mr. and Mrs. Italo Ignacio Acosta Alonzo / 595-983614592 / Italoacostaa@hotmail.com
- * Peru:
 - Arequipa / Mr. Julio Cardenas Pelizzari / 51-54-453828 / qyarequipa@gmail.com
 - Cusco / Ms. Patricia Kross Canal / 51-84-232682 / cuscoentro@yahoo.com
 - Lima / Mr. Edgar Nadal & Ms. Teresa de Nadal / 51-1-3565176 / teresita41@hotmail.com
 - Lima / Mr. Victor Carrera / 51-1-2650310
 - Puno / Ms. Mercedes Rodriguez / 51-51-353039 / punocentroperu@yahoo.es
 - Trujillo / Mr. & Mrs. Raúl Segura Prado / 51-44-221688 / rsp_trujillo@hotmail.com
- * USA:
 - § Arizona: Center / 1-602-264-3480
 - § Arizona: Mr. & Mrs. Kenny Ngo / 1-602-404-5341 / kennynngoaz@hotmail.com
 - § Arkansas: Mr. Robert Jeffreys / 1-479-253-8287 / christophers2@cox.net
 - § California:
 - Fresno / Ms. Frances Lozano / 1-559-322-9793 / estudios62301@yahoo.com
 - Los Angeles / Center / 1-951-674-7814
 - Los Angeles / Mr. & Mrs. Tsung-Liang Lin / 1-626-914-4127 / tllin54@hotmail.com
 - Los Angeles / Mr. Gerald Martin / 1-310-836-2740 / gmartin0999@hotmail.com
 - Los Angeles / Ms. Chiem, Mai Le / 1-714-924-5327 / smlw31@yahoo.com
 - Sacramento / Mr. Thi Thai Le / 916-799-7768 / thaivegi@yahoo.com
 - Sacramento / Mr. Tuan Minh Le / 1-916-226-9197 / tuanins@yahoo.com
 - San Diego / Center / 1-619-280-7982 / quanyinsd@juno.com
 - San Diego / Mr. & Mrs. Tran Van Luu / 1-619-475-9891
 - San Francisco / Center / khoaluong@aol.com
 - San Francisco / Mr. & Mrs. Khoa Dang Luong / 1-415-753-2922
 - San Francisco / Mr. & Mrs. Dan Hoang / 1-415-333-9119 / sfcenter@hotmail.com
 - San Jose / Ms. Sophie Lapaire / 1-650-464-8066 / Margorifico@yahoo.com
 - San Jose / Ms. Jolly Chiou / 1-408-221-0097 / gmsgr.chu@gmail.com
 - San Jose / Ms. Mai Thanh Phan / 1-408-603-5037 / smthanhmai@yahoo.com
 - § Colorado: Ms. Victoria Singson / 1-303-986-1248 / torahai@gmail.com
 - § Florida:
 - Jacksonville / Mr. David Tran / 1-904-285-0265 / au817yh@yahoo.com
 - Cape Coral / Mr. & Mrs. Thai Dinh Nguyen / 1-239-458-2639 / CapeCoralCenter@Gmail.com
 - Cape Coral / Ms. Trina L. Stokes / 1-239-433-9369 / moonwater33957@yahoo.com
 - Orlando / Mr. Johnny Scott-Meza / 1-407-529-7829 / scottmezajohnny@yahoo.com
 - § Georgia: Mr. James Collins / 1-770-294-1189 / georgiacenter@hotmail.com
 - § Georgia: Mr. Roddell Pleasants / 1-678-429-7958
 - § Georgia: Ms. Kim Dung Thi Nguyen / 1-404-422-1431
 - § Hawaii: Mr. Neil Trong Phan / 1-808-398-4693 / neilphan@gmail.com
 - § Illinois: Mr. Tran, Cao-Minh Lam / 1-773-506-8853 / caominhtran@yahoo.com
 - § Indiana: Ms. Josephine Poelinitz / 1-317-842-8119 / josiepoe@sbcglobal.net
 - § Kentucky:
 - Frankfort / Center / kycenter2000@yahoo.com
 - Frankfort / Mr. & Mrs. Nguyen Minh Hung / 1-502-695-7257 / Fuji.Nguyen@ky.gov
 - § Louisiana: Mr. John L. Fontenot / 1-504-914-3236 / jlfontenot@hotmail.com

- § Maryland: Mr. Nguyen Van Hieu / 1-301-933-5490 / marylandcenter@yahoo.com
 § Maryland: Mr. Pete Theodoropoulos / 1-410-667-4428 / petetheo1111@hotmail.com
 § Massachusetts:
 • Boston / Center / 1-978-528-6113 / bostonctr17@yahoo.com
 • Boston / Ms. Gan Mai-Ky / 1-508-842-0262
 • Boston / Mr. & Mrs. Huan-Chung Li / 1-978-957-7021
 § Michigan: Mr. Martin John White / 1-734-327-9114 / mading02000@yahoo.com
 § Minnesota: Ms. Quach Ngoc / 1-612-722-7328 / quachmn@yahoo.com
 § Missouri: Rolla / Mr. & Mrs. Genda Chen / 1-573-368-2679 / gchen@umr.edu
 § Nevada: Las Vegas / Ms. Helen Wong / 1-702-242-5688
 § New Mexico: Mr. & Mrs. Nawarskas / 1-505-342-2252 / nawarskas@comcast.net
 § New Jersey: Center / 1-973-209-1651 / NJCenter@gmail.com
 § New Jersey: Mr. Hero Zhou / 1-973 - 960 6248 / yb_zhou@hotmail.com
 § New Jersey: Ms. Lynn McGee / 1-973-864-7633 / lynn.mcgee@yahoo.com
 § New Jersey: Ms. Bozena Chetnik / 1-732-986-2907 / bozena_chetnik@yahoo.com
 § New York:
 • New York / Mr. & Mrs. Zhihua Dong / 1-718-567-0064 / dong@physics.columbia.edu
 • Rochester / Ms. Debra Couch / 1-585-256-3961 / dcouch@rochester.rr.com
 § North Carolina: Mr. & Mrs. Huynh Thien Tan / 1-704-535-3789 / northcarolinacenter@hotmail.com
 § North Carolina: Mr. Fred Lawing / 1-704-614-4397 / northcarolinacenter@hotmail.com
 § Ohio:
 • Hamilton / Mr. & Mrs. Vu Van Phuong / 1-513-887-8597 / ohiocenter@yahoo.com
 § Oklahoma: Mr. & Mrs. Tran Kim Lam / 1-405-632-1598 / ltran2292@yahoo.com
 § Oregon:
 • Portland / Mr. & Mrs. Minh Tran / 1-503-614-0147 / oregon_center90@yahoo.com
 • Portland / Ms. Youping Zhong / 1-503-257-2437 / youping320@yahoo.com
 § Pennsylvania: Mr. & Mrs. Diep Tam Nguyen / 1-610-931-4699 / DiepAshleyPa@aol.com
 § Pennsylvania: Mrs. Ella Flowers / 1-215-879-6852
 § South Carolina / Mr. Michael Stephen Blake / 1-407-474-3492 / smch_southcarolina@yahoo.com
 § Texas:
 • Austin / Center / 1-512-396-3471 / jjdawu@yahoo.com
 • Austin / Mr. Dean Duong Tran / 1-512-989-6113 / trandungdean@yahoo.com
 • Dallas / Center / 1-214-339-9004 / DallasCenter@yahoo.com
 • Dallas / Mr. Tim Mecha / 1-972-395-0225 / t.mecha@tx.rr.com
 • Dallas / Mr. Weidong Duan / 1-972-517-5807 / water96@yahoo.com
 • Dallas / Mr. Jimmy Nguyen / 1-972-206-2042 / JimmyHNnguyen@yahoo.com
 • Houston / Center / 1-281-955-5782
 • Houston / Ms. Carolyn Adamson / 1-713-6652659 / cadamson@houston.rr.com
 • Houston / Mr. & Mrs. Charles Le Nguyen / 1-713-922-1492 / cuc-le@houston.rr.com
 • Houston / Mr. & Mrs. Robert Yuan / 1-281-251-3199 / ryuan@houston.rr.com
 • San Antonio / Mr. Khoi Kim Le / 1-210-558-2049 / lethong@hotmail.com
 § Virginia
 • Washington DC / Center / 1-703-997-1622 / VA_Center@yahoo.com
 • Virginia / Mr. & Mrs. Hua Phi Anh/ 1-703-978-6791 / anhhlly@hotmail.com
 • Virginia Beach / Le Thanh Liem / 1-757- 461-5531 / qytek@yahoo.com
 § Washington:
 • Seattle / Mr. Ben Tran / 1-425-643-3649 / benptran@aol.com
 • Seattle / Mr. Edward Tan / 1-206-228-8988 / edtan@usa.com
 § Wyoming: Ms. Esther Mary Cole / 1-307-332-7108 / sumaemc@yahoo.com
 * Puerto Rico: Camuy / Mrs. Disnalda Hernandez Morales / 1-787-262-1874 / disnalda@caribe.net
 ☀ ASIA
 * Formosa:
 • Taipei / Center / 886-2-2706-6168 / tpe.light@msa.hinet.net

- Taipei / Mr. & Mrs. Loh, Shih-Hung / 886-2-27062628 / shloh@ndmctsg.edu.tw
- Miaoli / Mr. & Mrs. Chen, Tsan-Gin / 886-37-221618
- Miaoli / Mr. Chu, Chen Pei / 886-37-724726
- Kaohsiung / Mr. & Mrs. Zeng, Huan Zhong / 886-7-733-1441
- * Hong Kong:
- Hong Kong / Center / 852-27495534
- Hong Kong / Liaison office / 852-26378257 / sm_hongkong@yahoo.com
- * Indonesia:
- Bali / Center / 62-361-231-040 / smch_bali@yahoo.com
- Bali / Mr. Agus Wibawa / 62-81-855-8001 / wibawa001@yahoo.com
- Jakarta / Center / 62-21-6319066 / smch-jkt@dnet.net.id
- Jakarta / Mr. Tai Eng Chew / 62-21-6319061 / cte@envirotec.co.id
- Jakarta / Ms. Lie Ik Chin / 62-21-6510715 / herlina@ueii.com
- Jakarta / Ms. Murniati Kamarga / 62-21-3840845 / hai@cbn.net.id
- Jakarta / Mr. I Ketut P.Swastika / 62-21-7364470 / ketut@sinarmas.co.id
- Malang / Mr. Judy R. Wartono / 62-341-491-188 / yudi_wartono@telkom.net
- Malang / Mr. Henry Soekianto / 62-341-325-832
- Medan / Mrs. Merlinda Sjaifuddin / 62-61-4514656 / smch_medan@hotmail.com
- Surabaya / Center / 62-31-5612880 / ahimsasb@indosat.net.id
- Surabaya / Mr. Harry Limanto Liem / 62-31-594-5868 / harry_l@sby.dnet.net.id
- Yogyakarta / Mr. Augustinus Madyana Putra / 62-274-650-7704 / t.adianingtyas@lycos.com
- * Israel: Mr. Yaron Adari / yadari@freeuk.com
- * Japan:
- Gunma / Ms. Hiroko Ichiba / 81-27-9961022 / divinalv@mth.biglobe.ne.jp
- Tokyo / Mrs. Hyakutake Toshiko / 81-90-4923-1199 / binta@k7.dion.ne.jp
- Tokyo / Mrs. Yoshii Masae / 81-90-6542-6922 / smchflute@gmail.com
- Tokyo / Mrs. Sato Rie / 81-80-5654-1688 / riesato302@yahoo.co.jp
- Osaka / Center / smchtoosaka@gmail.com
- Osaka / Mr. Le Khac Duong / 81-90-6064-7469 / leduongjp@yahoo.com
- Nagoya / Mr. & Mrs. Qiao Yueqing / 81-90-3447-3117 / qiaoemi0712@yahoo.co.jp
- * Jordan / Mr. Jafar Marwan Irshaidat / 962 7 95119993 / estaphuam@hotmail.com
- * Korea:
- Andong / Mr. Kim, Sam-Tae / 82-54-821-3043 / smandong@hanmail.net
- Busan / Center / 82-51-334-9205 / chinghaibusan@gmail.com
- Busan / Mr. Song, Ho-Joon / 82-11-599-4552, 82-51-903-4552
- Busan / Mr. Hwang, Sang-Won / 82-51-805-7283
- Chungok / Center / 82-54-6731399
- Daegu / Center / 82-53-743-4450 / chinghaidaegu@hanmail.net
- Daegu / Mr. Cha, Jae-Hyun / 82-53-856-3849
- Daegu / Mrs. Han, Sun-Hee / 82-53-746-5338
- Daegu / Mr. Kim, Ik-Hyeon / 82-53-633-3346
- Daejeon / Center / 82-42-625-4801 / smdaejeon@yahoo.co.kr
- Daejeon / Ms. Do,Bong-Hi / 82-42-471-0763 / dbhs44463@yahoo.co.kr
- Daejeon / Mrs. Kim, Sun Je / 82-17-425-2390 / ksj571222@naver.com
- Gwang-Ju / Center / 82-62-525-7607
- Gwang-Ju / Mr. Jo, Myong-Dae / 82-61-394-6552 / smgwangju@naver.com
- Incheon / Center / 82-32-579-5351 / lightundinchon@yahoo.co.kr
- Incheon / Mr. Lee, Jae-Moon / 82-32-244-1250
- Jeonju / Center / 82-63-274-7553 / shc5824@hanmail.net
- Jeonju / Mr. Choi Beyong Sun / 82-11-9715-9394 / buda1996@hanmail.net
- Seoul / Center / 82-2-5772158 / goldenseoul@yahoo.co.kr
- Seoul / Mr. Jo Young-Won / 82-11-9670-5839 / seoulyoungwon@yahoo.co.kr
- Youngdong / Center / 82-54-5325821 / hougri21@yahoo.co.kr

* Laos: Vientiane / Mr. Somboon Phetphommasouk / 856-21-415-262 / Somboon_9@hotmail.com

* Macau:

• Macau / Center / 853-28532231 / mcdivlove@yahoo.com.hk

• Macau / Liaison Office / 853-28532995

* Malaysia:

• Alor Setar / Mr. Chiao-Shui Yu / 60-4-7877453

• Johor Bahru / Mr. & Mrs. Chi-Liang Chen / 60-7-6622518 / oldpiong@streamyx.com

• Kuala Lumpur / Center / 60-3-2145 3904 / klsrch@yahoo.com

• Kuala Lumpur / Mr. Phua Kai Liang / 60-12-307 3002 / klnet23@yahoo.com

• Penang / Center / 60-4-2285853 / pgsrch@streamyx.com

• Penang / Mr. & Mrs. Lim Wah Soon / 60-4-6437017

* Mongolia:

• Ulaanbaatar / Ms. Erdenechimeg Baasandamba / 976-11-310908 / baasandamba@yahoo.com

• Ulaanbaatar / Ms. Bolormaa Avirmed / 976-11-341222 / bolor_suvd@yahoo.com

• Ulaanbaatar / Mr. Bayarbat Rentsendorj / 976-99774277 / quanyin_mongolia@yahoo.com

• Khotol / Mr. Chinsukh Uuter / 976-99110446 / khotolcenter@yahoo.com

• Khotol / Ms. Tsendorj Tserendorj / 976-99370917 / tsendee_hutul@yahoo.com

• Baganuur / Mr. & Mrs. Gursad Bayarsaikhan / 976-121-21174

* Myanmar: Mr. Sai San Aik / 95-1-667427 / ssaikss@mptmail.net.mm

* Nepal:

• Kathmandu / Center / 977-1-4254-481 / chinghai_kathmandu@hotmail.com

• Kathmandu / Mr. Ajay Shrestha / 977-1-4473-558 / ajaystha@hotmail.com

• Pokhara / Center / 977-61-531643

• Pokhara / Mr. Bishnu Neupane / 977-984-60-36423 / neupanebishnu@hotmail.com

* Philippines:

• Manila / Center / 63-2 875 6609 / phi.loveocean.mnl@gmail.com

• Manila / Ms. Kim Thuy Bich Chau / 63-917-258-7462 / chauthuykim@yahoo.com

* Singapore:

• Singapore / Center / 65-6741-7001 / chinghai@singnet.com.sg

• Singapore / Liaison office / 65-6846-9237

* Sri Lanka: Colombo / Mr. Lawrence Fernando / 94-11-2412115 / smchnirvana@gmail.com

* Thailand:

• Bangkok / Center / 66-2-674-2690 / bkck66@gmail.com

• Bangkok / Ms. Laddawan Na Ranong / 66-1-8690636, 66-2-5914571 / bkctcp@gmail.com

• Bangkok / Mr. Chusak Osonprasop / 66-081-4816500 / mummykat@hotmail.com

• Bangkok / Mrs. Ratchanan Jintana / 66-081-7515227 / bkckper@gmail.com

• Chiang Mai / Ms. Siriwan Supatrchamnian / 66-50-332136 / siriwanliy@gmail.com

• Khon Kaen / Center / 66-43-378112

• Songkhla / Center / 66-74-323694

☼ EUROPE

* Austria:

• Vienna / Center / 43-664-9953748 / Chinghai@gmx.at

• Vienna / Liaison Office / 43-650-8420794 / ngoedany@yahoo.com

* Belgium:

• Brussels / Ms. Ann Goorts / 32-472-670272 / qybelgium@yahoo.com

• Brussels / Ms. Ellen De Maesschalk / 32-486-242248

* Bulgaria:

• Sofia / Mr. Ruslan Staykov / 359-2-8575358 / quanyinsofia@gmail.com

• Plovdiv / Mrs. Miglena Bozhikova / 359-32-940726 / chinghaiplovdiv@yahoo.com

* Croatia / Mr. Zeljko Starcevic / 385-98 9706788 / zeljstar@inet.hr

* Czech:

• Prague / Center / 420-261-263-031 / czech-center@spojenisbohem.cz

• Prague / Mrs. Marcela Gerlova / 420-608-265-305

- Prague / Mr. Nguyen Tuan Dung / 420-608124709 / czech-center@spojenisbohem.cz
- * Denmark:
- Odense / Mr. Thanh Nguyen / 45-66-190459 / ductam@webspeed.dk
- * Finland:
- Helsinki / Ms. Astrid Murumagi / 358-50-596-2315 / helsinkicenter@yahoo.com
- Helsinki / Mr. Tri Dung Tran / 358-40-7542586
- * France:
- Alsace / Ms. Despretz Anne-Claire / 33-3-89770607 / arclai@infonie.fr
- Montpellier / Mr. Nguyen Tich Hung / 33-4-67413257 / tich.hung@infonie.fr
- Montpellier / Mr. Sylvestronne Thomas / 33-4-67650093 / ocean-amour@wanadoo.fr
- Paris / Center / 33-1-4300-6282
- Paris / Ms. Lancelot Isabelle / 33-1-7069-3210 / ilancelot@celestialfamily.net
- * Germany:
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- Berlin / Ms. Hoa Thi Hoang / 49-30-3083-4712 / Pureocean@web.de
- Duisburg / Mr. Veithen, Michael / 49-174-5265242 / dusseldorfcenter@hotmail.com
- Duisburg / Ms. Tran, Thi Hoang Mai / 49-2162-5010160 / duisburgcenter@yahoo.de
- Freiburg / Ms. Elisabeth Muller / 49-7634-2566 / elmueart@surfeu.de
- Hamburg / Liaison office / 49-58115491 / HamburgCenter@gmx.de
- Munchen / Ms. Johanna Hoening / 49-8170-997050 / ChingHai@aol.com
- Munchen / Mr. Nguyen, Thanh Ha / 49-89-353098 / ha_nguyensm@yahoo.de
- * Greece:
- Athens / Ms. Vicky Chrisikou / 30-210-8022009, 30-6944-470094 / vicky.chrisikou@gmail.com
- * Hungary:
- Budapest Center / 36-1-363-3896 / budapestcenter@gmail.com
- Budapest / Mr. Gabor Soha / 36-20-221-5040 / gabor.soha@gmail.com
- Budapest / Mrs. Aurelia Haprai / 36-20-2400259 / doraur@gmail.com
- * Iceland / Ms. Nguyen Thi Lien/ 354 - 5811962 / reykjavik_center@yahoo.com
- Italy:
- Pescara / Mrs. Bettina ADANK / 39-085-454-9184 / bettina.adank@fastwebnet.it
- Campobasso / Ms. Francesca Spensieri / 39-333-722-5527 / fancy_lalla@yahoo.it
- Bologna / Mrs. Nancy Dong Giacomozzi / 39-320-341-0380 / QuanYinBologna@gmail.com
- * Ireland: Dublin / Mrs. Hsu, Hua-Chin / 353-1-4865852 / smch_dublin@yahoo.co.uk
- * Ireland: Dublin / Ms. Kathleen Hogan / 35314977191 / dublinquanyin@gmail.com
- * Norway: Oslo / Ms. Marte Hagen / 47-64978762, 47-92829803 / martehagen@gmail.com
- * Poland:
- Szczecin / Mrs. Grazyna Plocinizak / 48-91-4874953 / ginal@wp.pl
- Warsaw / Ms. Elzbieta Ukleja / 48-22-8367814 / elzbieta_q1@yahoo.com
- * Portugal:
- Alcobaca / Mr. Antonio Jose Vieira Caldeira / 351-262-597924 / ajvcaldeira@clix.pt
- * Romania: Bucharest / center / bucharestqy@yahoo.com
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- * Slovenia:
- Ljubljana / Center / 386-1-518 25 42 / quanyin@siol.net
- Ljubljana / Mr. Janez Pavlovic / 386-41-320-268 / janez.pavlovic@siol.net
- Maribor / Mr. Rastislav Alfonz Kovacic / 386-3-581 49 81 / rast05alfonz@yahoo.com
- * Spain:
- Madrid / Ms. Lidia Kong / 34-91-547-0366
- Madrid / Mr. Claudio Octavio Silva Zuniga / 34-667090831 / claudiosilvachile@yahoo.es
- Malaga / Mr. Joaquin Jose Pretel Lopez / 34-646843489 / joprelo@hotmail.com
- Valencia / Vegetarian House / 34-96-3744361

- Valencia / Mrs. Wenqin Zhu / 34-963301778, 34-695953889 / valenciachinghai@yahoo.es
- Valencia / Mr. Jose Luis Orduna Huertas / 34-653941617 / joselorduna@gmail.com
- * Sweden:
 - Angelholm / Mrs. Luu Thi Dung / 46-431-26151 / angelholmsweden@gmail.com
 - Are / Ms. Viveka Widlund / 46-63-38097, 46-70-6219906 / smchsweden@yahoo.se
 - Stockholm / Mr. Mats Gigard / 46-8-88 22 07 / mats.gigard@telia.com
- * Switzerland:
 - Geneva / Ms. Feng-Li Liu / 41-22-797-3789 / fengli@ilo.org
 - Geneva / Ms. Klein Ursula / 41-22-369-1550 / ursula_klein@bluewin.ch
- * The Netherlands:
 - Amsterdam / Mr. Kamlung Cheng / 31-647838638 / kamlung27@hotmail.com
 - Amsterdam / Mr. Roy Mannaart / 31-653388671 / r.mannaart@planet.nl
- * United Kingdom:
 - § England:
 - Ipswich / Mr. Zamir Elahi / 44-7843-352919 / zamir.light@gmail.com
 - London / Center / 44-2088-419866 / londonukcentre@googlemail.com
 - London / Mrs. C Y Man / 44-1895-254521 / chuk_yee_man@hotmail.com
 - London / Mr. Danny Ejayese / 44-7949798310 / danny_zen@yahoo.co.uk
 - Stoke-on-Trent / Mrs. Janet Weller / 44-1782-866489 / j.weller4@ntlworld.com
 - Surrey / Mr. C. W. Wo / 44-1293-416698 / stmchwo@hotmail.com
 - § Scotland: Edinburgh / Mrs. Annette Lillig / 44-131-666-0319 / lillig2002@yahoo.co.uk
- ☀ OCEANIA
 - * Australia:
 - Adelaide / Mr. Leon Liensavanh / 61-8-8332-6192 / leonadelaide@hotmail.com
 - Brisbane / Center / briscentre_en@yahoo.com.au
 - Brisbane / Mr. Gerry Bisshop / 61-7-3901 6235
 - Brisbane / Mrs. Tieng Thi Minh Chau / 61-7-3715-7230 / ctieng_briscentre@yahoo.com.au
 - Brisbane / Mr. & Mrs. Yun-Lung Chen / 61-7-3344-2519 / dlch136@hotmail.com
 - Canberra / Mr. Hoang Khanh / 61-2-6259-1993 / smcanberra@hotmail.com
 - Melbourne / Center / melbsmch@aol.com
 - Melbourne / Mrs & Mr Rob Nagtegaal / 61-3-5282-4431 / rosrobbery@aol.com
 - Melbourne / Mr Phong Minh Tan Do / 61-3-9850-2553 / phongloveme@yahoo.com
 - Melbourne / Mr. Alan Khor / 61-3-9857-4239 / ckhor@netspace.net.au
 - Mid North Coast / Mr. Eino Laidsaar / 61-2 6550 4455 / goldenagecenter@gmail.com
 - Northern Rivers/Byron Bay / Mr. and Mrs. Jonathan Swan / 61-2 6624 7209 / byronbaycentre@gmail.com
 - Perth / Mr. David Robert Brooks / 61-8-9418-6125 / daveb@iinet.net.au
 - Perth / Mr. Ly Van Tri / 61-8-9242-2848
 - Sydney / Mr. Ly An Thanh / 61-2-9823-8223 / anbinh_sydney@yahoo.com.au
 - Sydney / Mrs. Kathy Divine/61-2- 9891 5609 / universalove22@yahoo.com.au
 - Tasmania / Mr. Raymond Dixon / 61-3- 6 22 33 11 8 / ray_dixon@bigpond.com
 - * New Zealand:
 - Auckland / Mrs. Noelyne No Thi Ishibasi / 649-277-9285 / takahide@xtra.co.nz
 - Auckland / Mr. Peter Morrin / 64-9-579 2452 / ptr@ihug.co.nz
 - Auckland / Mr. Chang Jen-Hor / 64-9-2749298 / changjenhor@yahoo.com
 - Christchurch / Mr. Michael Lin / 64-3-343-6918 / nzchchsmch@yahoo.com.au
 - Hamilton / Mr. Glen Vincent Prime / 64-211399934 / hamnzcont@yahoo.co.nz
 - Nelson / Ms. Sharlene Lee / 64-3-539-1313 / shale@ihug.co.nz

***Book Department:**

Email: divine@Godsdirectcontact.org

FAX:1-240-352-5613 or 886-949-883-778

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TV Program

Email: TV@Godsdirectcontact.org

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Co., Ltd. Taipei, Formosa.

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TEL:886-2-87873935/FAX:886-2-87870873

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Ihe onyonyo nke Nna-ukwu kacha elu, na-egosi naanị programmu dị mma. ọ ga-eweta ụzọ ọhụrụ na ndụ gị. Ọ na-adị elekere iri abuo na anọ ruo abali asaa n'izu ụka.

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TV@Godsdirectcontact.org

Ụlọ ọrụ WWW Quan Yin

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Kpagharja n'akwụkwọ edekọtara ụlọ ọrụ weebu Quan Yin n'ụwa niile, i nwere ike kpagharja n'asụsụ dị iche iche, ma jnwe ọhere programmu TV ruo elekere iri abuo na anọ, A journey through Aesthetic Realms. I nwere ike butuo ma ọ bụ tinye akwụkwọ i nweta akwụkwọ ozi Nna-ukwu kacha elu Ching Hai. A na-enweta ya n'udj ebooku ma ọ bụ nke ebiputara. Asụsụ bara ụba nke Key of Immediate Enlightenment, dị kwa.

Mbiputa nke mbu: April. 2008

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Ebe obibi ya No. 236 Soungshan Road, Taipei, Formosa, R. O. C.

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A nabatara ibighari ihe di n'ime mbiputa a, ma i nweta ikike n'aka onye dere akwukwo a ma o bu onye biputara ya.

Anyị, ndị na-eso Nna-ukwu kacha elu Ching Hai, e nweela ihe isi ahụhụ ike mmadụ nwere ike ihụ mgbe ọ na-achọ eziokwu kacha. Ya mere anyị ghotara ahụhụ ọ dị n'ụkọ ọ dị mmadụ ịchọta Nna-ukwu di ndụ nke nwere mmụta di elu zuru oke, nke na-akuzi ụzọ nkpolite kachasi, amamihe di n'ime anyi na ighota eziokwu a; otu nke ndi Nna-ukwu bu ezie na-akuzi kemgbe oge ochie. Ebe m nwetagoro uru sitere n'ime ụzọ a, anyi ewere na-enye nchikota nkuzi niile nke Nna-ukwu kacha elu Ching Hai nyere na mba di iche iche n'akuku uwa, inyere ndi na-achọ eziokwu aka, nke na-achọ inwere onwe ebebe n'otu ndu ya, na ndi ozo inweta aziza maka ajuju gbasara uwa, omumu na onwu ma banyere ikunye echiche nke mmuo na eziokwu.